



傳媒午宴

扶康會於去年舉辦一年一度的傳媒午宴。會上分享「自閉症成人表現行為與父母的親職態度、應對策略及壓力之間的關係」的研究結果及「中途宿舍精神康復者運動參與程度和得益」問卷調查，並介紹鼓勵更多精神康復者享受運動的新書《始於足下》。

研究以深度訪談形式蒐集資料，了解自閉症成人的家長所面對的壓力，並找出方法，以幫助自閉症患者更早接觸社會。育有一名20歲患有輕度智障兼自閉症兒子的陳太指部分社會人士不明白自閉症患者的行為，故會害怕與他們接觸。她希望大眾多了解自閉症，幫助他們融入社會。

有見及此，本會積極拓展適切服務予有特殊需要人士，新服務中心—牽蝶康兒中心已正式於去年十月投入服務。中心以有特殊需要的兒童及其家庭為主要對象，並以「家庭為本」的理念提供支援服務。

當日的傳媒午宴吸引了十多間傳媒機構到場採訪，場面熱鬧。



Media Lunch

Fu Hong Society organized the annual media lunch last year. We shared the result of explorative study on "The relationship between the behavior of adults with autism and the attitude of parents, coping strategies and the stress" and survey on "Exercise and Gain of Service Users of Halfway House". Moreover, we introduced our new book which is named "It All Begins with a Single Step", hoping to encourage more persons with psychiatric disabilities to enjoy the benefits of exercise.

In-depth interviews, which the research method we used, could have better understanding of the stress of parents of adults with autism facing and help persons with autism to connect with the community easily. Mrs. Chan, who has a 20-year-old son with autism and mild intellectual disabilities, pointed that some people did not understand the behavior of persons with autism, thus they might scare of them. She hoped that the majority could understand more about autism and help them integrate into society.

In view of this, we develop our services to persons with special needs actively. The new service center — Hin Dip Hong Yee Centre was officially put into service in October last year. The centre mainly serves children with special needs and their families, and implements the concept of "family-oriented".

More than 10 media have attended and interviewed our representatives, reporting our innovative services that meet the needs of community.

