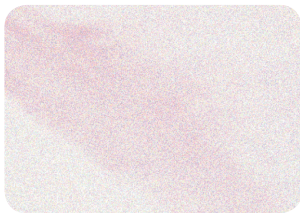
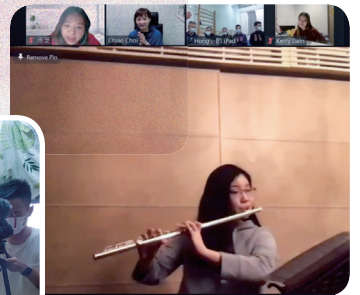
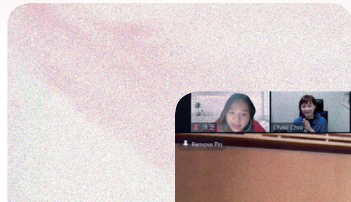


COCO-Living Platform 共生平台



社會大眾普遍認為智障人士需要受到保護，沒有能力在社區過獨立的生活。這種想法或許由於社會大眾對智障人士的誤解，而智障人士及其家人對於在社區生活的信心及支援亦不足夠。

有見及此，「愛·共行」家庭支援服務獲「賽馬會社工創新力量」資助經費，於會內開展「賽馬會社工創新力量：共生平台」項目。「共生平台」在 2020 年 8 月推出，時值「新型冠狀病毒病」肆虐，因應防疫考慮及社交距離限制，項目採用線上及線下同步發展的方法，設立了臉書專頁，以推廣輕至中度智障人士及其家庭提升生活技能 / 生活品味 / 生命連結為主題，透過網上及實體聚會活動、資訊速遞、解難貼士分享、智障人士意見領袖 (KOL) 及家屬攻略課程等，聯繫智障人士、家屬和社區人士，鼓勵智障人士建立自主和自決的生活模式，讓智障人士家屬增加對智障人士在社區內生活的信心，由萬分擔心，變得「安心·放心」。

任何人亦可以成為「共生平台」的一份子，為社區打造共融和共享的空間而一起努力。歡迎讚好及分享「共生平台」臉書專頁，謝謝。

It is a general perception that persons with intellectual disabilities (PIDs) should be protected and are without independent living capability. General public may underestimate the abilities of PIDs and such a stereotype is being reinforced while PIDs and their families are hesitated to explore the possibility of independent living.

The "COCO-Living Platform" (the Platform) was launched by "By your side" Family Support Service with the funding support from InnoPower@JC in August 2020 under the COVID-19 Pandemic. Concerning the infection control measures, the Platform has adopted "online and offline" hybrid approach. Facebook page has also been created, which emphasizes the enhancement of life skills, life taste and life connection, for the persons with mild and moderate intellectual disabilities and their families. Through the social interaction, and diversified life exposures online and offline, such as gathering activities, information sharing, troubleshooting tips, Key Opinion Leader (KOL) with intellectual disability and parenting guide etc., PIDs and families are encouraged to establish an independent and self-determined life model. Families of PIDs increase their confidence in the capability of PIDs living in the community, their "extremely worry" have become "worry free".

Everyone is welcomed to be part of the "COCO-Living Platform", and together we can create an inclusive and sharing platform for our community. Please like and share our Facebook Page. Thank you!



「共生平台」
COCO-Living Platform
facebook