



▲「拼出個未來」同慶35周年活動暨破健力士世界紀錄
大全曲奇拼畫 (第一行右一為林余佩馨主席)

主席報告 Chairman's Report

2012年為扶康會35周年紀念。扶康會自1977年成立以來，一直用心關懷殘疾人士，以熱誠主動的態度服務他們；並致力發展創新服務，迎接挑戰，為他們帶來豐盛生活。本著一貫的使命和信念，本會深信每位殘疾人士均享有人權。扶康會今天的成就，實有賴各界的捐助者、服務使用者及他們的家長、義工、全體職員及持份者的鼎力支持，對此我們深表謝意，並將繼續努力，共建一個關愛共融的社會。

本會特別籌辦一連串活動，以慶祝成立35周年，並藉此向所有合作夥伴致意；同時希望透過活動，鼓勵社會人士和殘疾人士攜手合作，建立一個共融的社會。35周年亦是一個讓我們回顧過去、前瞻未來的大好時刻。周年慶祝活動於2012年2月19日展開序幕，並於2012年5月4日舉行感恩祭暨達碑立神父逝世紀念獻祭。此外，我們亦計劃於2013年3月舉辦展覽會，展示本會35年來因應香港社會變遷的各項發展。

機構管治

董事局因應社會環境的轉變，不時檢討本會的發展路向和策略。2011年董事局退修會後設立了專責小組，檢討本會的組織架構。專責小組的工作現時仍在進行中，而根據小組建議及董事局確認，管理委員會與個案取錄審批委員會合併，並改名為服務監察委員會。家長代表繼續擔任委員會的主要成員，而維持高透明度的管理，亦是本會一直奉行和堅守的原則。

審計署署長於2011年4月發表有關本會的審計報告，指出本會在運用資金方面處理得宜，誠信更屬無容置疑。本會根據署方建議，將繼續進行不同的改善工作，包括制訂委員會委員的委任程序及委員須具備的條件，務求邀請最合適的人選參與委員會的工作。

服務質素

為確保服務質素符合社會福利署的標準，本會的服務質素標準協調小組不時檢討有關政策及程序，並在服務單位進行內部審核。我們以風險為本的方法選取接受審核的單位，我們很欣慰所有社會福利署去年到訪的服務單位均符合標準。

鑑於年長服務使用者的健康逐漸轉差，本會成立安全管理工作小組，確保為服務使用者提供一個安全的環境。工作小組的主要職能包括檢討所有與安全相關的指引，在服務單位進行安全審查及分析工傷個案。

服務發展

牽蝶中心

牽蝶中心，即2006年成立的自閉症人士發展及支援中心，旨在為有發展障礙的人士擴闊視野，灌注希望和加添生活姿采。中心提供的感覺統合治療，為患有自閉症及發展障礙人士的主要臨床服務之一。此外，中心亦開辦各項教育服務，致力為公眾及專業人士提供世界各地的最新知識、創新思維及實證為本的服務資料。

過去一年，中心成功舉辦一系列培訓課程，邀請海外知名人士擔任講者，內容包括「感官及感情連繫」、國際認可的「SIPT感覺統合評估」及「艾爾斯感覺統合忠誠評量表」，更吸引了來自遠至東南亞、紐西蘭及印度的參加者。

鑑於為有特殊教育需要兒童而設的專門服務需求日增，牽蝶中心進一步擴展服務，為自閉症及有特殊需要的人士提供家庭支援，其中包括一連串有關自閉症的講座，

及定期舉行的家庭支援服務個案討論。據資料顯示，越來越多有特殊需要的人士，由於早期缺乏適切介入而導致患有精神問題，因此家庭支援服務已轉由新成立的精神健康綜合社區中心「康晴天地」提供，作為一項增值服務。

本會感謝各界捐款，支持牽蝶中心創辦的服務，其中包括余仁生慈善基金撥款港幣161,400元，贊助推行扶苗計劃：感官學習為本之早期教育及發展支援；亦獲得UPS慈善基金贊助10,000美元及攜手扶弱基金等額資助，開展一個專為有特殊教育需要的兒童而設的早期介入訓練－聽樂治療。總括來說，我們實在很欣慰，牽蝶中心能夠逐漸贏得香港各界以及中國內地的支持。

扶康家庭

扶康會為智障人士於社區內成立了四所扶康家庭。扶康家庭的成員與鄰舍建立友誼，並透過更深入的了解和接納，逐漸改變公眾人士對智障人士的觀感。

我們感謝香港賽馬會慈善信託基金撥款，資助扶康家庭的部分經常開支。隨著最低工資及殘疾人士院舍條例落實執行，本會正面對扶康家庭需要更多資源的挑戰，我們歡迎社會各界的支持，共同為智障人士建立溫馨的家庭生活。



▲ 牽蝶中心訓練課程

精神健康綜合社區中心 — 康晴天地

本會感謝社會各界支持，成功獲批於華富邨華美樓開設精神健康綜合社區中心 — 康晴天地，為港島中區及部分南區地區，提供促進精神健康的服務。同時感謝獎券基金撥款港幣2,150,000元予中心進行裝修工程，中心預計於2012年夏季投入服務。

康晴天地聯同本會三間中途宿舍，於2010年舉辦「行出健康」第一屆全港精神復康機構遠足比賽，以推廣體育運動、保持身心健康。是次活動非常成功，並獲香港特區政府食物及衛生局邀請，於該局主辦的健康促進研討會2011作海報簡報。

康姨餅房

康姨餅房為殘疾人士提供工作機會，包括協助餅房生產及售賣曲奇等。過去一年，我們成功打破生產350,000塊曲奇的紀錄。除在不同對外及對內活動中屢獲殊榮，康姨餅房在社會福利署中西南及離島區福利辦事處於2011年12月主辦的社會企業博覽會上，亦連續第二年囊括所有五個獎項。



▲ 慧妍雅集成員於康姨餅房拍攝曲奇製作過程

樂融坊

一間專為殘疾人士提供培訓及工作實習機會、設於位處社區的樂融坊內的便利店，於2010年正式啓業。過去一年，便利店經過改組，擴充業務至餐飲服務，希望訓練及協助更多殘疾人士於餐飲業市場成功就業。

「香港最佳老友」運動

「香港最佳老友」運動一直獲社會各界的大力支持。我們感謝香港賽馬會慈善信託基金撥款港幣1,760,000元資助運動未來三年的經費。過去一年，平等機會委員會撥款港幣47,000元資助「香港最佳老友」運動舉辦「感動生命故事」計劃。由學生/社區老友、義工及職員協助智障人士製作獨特的生命故事冊，記錄他們的成長經歷及生活的喜與悲。

為歡迎「最佳老友」運動國際事務部高級總監卜史華沙女士到訪，本會於2012年5月10日假康復中心舉行感謝茶聚。是次活動為超過160位參加者，包括本會會長、董事局成員、區議會議員、企業團體、學校老師及學生、智障人士及其家長提供寶貴機會，分享他們藉參與「最佳老友」運動，所建立的智障人士與非智障人士一對一友誼的深刻體會和動人經歷。

受Best Buddies International於2011年6月的委託，「香港最佳老友」運動於2011年夏季為廣州的康復機構舉辦培訓，協助他們在中國推行最佳老友運動，至今廣州已有四個組織承諾嘗試開展運動。而Best Buddies International 更於卜史華沙女士到訪後，於2012年7月批准於廣東省成立首個中國最佳老友計劃。



公開培訓課程

本會於2011年再次通過香港學術及職業資歷評審局的評審，並獲批為合資格服務提供者，於未來三年籌辦康復課程。為加強執行新訂的《殘疾人士院舍條例》，本會亦獲社會福利署批准，舉辦殘疾人士院舍保健員培訓課程。本會已成立外間課程發展專責小組，並邀請專家參與，監督所辦課程的質素。

交流計劃

我們與內地及澳門的康復機構繼續保持良好的合作，並持續第九年為澳門扶康會提供顧問服務。而類似的顧問服務及交流計劃亦已擴展至深圳、廣東、南京、河北及北京的康復機構。

第22屆國際康復會世界大會將於2012年10月假南韓舉行。本會職員撰寫題為「從庇護工場到競爭就業」及「最佳老友運動 - 透過智障 / 發展障礙人士與非智障 / 發展障礙人士建立一對一友誼，推動社會共融」的論文撮要已被大會的籌備委員會接納，職員代表將出席會議並發表論文。

▼ 商界展關懷

持份者的支持

與企業的協作

我們實在感激多間企業、服務使用者家長、捐助者及內地的同業，一直以來給予本會莫大的支持。過去一年，經本會提名、獲香港社會服務聯會嘉許為「商界展關懷」的企業共86間，較前一年增加26間。此外，亦有多間企業成為我們的新夥伴。捷和實業有限公司將成立「香港最佳老友」運動首間企業分社，參與的員工將與樂華成人訓練中心的服務使用者配對，建立一對一友誼。



與家長的夥伴合作

過去一年，我們在服務改善和社會倡導的工作方面，繼續與扶康家長會保持緊密合作。家長及照顧者亦有出席本會各個委員會，提供對服務的寶貴意見。此外，家長會會員於2012年4月與社會福利署舉行會議，表達他們對服務使用者到工場工作的關注，特別是工資過低的問題。又鑑於家長年事日長，我們已開始邀請服務使用者的兄弟姐妹，參與服務單位的各項活動。

服務使用者及照顧者的滿意程度

扶康會一直強調為服務使用者提供優質服務，改善他們的生活質素及促進社會共融。服務使用者及照顧者均非常滿意我們的服務。去年進行的滿意程度調查，顯示在日間訓練及住宿服務方面，有96.5%服務使用者及99.7%照顧者對服務表示滿意。至於社區支援服務，則有99.4%服務使用者及照顧者滿意我們的服務。

其他成就

針對服務使用者高齡化的問題，本會在轄下18間宿舍為811位智障人士，進行一個健康狀況及健康護理需要的調查。調查結果以題為「香港院舍的智障人士 — 按性別、年齡及唐氏綜合症患者分類進行之健康及疾病模式分析」，於2011年12月刊登於國際知名期刊 — Journal of Policy and Practice in Intellectual Disabilities。

未來展望

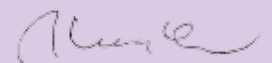
面對缺乏足夠地方開展社會服務的問題，本會正研究擴展香港仔康復中心的可用空間的可行性。另外，我們計劃與社會福利署進一步磋商，研究將擠迫的服務單位搬往擴充後的新翼，務求改善服務使用者的生活質素。

我們為履行扶康會的使命，將繼續致力發掘資源，填補社區服務的不足，並在擴展服務的同時，維持服務質素。

我們將堅守使命，透過教育、政策及立法改革，繼續為殘疾人士爭取平等權益。

扶康會經過35年的奮鬥和發展，我感到自豪能夠成為當中一份子。最後，我希望藉著這個機會感謝會長葉恩明醫生太平紳士的領導，並向董事局及各委員會委員、全體員工、家長及各持份者，致以深切的謝意，多謝他們一直以來的支持和寶貴的貢獻。我更希望在未來的35年，扶康會在各位的齊心協力下，繼續發放光芒，為建設一個關愛共融的香港社會而努力。

多謝大家。



主席
林余佩馨



The Society celebrates its 35th anniversary in the year 2012. Since the establishment in 1977, the Society is committed to providing services for persons with disabilities with pro-activeness and enthusiasm. In facing challenges, we develop innovative services to meet the needs of the service users and to enrich their lives. It is the Society's mission and beliefs that persons with disabilities are individuals with all human rights. We would like to give thanks to all donors, service users and their parents, volunteers, staff members and stakeholders who have helped to make the Society what it is today. With the unflinching support, the Society will continue with the commitment to serve and to build an inclusive and caring society.

To celebrate the 35th anniversary and to show appreciation to all partners, a series of activities are being launched. Such activities aim to involve members of the public to join hands with persons with disabilities to build a society for all. It is also a time to review our past and find a way forward. The anniversary celebration kicked off on 19 February 2012, with a Thanksgiving Mass cum Memorial of Father Enea Tapella which was held on 4 May 2012. To reflect the Society's development in the past 35 years against the social changes in Hong Kong, an exhibition is also planned to be organised in March 2013.

▲ International Chefs Day

Corporate Governance

The Council keeps abreast of the changing environment and the need for continuous review on the Society's direction and strategies. Following the Council retreat held in 2011, a task force was formed to study the Society's organisation structure. Work of the task force is still in progress, meanwhile, as recommended by the task force and endorsed by the Council, the Management Committee was combined with the Admission Board and re-named as Services Monitoring Committee. Parent representatives remain the key members of the committee, and transparency remains the paramount value of the Society management.

The Director of Audit in its report on the Society made in April 2011, revealed that all funds of the Society are used in a proper manner and the integrity of the Society is beyond any doubt. As recommended, the Society continues to make improvement, including laid down procedure for appointing committee members, and essential attributes required of members to help identify the most suitable persons to the committees.

Service Quality

To monitor the service compliance with the requirements of Social Welfare Department (SWD), the Society's Service Quality Standards (SQS) Coordinating Team continues to review policies and procedures relating to the SQS and conduct internal audit in service units. A risk-based approach has been adopted in the selection of service units for inspection. We are glad that SWD has found that the service units have all complied with all the requirements of SWD when external visits to these service units were conducted in the past year.

In view of the health deterioration of the ageing service users, a Safety Management Working Group has been formed to ensure a safe environment is provided to the service users. Its main functions include reviewing all the guidelines related to safety, conducting safety audit in service units and analyzing work injury cases.

Service Achievements

Hin Dip Centre

The aim for setting up Hin Dip Centre (HDC), formally known as Development and Support Centre for Persons with Autism, in 2006 was to open up windows, instill hope and lighten up life of persons with developmental disabilities. Sensory Integration has been one of the key areas of clinical services provided to persons with autism and developmental disabilities. In addition, public and professional education services are also provided, with up-to-date knowledge, innovative ideas and evidence-based practice from all over the world being gathered.

In the past year, we are proud that a number of training courses with renowned speakers from overseas have been organised. These include “Sensation and Connection” course, internationally accredited courses on “Sensory Integration and Praxis Test” and “Ayres Sensory Integration Fidelity Measure”. There were participants from afar including South East Asia, New Zealand and India.

Demand for specialised service for children with special education needs is increasing. The service of HDC has since been expanded to provide support to families of persons with autism and special needs. These included series of talks on autism and regular case discussions on Family Support Service. As it has been revealed that the increasing number of patients with psychiatric disabilities is from persons with special needs not having received appropriate intervention in the early stage, Family Support Service has since been transferred to the newly established Integrated Community Centre for Mental Wellness – Sunrise Centre, as a value added service.

The Society is grateful to have received various donations for projects initiated by HDC, including a grant of \$161,400 from Eu Yan Sang Charitable Foundation to carry out “The Sensory-based Early Education and Development Supports” (SEEDS) project, and a sponsorship of US\$10,000 from UPS to match with Partnership Fund for the Disadvantaged to commence a project on Early Intervention Programme – Listening Therapy Training Group for children with special education needs. All in all, we are happy to see that HDC is gradually gaining the support from all walks of life and that of the Mainland China.

Casa Famiglia

Fu Hong Society has set up four families, Casa Famiglia, for persons with intellectual disabilities in the community. Family members of Casa Famiglia make friends in the neighbourhood. They gradually change the public's perception of persons with intellectual disabilities through better understanding and acceptance.

We are in gratitude with The Hong Kong Jockey Club Charities Trust for sponsoring partial recurrent cost of Casa Famiglia. With the implementation of the statutory minimum wage and The Residential Care Homes (Persons with Disabilities) Ordinance, the Society is facing the challenge of the need of additional resources to support the Casa Famiglia. We welcome any support from the community in our work to provide a warm family life to persons with intellectual disabilities.



▲ Casa Famiglia Volunteers' Vist

Integrated Community Centre for Mental Wellness (ICCMW) – Sunrise Centre

The Society appreciates very much the support of the community in our success to secure a premise at Wah Mei House of Wah Fu Estate to set up an Integrated Community Centre for Mental Wellness (ICCMW) – Sunrise Centre, to promote the mental wellness of the community in Central and part of Hong Kong South districts. We are also thankful to the Lotteries Fund for granting \$2.15 million for the fitting out works. The Centre is scheduled for commencement in summer 2012.

To promote physical activities to keep fit, Sunrise Centre together with the Society's Halfway Houses had organised "Hike for Health" The 1st Hong Kong Psychiatric Rehabilitation Organisation Hiking Competition in 2010. The event had been very successful and as a result we were invited to do a poster presentation at the Health Promotion Symposium 2011 organised by the Food and Health Bureau of the Hong Kong SAR Government.

Madam Hong's Bakery

Madam Hong's Bakery provides work opportunity for persons with disabilities to make cookies for sale. We have broken the record of making 350,000 pieces of cookies in the past year. The business has won numerous external and internal awards in different events. Madam Hong's Bakery is also in the second consecutive year to win all the five prizes in The Social Enterprise Expo organised by Social Welfare Department Central Western, Southern and Islands District Social Welfare Office in December 2011.

Joyful Corner

To provide training and job attachment opportunity for persons with disabilities, a cooperative store at Joyful Corner located in the community was set up in 2010. The shop has been reengineered in the past year to expand the business to catering service in order to train up more service users with disabilities to find a job in the catering market.

"Best Buddies Hong Kong" Movement (BBHK)

The BBHK movement has gained much support from the community. We are thankful to The Hong Kong Jockey Club Charities Trust for approving a grant of \$1.76 million to support the movement for the coming three years. In the past year, with the sponsorship of Equal Opportunities Commission of \$47,000 for the BBHK Life Story Project, student / citizen buddies, volunteers and staff members have been able to help persons with intellectual disabilities to produce their own unique life story - making a record on their growth, happiness and tears in life.



▲ Sunrise Centre



▲ Best Buddies International Annual Leadership Conference

With the visit of Senior Director of International Programs, Global Headquarters, Best Buddies International, Ms. Brooke Switzer, the “Best Buddies Hong Kong” Movement Tea Reception – Thanksgiving to Partners was warmly held at our Rehabilitation Centre on 10 May 2012. It was an amazing opportunity for over 160 participants including President, Council Members, District Council member, interested corporations and organisations, school teachers and students, persons with intellectual disabilities and their parents to share their touching experience in cultivating an one-to-one friendship between persons with and without intellectual disabilities under the Best Buddies Movement.

Upon invitation of the Best Buddies International (BBI) Headquarters in June 2011, BBHK has also organised training programmes to Guangzhou counterparts in summer 2011 as to help them launch Best Buddies in China. Since then, four organisations in Guangzhou have committed to pilot the movement and after the visit of Ms. Brooke Switzer, BBI finally approved to set up the first Best Buddies China Country Programme at Guangdong Province in July 2012.

Training Courses for the Public

In 2011, the Hong Kong Council for Accreditation of Academic and Vocational Qualifications approved the Accreditation Status of the Society to organise rehabilitation courses to service providers in the coming three years. To enhance the implementation of the new Residential Care Homes (Persons with Disabilities) Ordinance, Health Worker Course for workers working in residential care homes for persons with disabilities is also conducted with the approval of SWD. To ensure the quality of the training courses, a Task Force on Development of Training Courses for External Customers consisting of external experts is being formed to monitor the standard of the courses.

Exchange Programmes

Collaboration with counterparts in the Mainland and Macau continue. This is the ninth year that consultancy service to Macau Fu Hong Society is being provided. Similar consultancy service and exchange programmes have also been extended to counterparts in Shenzhen, Guangdong, Nanjing, Hebei and Beijing.

The 22nd “Rehabilitation International” World Congress will be held in October 2012 in South Korea. Abstracts on “Moving from Sheltered Workshop to Competitive Employment” and “Best Buddies Movement — Social Inclusion through building up one-to-one friendship between people with and without intellectual and developmental disabilities” by our staff member have been accepted by their Organising Committee. Staff representatives would attend the Congress and present the paper.

Support from stakeholders

Collaboration with corporations

We are grateful that we have good support from many corporations, service users' families, donors as well as counterparts from the Mainland. In the past year, 86 corporations nominated by the Society were awarded "Caring Company" by Hong Kong Council of Social Service, representing an increase of 26 corporations as compared with the previous year. New partners have also been formed with numerous corporations. The first BBHK corporate chapter will soon be formed by Chiaphua Industries Ltd with their participating colleagues matching one-to-one as friends with service users of Lok Wah Adult Training Centre.



▲ Caring Company NGO Partnership Day

Partnership with family members of service users

In the past year, we have continued partnership with Fu Hong Parents' Association (FHPA), both on service improvement and on social advocacy. The parents and care-givers sit in different committees of the Society to give feedback on services. Members of FHPA had held a meeting with SWD in April 2012 to express their concerns in particular the low incentive payment to service users of the Workshop. In view of the ageing of the parents, we have involved siblings of the service users to participate in various activities organised in the service units.

Service users' and care-givers' satisfaction

Fu Hong Society emphasizes the provision of quality services to improve the quality of life of service users and enhance social inclusion. Service users and care-givers are highly satisfied with the services we have been providing. The annual satisfaction surveys for the past year indicated that 96.5% of service users and 99.7% of care-givers in the day training and residential services are satisfied with our services. For community support services, 99.4% of service users and care-givers also indicated that they are satisfied with our services.

Other Achievement

In response to the ageing of the service users, we have carried out a study on the health profile and the healthcare needs of 811 adults with intellectual disability living in the 18 hostels in our Society. The results of the study have been published in the article "Adults with Intellectual Disabilities Living in Hong Kong's Residential Care Facilities - A Descriptive Analysis of Health and Disease Patterns by Sex, Age, and Presence of Down Syndrome" of the international renowned Journal of Policy and Practice in Intellectual Disabilities in December 2011.

The Way Forward

In view of the lack of sufficient provision of premises for social services, a feasibility study to consider expanding the useable service area in our Rehabilitation Centre, Aberdeen has been carried out. Further discussions will be made with SWD with the aim to relocate the crowded service units to the extended new block so as to improve the quality of life of the service users.

To carry on the mission of our Society, we will continue exploring resources to fill the service gaps in the community. We will ensure the maintenance of service quality while expanding the services.

We will continue our mission to advocate for equal rights of persons with disabilities through education, policy and legislative changes.

I am proud that I have been a part in the 35 years' journey of Fu Hong Society. Before closing, may I take this opportunity to thank our President, Dr. Ip Yan Ming, J.P. for his guidance. I would also like to thank all members of the Council and the committees, staff members, parents of service users and other stakeholders for their unfailing contributions and support which are most valuable. It is my earnest desire to see that in 35 years later the Society, with your continuous support, will thrive with bright colour, for an inclusive community for all in Hong Kong .

Thank you.



Eleanor P.H. Lam
Chairman