



香港潮汕同學會分社成立典禮 Chapter Formation Ceremony of Hong Kong Chiu Chow Student Association

香港潮汕同學會會員與祖堯成人訓練中心服務使用者，經過多月來的接觸及溝通，不但增加了彼此了解及認識，並認同「香港最佳老友」運動的理念，終於在2015年1月31日正式宣佈成立分社，彼此承諾成為老友！成立典禮當日，本會助理總幹事徐群燕女士親臨主禮及致辭，同時邀得「香港最佳老友」運動顧問魏雁濱教授（現任香港中文大學社會工作學系榮譽教授及逸夫書院資深導師）出席支持。魏教授勉勵一眾老友要互相支持及珍惜友誼，為是次分社成立典禮更添意義！典禮中，老友除互相交換禮物作紀念外，更有學生老友及智障老友代表分享彼此相處點滴，場面溫馨熱鬧而又真摯感人！



After months of liaison and communication, members of Hong Kong Chiu Chow Student Association and service users of Cho Yiu Adult Training Centre developed a strong bond. Since both parties agreed on the vision of "Best Buddies Hong Kong" Movement, they decided that they would pair up as best buddies. Finally, on 31 January 2015, the formation of a new chapter was announced and the Chapter Formation Ceremony was held. Ms. Frankie TSUI Kwan-yin, Assistant Executive Director of Fu Hong Society, attended the Ceremony as the officiating guest and gave a speech. Prof. NGAI Ngan-pun, Advisor of "Best Buddies Hong Kong" Movement (currently also the Honorary Professor of the Department of Social Work and Dean of Students of Shaw College at The Chinese University of Hong Kong), was also invited to attend the ceremony. The encouraging speech given by Prof. Ngai to all buddies made the Ceremony even more meaningful: he urged them to support one another and treasure the friendship. Apart from exchanging gifts between buddies, representatives from both the Student Association and the Training Centre also took turns to share their stories with the participants. The event was fun and joyous with heartwarming and touching moments.

培僑中學分社 成立十週年慶典 10th Anniversary Ceremony of Pui Kiu Middle School Chapter

可喜可賀！培僑分社於2014年11月28日舉行了第十屆分社學生會就職典禮，當日培僑中學招祥麒校長及支持團體——香港佛教聯合會青年中心侯明勝主任一同到場見證新一屆參加「香港最佳老友」運動的學生會成立禮。典禮後，他們更特意慶祝培僑分社成立十週年紀念，又邀請歷屆學生會主席分享參加及組織分社的經驗和心得，體現薪火相傳的精神！

Congratulations! The 10th Inauguration Ceremony for the Student Association of the Pui Kiu Middle School Chapter was held on 28 November 2014. Mr. CHIU Cheung-ki, Principal of Pui Kiu Middle School and Mr. HOU Ming-sheng, Manager of Hong Kong Buddhist Association Children & Youth Centre attended the Ceremony and witnessed the formation of a new Student Association that will be participating in the "Best Buddies Hong Kong" Movement. After the Ceremony, the 10th anniversary of the Pui Kiu Middle School Chapter was also celebrated. Previous Chairmen of the Student Association were invited to share with the younger generation their stories and experiences in joining and operating the Chapter with an aim to show the spirit of "Pass on the Torch".



「快樂椅子舞」表演 "Chair-based Dance" Performance

自2014年10月開始，扶康會秦石成人訓練中心與香港李寶椿聯合世界書院分社一直排練以《皆大歡喜》作為背景音樂的「快樂椅子舞」。經過幾個月密集排練，一眾老友於2015年1月10日參加由沙田區康復服務協調委員會舉辦的「共融·開Show@2015」的比賽，向社區人士展現智障老友及學生老友的練習成果。台上所見，一眾老友坐在椅子上，配合音樂手舞足蹈，為全場帶出熱情及富感染力的舞蹈表演，突顯了老友之間的合拍與默契。最後他們更憑此表演勇奪「最有活力獎」，大大鼓舞了各位老友，為他們這份友誼加添了寶貴的經歷及美好回憶！

Starting from October 2014, Chun Shek Adult Training Centre of Fu Hong Society had been rehearsing with the Li Po Chun United World College of Hong Kong Chapter for a "Chair-based Dance" performance. They had chosen "Virtues of Harmony" as the background music. After months of intensive rehearsals, the buddies competed in the "Inclusion · Show 2015" Competition organized by the Sha Tin District Coordinating Committee on Rehabilitation Services on 10 January 2015 and showed to the community members their hard work. As could be seen from the stage, sitting on the chairs were the buddies who swung their arms and legs and danced to the song. The audience was infected by the passionate dance performance, which displayed excellent team work and a close bonding between the buddies. At the end, they were awarded "The Most Energetic Team Prize". It serves as a great encouragement to all the buddies and enriches their friendship with a precious experience and a happy memory.

分社花絮 Chapter Highlights



石圍角工場與香港中文大學逸夫書院分社老友一起製作小食

Service users of Shek Wai Kok Workshop made snacks with their buddies from The Chinese University of Hong Kong Shaw College Chapter



石圍角工場與香港理工大學分社卡拉OK聚會

Service users of Shek Wai Kok Workshop had a karaoke gathering with their buddies from The Hong Kong Polytechnic University Chapter



樂華成人訓練中心與捷和實業有限公司分社老友把臂同遊香港迪士尼樂園

Service users of Lok Wah Adult Training Centre visited the Hong Kong Disneyland with their buddies from the Chiaphua Industries Limited Chapter