



香港價值何處尋？

作為美國三藩市一個為有特別需要人士提供服務的機構的義務首席執行官，我榮幸地被安排於 2018 年 5 月到訪香港一所歷史悠久的復康機構—扶康會，促進與業界的交流和了解。

首站與扶康會毅誠工場的馮經理會面，他精簡地介紹過工場後，便熱誠地領我到不同的樓層參觀，從一條短短的走廊上陳列的資料中，看到工場不斷的成長和各項事蹟的回顧，展示了他們努力耕耘的成果。曲奇製作是工場的其中一項服務，馮經理為追求優質保證，總會留下一些曲奇，待到期日那天才進食，看看品質是否有變，這樣嚴謹的工作態度實在令人深感佩服，也是扶康會服務使用者之福。走到在小賣部，看見負責售賣的殘疾人士愉快地與人互動，他們突破了自身條件的局限，展現了活力和自信的一面，可見工場不僅是一個工作場所，更是給服務使用者發揮才能和成長的地方。

次站轉往扶康會天水圍地區支援中心取經，甫踏入中心，那裡的環境便予人明亮安詳的感覺，由於較約定的時間早了，我安靜地坐在沙發上翻看畫報，職員細心地為我安排接待，其後在陳副經理的陪同下進行了參觀，過程中感受到員工為服務使用者營造的歡樂氣氛，還得悉扶康會收納了一些不被其他機構接受但有確切需要的人士，充分體現了會方包容的服務精神。在中心還認識了一位負責自閉症兒童服務的臨床心理學家梁女士，因為我的孩子也是自閉兒的緣故，所以過往 14 年來也有接觸這方面的訓練和服務。眼看她在局促的環境下，仍專注地默默為自閉症兒童度身設計合適的活動，實令我深受感動。

另一天早上，有機會了解上李屋成人訓練中心的日間訓練服務，及到石圍角工場參觀。雖然行程緊密，我仍把握時間與中心職員傾談，從交流中發現他們對服務使用者那份難能可貴的熱誠和愛心，他們還貼心地安排司機順道送我到石圍角工場繼續探訪，好讓我這位長者不至於太奔波勞累。在石圍角工場，黃經理、社工及另一位職員向我細訴工場的發展。工場由於環境的限制在發展方面曾遇上困難，後來幸得賽馬會基金的資助，工場進行了大規模的改善工程，並嘗試加入新項目，藉此增加工友的收入。其間與一位負責木工的資深同事談及他如何採用一些棄置的材料，幫助有特別需要的人士創製成獨特的作品，引證了他們名片背後寫著那「發揮殘疾人士的潛力，實現自強自立」的精神。

過了幾天，我到訪了專為有特殊需要的兒童提供訓練的牽蝶康兒中心，從黃經理口中方知道這個服務得來不易，因為政府對這方面的服務並沒有特別投放資源，全賴會方管理層堅持之下，服務才得以開展。當中特別開心是再次碰上臨床心理學家梁女士，她忙碌地為自閉症兒童安排活動，還藉機會與我交流教導自閉兒的心得。現今美國每十名出生的男孩及每三十名出生的女孩中，就有一名患有自閉症，這已是個世界性的問題。

參觀結束後，有感香港現時提供的殘疾人士服務是相當的供不應求，我不禁讚嘆扶康會的同事們都能在沉重的工作量下，展現「以愛為本、以求為導」的專業精神，並讓「齊建共融社會」的口號真實的「活現眼前」。

最後拜會了扶康會的神師方叔華神父，方神父居住在窄小的地方，和家姆一起服侍一班有特別需要的智障成年人，看見他數十年來不辭勞苦地對殘疾人士關懷付出，這種高尚情操足以感染他忠心的跟隨者。在我眼裡總幹事是一位為夢想而奮鬥的人，她總是努力不懈的把事情做到最好，和員工並肩同行，提供多元化的服務和致力提升服務質素。她付上三十多年光陰營造的「雙贏」文化已經深深植根在同事、服務使用者和支持者心中。如果有人問我香港價值是甚麼？我會邀請你到扶康會來，甘心樂意地服務一個星期，我確信你將會看到香港的價值。古語云：「施比受更為有福」，香港社會更和諧的將來就在你的手裡。

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Where to find Hong Kong Values?

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As a voluntary chief executive of an agency specializing in serving adults with special needs in San Francisco, USA, I was arranged to visit a long-established rehabilitation organization, Fu Hong Society (FHS) in Hong Kong in May 2018, with the hope of deepening the understand of the industry and exchanging ideas.

My first stop was FHS Ngai Shing Workshop. After the brief introduction of the Workshop by Mr. Dennis Fung, the Workshop Manager, I toured different floors of the building. From the information posted in a short corridor, I could see their continuous growth and all their major events which had already demonstrated the results of their hard work. Baking cookies was a service of their sheltered workshop. I noticed that Mr. Fung always kept back a few cookies from each batch. On the expiry date, he tried the cookies to ensure that their product quality remained the same. Mr. Fung's conscientious attitude towards social service was impressive, and a blessing for the Society's service users. At the snack shop, I saw the shop assistants interacting happily with others, no matter their limitations or abilities. This not only provided a working place for persons-in-need, but also provided an opportunity for them to realize self-confidence and growth.

Next, I visited the Tin Shui Wai District Support Centre. Immediately upon entering, I found the environment bright and peaceful. I arrived earlier and sat quietly on the sofa. They made all service arrangements seamlessly. Then the Deputy Manager, Ms. Yvonne Chan come to greet me. During the visit, I saw that the colleagues worked hard to create a joyful atmosphere for service users. The Centre also provided support services to those who in-need but refused by other organizations. FHS was willing to accept and serve these persons with differing needs. This really is a blessing for Hong Kong. I had the opportunity to meet Ms. Sharon Leung, a clinical psychologist responsible for serving children with autistic spectrum disorders. As a parent of a child with autistic disorders, I have been involved in the related training and service for the past 14 years. She worked attentively in a narrow environment, but she still tailored the right activities for the autistic children. I was deeply impressed.

Another morning, I had the opportunity to learn about the Day Training Services of the Sheung Li Uk Adult Training Centre and then visit the Shek Wai Kok Workshop afterwards. Through communicating with the staff in the Centre, it was commendable to see their enthusiasm and caring attitude for the service users. Besides, they helped deliver me to Shek Wai Kok Workshop as well. What a caring service for an elderly visitor like me! At the Shek Wai Kok Workshop, Workshop Manager Mr. Alex Wong, a Social Worker and another colleague talked with me about the development of the workshop. Due to physical restraints of the site, the workshop had experienced difficulties. But with a donation from the Hong Kong Jockey Club, the working environment there had been improved significantly. They initiated various projects to increase the income of service users. I talked with a senior instructor who was responsible for woodwork training. By re-using abandoned materials, he was able to creatively train persons with special needs to make some unique products. Just like the slogan printed on the back of their name cards, "To enable persons with disabilities to realise their potential and achieve self-independence". Turning promises into action was admirable.

A few days later, I visited the Hin Dip Hong Yee Centre, which provides tailor-made training for children with special needs. I learnt from the Manager, Ms. Melody Wong that the establishment of this service was not easy because of no resource support from the government. That the service was launched was mainly due to the determined unwavering efforts of senior management. I was particularly happy when I met the clinical psychologist Ms. Leung again. She was busy arranging activities for the autistic children there. Afterwards we had the opportunity to exchange views on the teaching of autistic children. Today, about 1 in 10 boys and 1 in 30 girls in the United States have been diagnosed with autism spectrum disorders. It is a worldwide problem.

After the visits, I thought deeply about these services for persons with disabilities are in such short supply in Hong Kong. But even under heavy workloads, I saw that the colleagues of FHS were imbued with the spirit of "Meet the Need, Take the Lead", and let me feel the slogan, "Let's create an inclusive society together" so genuine and real.

Finally, I met with the spiritual leader of FHS, Fr. Giosuè BONZI. Fr. BONZI lived in a small home and worked together with House Mothers to serve a group of adults with intellectual disabilities. His decades of care and noble sentiment influenced many of his faithful followers. In my eyes, the Chief Executive Officer is a person who strives for her dreams and continues to work hard to do things well. She is constantly working with employees to provide more diversified services and to improve the quality of service. The "win-win" culture she created all these years has deepened and will be carried on by her colleagues, service users and supporters. If someone asks me what is the value of Hong Kong, my answer will be: come to FHS and serve voluntarily for a week. I firmly believe that you will see the value of Hong Kong there. As the old saying goes: It is more blessed to give than to receive. The harmonious future of Hong Kong is in your hands!