

密集互動訓練

Intensive Interaction Training



"Intensive Interaction" was developed in the mid-1980s by Dr. Dave Hewett at the Harperbury Hospital School in England, as a unique new teaching method to help students with severe learning difficulties, especially those with poor communication and social skills.

In 2009, Fu Hong Society introduced "Intensive Interactive Training" at its Adult Training Centres, with Sheung Li Uk Adult Training Centre and Cho Yiu Adult Training Centre as the first two centres to participate in its pilot scheme. Results have proved that "Intensive Interactive Training" is indeed effective in assisting to improve the communication skills of adults with severe intellectual disabilities as well as enhancing their learning abilities in other areas. In addition to sharing sessions throughout the organisation, on 27 May 2010, we proudly displayed our findings at the 6th Chinese Community Regional Conference on Services for People with Intellectual Disabilities. In August 2011, "Intensive Interactive Training" was extended to hostels for those with severe disabilities. Lai Yiu Home participated in its Phase III pilot scheme, its results demonstrating yet again the effectiveness of this training method. In 2012-2013, our Adult Training Centres continued to develop "Intensive Interactive Training" for adults with intellectual disabilities who are lacking the motivation and ability to communicate, thereby improving their communication skills and helping them to develop positive behaviours, with the goal of assisting them to integrate into society. Planning is underway to invite foreign scholars to Hong Kong, for lectures, guidance, staff training, and sharing sessions with social service professionals.

「密集互動」早源於80年代中期，由英國哈伯拔尼醫院學校 Dave Hewett 博士創立了一套獨特的教學方法，以協助有嚴重學習困難，特別是在溝通和社交能力較為薄弱的學生。

扶康會自2009年開始在成人訓練中心引入「密集互動訓練」，上李屋成人訓練中心及祖堯成人訓練中心率先參與「密集互動訓練」先導計劃，研究結果顯示「密集互動訓練」有助嚴重智障成人改善溝通技巧，並有助提升他們在其他領域的學習能力。除了於會內舉行了分享會外，更於2010年5月27日第六屆華人社區啟智服務會議上與業界分享成果。2011年8月，「密集互動訓練」更延伸至嚴重殘疾人士護理家舍，當中麗瑤之家參與了第三期先導計劃，結果再次顯示此訓練模式的成效。2012至2013年內，本會一些成人訓練中心繼續推行「密集互動訓練」，協助缺乏溝通動機及能力的智障成人，改善他們的溝通能力及發展正面行為，助其融入社會。本會亦計劃邀請外地學者，來港主講及指導，培訓本會員工，並與業界分享。

