

牽蝶中心 — 扶苗計劃

Hin Dip Centre - SEEDS Programme

牽蝶中心獲余仁生慈善基金贊助，設立一項以感官學習為本的早期教育及發展支援服務 — 扶苗計劃。自2012年8月以來已成功舉辦六次計劃，共有30名兒童受惠，超過50名家長從講座和護理培訓得益。兒童在愉快積極、自發學習的環境下參加計劃，在書寫、社交及情緒管理方面取得明顯的進步。

Thanks to the sponsorship from Eu Yan Sang Charitable Fund, Hin Dip Centre established the Sensory-based Early Education and Developmental Support (SEEDS) Programme. It has run six times since August 2012, with 30 children benefiting from the programme, and over 50 parents benefiting from the talks and caregiver training. Through this programme, there is much improvement of children in handwriting, social communication, and emotional management, in this joyful, successful, and motivational learning environment.

計劃範疇 Categories in the SEEDS Programme

1. 評估每位參加者不同感官（如觸覺、聽覺、行動或視覺）的反應（如過敏、緩慢及尋求），令導師能安排合適感官活動，增強發展培訓的成果。

Sensory responses (over-responsiveness, under-responsiveness, and seeking) towards different sensations (e.g. touching, hearing, moving, seeing) for each participant are assessed, allowing us to make the best use of sensory activities to enhance the result of the developmental training.

2. 情緒管理：認識、理解及管理情緒，讓兒童適應各種變化和挑戰。

Emotion management: awareness, understanding, and management of emotions allow the child to adapt to various changes and challenges.

3. 執行功能：以不同活動訓練抑制、記憶及轉移。

Executive function: e.g. inhibition, memory, and shifting are trained through different activities.

4. 發展訓練：根據兒童認知技巧、大小肌活動能力、言語和語言的發育水平設計學習課程。

Developmental training: activities are designed according to their developmental levels in cognitive skills, fine and gross motor skills, and speech and language skills.

5. 社交溝通：加入認知及溝通表達技巧等活動，讓兒童在愉快的環境有社交發展。

Social communication: social cognitive training and skilled building activities are included to enhance the children's social development in a fun environment.



計劃特色 Features of the Programme

1. 我們採納各種治療手法：如社會思維、思維訓練理論、聽樂治療、Handwriting without tears、Log writing programme 及多層迷走神經理論。

We use various therapeutic approaches in the programme: e.g. Social Thinking, Mind Training Theory, Music Therapy, Handwriting without tears®, Log writing programme®, Polyvagal Theory.

2. 愉快氣氛、誘發動機及無錯成功經驗乃重要元素。

Key to a successful programme is a happy atmosphere, motivation, and no errors.

展望 Looking Ahead

2014年3月及4月舉辦的扶苗計劃，快將接受申請。請留意我們網站：

We will soon open positions for the SEEDS Programme in March and April 2014. Please stay tuned to our website:

<http://www.fuhong.org/hdc>

