

古洞服務發展 「鼓動」服務展開新篇章

A new chapter commences at the Kwu Tung services

古洞服務由 2022 年開始策劃，從空空如也的清水樓房，到現在充滿現代感的服務單位，印證着扶康會團隊上下一心的努力，亦承載着我們對服務的熱切期望與創意思維，希望能夠為本會康復服務展開新的一頁。

古洞服務對本會的發展有着重大的策略性意義。隨着大灣區的發展，香港與中國內地服務的連結日益頻繁，作為首個在上水古洞的康復服務單位，古洞服務擔當着重要的連結角色。配合本會與內地的交流，本會於今年六月參與在廣州舉辦的「守望家長網絡培訓講座」，一眾參與的服務機構均希望能夠到古洞參觀與學習。這些寶貴的交流機會，能加強內地機構對扶康會的認識，有助建立良好的策略協作根基。

在服務設計方面，古洞服務身處的綜合大樓以「組裝合成」建築法 (MiC) 興建，鼓勵節能與環保，與古洞服務單位以「環境、社會與管治」(ESG) 為發展概念的策略不謀而合。透過 ESG 模式中的不同發展目標，制定相關政策，如購置智能垃圾箱，評估每個月中心棄置廢物的數量，從而構思減廢的指標。另外，服務單位亦透過與不同環保團體合作，協助將廢物循環再用，減少對環境的影響，為環保出一分力。

在服務理念方面，服務單位以「智能家居」為基礎，引用不同的科技應用在起居生活照顧層面，由生命表徵監測，到一站式服務使用者生活需要，均揉合智能科技。另外，本會亦利用半沉浸式復康軟件，加強服務使用者在認知上的訓練，提升他們的生活技能。扶康會一向重視給予服務使用者「家」的感覺，我們引用優質家庭生活指標，設計服務使用者生活作息流程，讓他們充分感受到關懷與尊重。

總括而言，古洞服務的兩個服務單位將於今年第四季正式投入服務，我們所有同事懷着興奮的心情，期待新服務誕生，能夠為服務使用者與照顧者燃點希望，為社區加添動力，亦為扶康會的服務揭開新的篇章。

古洞成人訓練中心
Kwu Tung Adult Training Centre



From its conception in 2022 as a vacant plot to the state-of-the-art premises of today, the Kwu Tung services stand as the testament to the effort, passion and creativity of the Fu Hong Society team. We are proud to present a development that bears our high hopes in turning a new page of the Society's rehabilitation services.

Kwu Tung services are strategically important initiative for the development of the Society. With the ongoing growth of the Greater Bay Area and the increasing interactions between Hong Kong and the Mainland, Kwu Tung services play crucial roles in this interrelationship as the first rehabilitation service unit in Sheung Shui's Kwu Tung area. The service units also serve as an extension of our ongoing exchange with the Mainland. Service organisations that took part in Conference organised by Network of Parents' Association for Persons with Intellectual Disabilities in Gaungzhou this past June have expressed keen interest in visiting and learning from Kwu Tung. These invaluable exchange opportunities will strengthen the awareness of mainland organisations in the Fu Hong Society, laying a solid foundation for strategic collaborations.

In terms of service design, the Multi-welfare Services Complex was constructed with Modular Integrated Construction (MiC) methods that promote energy efficiency and environmental sustainability, aligning with the service units' Environmental, Social, and Governance (ESG) principles. Development goals were formulated with ESG principles in mind, allowing initiatives such as the introduction of smart trash bin



that enables us assess the amount of waste disposed by the service unit each month and set waste reduction targets accordingly. Additionally, our collaboration with environmental groups enabled recycling in service units, further reducing our environmental impact.

Our service ethos revolves around the concept of a "smart home". From vital signs monitoring to one-stop solutions for service users' everyday needs, smart technology is deeply embedded into the services at the service unit. Another smart technology application is a semi-immersive rehabilitation software that carries out cognitive training for service users and enhances their self-care skills. Providing service users with a feeling of home has always been a priority for the Society. Service users' daily routines are designed with the quality of family life indicator to ensure that service users will fully experience care and respect.

Two service units in Kwu Tung are expected to commence operations in the forth quarter. We eagerly anticipate the launch of a new service that will invigorate service users and caregivers, enliven the community and begin a new chapter in Fu Hong Society's services.

古洞之家
Kwu Tung Home

