2009-2010 Annual Report
Content

Page

4  Statement of Vision and Mission’
5  History
6  Beliefs, Values and Principles towards Service Users
7  Core Values and their Relative Competencies
9  Office Bearers (2009-2010)
15 Organization Structure & Service Types
16 Overview of Service Types and Service Units
28 Our Achievements
33 President’s Report
36 Chairman’s Report

Service Highlights

41 Day Training Services
44 Residential Services
46 Casa Familglia
48 Community Support Services
50 Community Psychiatric Rehabilitation Services
53 Vocational Rehabilitation and Development Services
55 Service for Persons with Autism
57 “Best Buddies Hong Kong” Movement
59 Social Work Service
60 Clinical Psychology Services
61 Health Care Services
63 Paramedical Services
72 Annual Statistical Review

I. Personnel
   (i). Number of Employees
   (ii). Number of Employees with Disabilities
   (iii). Staff Development

II. Service Capacity and Number of Service Users Served

III. Classification of Service Users by Major Disabilities
Statement of Vision and Mission

Vision
Persons with disabilities are individuals with all human rights, above all the right to be recognized and respected, the right to receive whatever help is necessary in order to progress at every level, human and spiritual, and we are committed to ensure that these rights are respected and honoured through our work with the community.

Mission
• To provide for persons with disabilities, opportunities to develop all their abilities and to ensure that they achieve the greatest independence possible within their circumstances, as fully integrated members of the community;
• To advocate for equal rights of persons with disabilities through education, policy and legislative changes.

Objectives
• To establish service and family units (Casa Famiglia) within the community to provide holistic care and a homelike environment for persons with disabilities;
• To provide assessment and training for the development of the potential of persons with disabilities;
• To work together with families in the provision of quality service for their family members with disabilities;
• To provide vocational assessment and training for persons with disabilities and enhance employment opportunities for those who have the potential to work in the community;
• To provide counselling and social work services to persons with disabilities and their families;
• To organize community education programmes for a better understanding and a positive attitude towards persons with disabilities.
**History**

Father Enea Tapella, an Italian Missionary, formed groups of volunteers to organize various social, leisure and religious activities for persons with disabilities in the early 70s. Unfortunately, in 1977, he passed away in an accident when he was searching for a new site for the summer camp of that year. Following his death, many people participated in rehabilitation activities enthusiastically, in the hope that his work might be continued in the same spirit. In the same year, a Catholic fellow lent a flat unconditionally for persons with disabilities for temporary accommodation, which was the former “Father Tapella Home” (FTH). To ensure the continuity for FTH and to develop services for persons with intellectual disabilities, Father Bonzi together with a group of professionals and volunteers set up an association, namely “The Society of Homes for the Handicapped” (SHH). In May 1978, the Society was incorporated under the Hong Kong Companies Ordinance and subsidized by the Government to further develop our services. In September 1997, our Rehabilitation Centre, situated in Aberdeen, opened and our first halfway house commenced its service, to support persons with psychiatric disabilities to integrate into the community. In January 2001, the Society has been renamed as “Fu Hong Society”, while the Chinese name remained the same.

“Fu Hong” in Chinese means “giving assistance to become physically and mentally healthy”. Since establishment, our Society is committed to develop the potential of persons with disabilities, enable them to achieve maximum independence and become fully integrated citizens in the community. We have pioneered in establishing pilot services, including temporary residential care service, home-based training, hotline service, care and attention home, and extended care service in day centres. At the moment, our Society operates over 40 service units, serving over 3,000 persons with intellectual disabilities and those with psychiatric disabilities. To carry forward, our Society has set up the Casa Famiglia which enables persons with intellectual disabilities to enjoy family life; established the first development and support centre for adults with autism – Hin Dip Centre; set up “Best Buddies Hong Kong” Movement which is part of the international movement, originated in the U.S.A., to promote one-to-one friendship between persons with and without intellectual disabilities. We also strengthen our community-based support services to assist the families in providing care to persons with disabilities living in the community.
Beliefs, Values and Principles Towards Service Users

We respect our service users as a human entity, having their rights and individual characteristics. They have:

• The right to make their own decisions and choices: Respect the right of service users to have the opportunity, as fully as possible, in making decisions and choices about their daily lives and activities.

• The right to learn: Enable service users to take calculated risks and to learn from their experiences.

• The right to say: Listen to service users as they express themselves.

• Equal opportunities in life: No matter what degree of disability, all people must have the same opportunity and be appropriately supported.

• The right to participate in community: Persons with disabilities should not be labelled as segregated out of the mainstream of life. They should be supported and encouraged to participate and be involved in community life.

• The right to privacy, dignity and confidentiality: Each service user’s right to privacy, dignity and confidentiality in all aspects of his or her life must be recognized and respected.

• Own worthwhile value, and be respected: All people have value and must be treated as such.

• Own identity: Service users are all individuals and must have their own identity.

• Own name: Service users should be addressed by their names.

• The right to be treated like everyone else in the community.
Core Values and their Related Competencies

All our staff have common ideal and shared objectives whole-heartedly to provide quality services for our service users, as well as uphold the Core Values and put into practice, including:

1. Care and Respect
   **Definition**
   - Staff are willing to serve service users with respect, open and caring attitude, forming a service user oriented service model.
   - Training and opportunities for development are offered to enhance staff's competency in these respects. The goal is to provide suitable service for service users to improve their quality of life and achieve their dreams while cultivating a sense of satisfaction and achievement for staff at the same time.

   **Behaviour**
   - Be honest, sincere and exhibit active communication skills, express appreciation to others and able to accommodate different opinions.
   - Listen attentively and respect others’ opinion.
   - To show genuine care and concern for service users, their families and colleagues, establish mutual trust and provide quality service.

2. Professional Spirit
   **Definition**
   - We have adopted a macro understanding of the word “profession”. Every staff will be dedicated and responsible for his/her work, as well as practise with professional spirit in their different positions and work solely for the welfare of the service users.

   **Behaviour**
   - Every staff is the expert of his/her work post, it is his/her duty to maintain a proactive and responsible attitude and pursue excellence of work.
   - To forge close partnership with service users and their families, understand their needs and devise and implement effective plans in the best interest of service users.
   - To abide strictly by Fu Hong Society's staff regulations, and be responsible to protect Fu Hong Society's reputation and property.

3. Synergy
   **Definition**
   - Team building requires staff to maintain close collaboration and mutual trust, realize the effect of “one plus one greater than two” and pursue for excellence through mutual support and encouragement.
• Staff should also forge partnership with service users, their family members, colleagues and other stakeholders (i.e. related parties such as donors, corporates and community volunteers, etc) and achieve close collaboration.

Behaviour
• To collaborate with stakeholders in complementing each other, establish good partnership and understanding through which to achieve better outcomes.
• Try to understand the needs of stakeholders and provide active help and support to achieve mutual goals and meet one another’s needs.
• Maintain constant exchange and sharing with stakeholders.

4. Pro-activeness

Definition
• Staff take up work proactively, including responsibilities beyond one’s job description, take the initiative to communicate, participate and offer recommendations to achieve better results.

Behaviour
• Staff should “take one step further”, communicate actively and give support to team members, propose and implement any measures that can prevent problem or reduce risk at work, participate in plans for work improvement and enhancement of service quality.
• Be proactive to broaden one’s scope of work and see it as one’s responsibility to excel in team work.
• Maintain effective interaction and communication between staff and management level, actively share and promote different affairs of Fu Hong Society.

5. Continuous Improvement

Definition
• Continuous evaluation, learning and improvement of work flow and approach with the aim to enhance work efficiency and productivity (at various levels of individual service unit, region and the Society as a whole).

Behaviour
• Propose more effective and innovative work approach, learn from experience and pursue continuous improvement in service.
• Keep practicing and evaluating improvement measures that enhance quality of service.
• Keep practicing and evaluating improvement measures that promote effectiveness of the team and Society as a whole.
Office Bearers 2009-2010

Patron
The Honourable Donald Tsang, GBM, Chief Executive of HKSAR

President
Dr Ip Yan Ming, JP

Vice Presidents
Dr Simon KK Wong, JP
Dr Simon FS Li, LLD, GBM
Mrs Lipton Chuang, JP

Chairman
Mrs Eleanor PH Lam

Vice Chairman
Mr Simon PH Li, MBE, JP

Hon Secretary
Mr Arthur Garcia, CBE, JP

Hon Treasurer
Mr Kevin KW Yuen

Hon Legal Advisor
Messers SH Leung & Co

Auditor
Tse Lo CPA Ltd, Certified Public Accountants

Council Members
Fr Fernando Cagnin
Dr John KW Chan
Mr Stephen SY Chan
Mr Pele TM Chan
Dr Joyce SH Chang, JP
Dr Maria PY Chik
Dr Eva LW Dunn
Dr Jenny MC Hui Lo
Ms Frances YS Ip
Ms Cecilia SL Lam
Dr Eria PY Li
Mr Joseph Salaroli, MH
Dr Kenneth KF Sin
Mr Henry PC Yu

Spiritual Advisor
Fr Giosuè G Bonzi, PIME

Advisor
Prof Robert Schalock

Business Development and General Services Committee
Mr Kevin KW Yuen (Chairman)
Fr Giosuè G Bonzi, PIME (Member)
Mr Stephen SY Chan (Member)
Dr Maria PY Chik (Member)
Mr Arthur Garcia, CBE, JP (Member)
Ms Frances YS Ip (Member)
Mrs Eleanor PH Lam (Member)
Dr Eria PY Li (Member)
Mr Simon PH Li, MBE, JP (Member)
Mr Henry PC Yu (Member)

Information and Communication Technology Task Force
Mr Kenny Chien (Member) (From May 2010)
Mr Eric Yeung (Member) (From May 2010)

Management Committee
Mr Stephen SY Chan (Chairman)
Dr Joseph KF Kwok, JP (Member)
Ms Nancy CC Shum (Member)

Chairmen & Vice Chairmen of Regional Management Sub-Committee:
Mr Lo Hung Yip (Chairman, Hong Kong Island South)
Ms Tsui Yuk Hing (Chairman, Tsuen Kwai Tsing & Sham Shui Po)
Ms Yeung Siu Ling (Chairman, Tuen Mun & Yuen Long)
Mrs Yuen Lam King Na (Chairman, Shatin, Kwun Tong & Hong Kong Island East)
Mrs Fung Po Yuk Kuen (Vice Chairman, Shatin, Kwun Tong & Hong Kong Island East)
Mr Ho Kwan Ming (Vice Chairman, Tuen Mun & Yuen Long)
Ms Kwong Kwun Yee (Vice Chairman, Tsuen Kwai Tsing & Sham Shui Po)
Mrs Leung Kwok Sok Yin (Vice Chairman, Hong Kong Island South)
Human Resources Committee
Ms Frances YS Ip (Chairman)
Mr Anthony CM Lam, SBS, QFSM, CPM (Member)
Prof Jiatao Li (Member)
Mr Derek Wu (Member)

Advisory Committee on Community Psychiatric Services
Dr Michael MC Wong (Chairman)
Dr Eileena MC Chui (Member)
Dr Eva LW Dunn (Member)
Dr Kan Chui Kwan (Member)
Ms Janet CF Lam (Member)
Dr Lee Seung Yau (Member)
Mr Wong Kwong Lui (Member)

Advisory Committee on Services for Persons with Autism
Dr Kenneth KF Sin (Chairman)
Dr Maria PY Chik (Member)
Dr Fan Tak Wing (Member)
Ms Cecilia SL Lam (Member)
Mrs Lau Yu Po Kwan, JP (Member)
Ms Serena LL Leung (Member)
Mr Henry PC Yu (Member)

Building Development & Maintenance Committee
Mr Pele TM Chan (Chairman)
Dr John KW Chan (Member)
Mr Jackie WM Po (Member)
Mr Kyran Sze (Member)

Marketing & Public Relations Committee
Mr John CL Lee (Chairman)
Mr Pele TM Chan (Member)
Mrs Fung Po Yuk Kuen (Parent)
Mr Ho Hung Kwan (Parent)
Mrs Law Wong Yin Ling (Parent)
Mrs Poon Mok Mei Lee (Parent)
Mrs Tam Wong Lay Hing (Parent)
Mrs Tong Tai Ha Ping (Parent)
Ms Yeung Siu Ling (Parent)
Mrs Yim Ling Siu Ling (Parent)
Mrs Yuen Lam King Na (Parent)
Admission Board
Mr Stephen SY Chan (Chairman)
Ms Chi Yin Kam (Member / FHPA representative)
Mr Lo Hung Yip (Member / FHPA representative)

Tender Board
Mr Stephen SY Chan (Chairman)
Ms Frances YS Ip (Member)
Dr Eria PY Li (Member)

Investment & Finance Committee
Mr Kevin KW Yuen (Chairman)
Mr Arthur Garcia, CBE, JP (Vice Chairman)
Fr Giosuè G Bonzi, PIME (Member)
Mr Albert KW Lo (Member)

Audit Committee
Ms Jane SM Chan (Member)
Mr Michael R Eyles (Member)
Mr Jackson KS Yeung (Member)
Mr Kevin KW Yuen (Council Representative)

Research Committee
Dr Jenny MC Hui Lo (Chairman)
Prof Sally WC Chan (Member)
Dr Maria PY Chik (Member)
Dr Fan Tak Wing (Member)
Mr John CL Lee (Member)
Dr Eria PY Li (Member)

Exchange Programme Committee
Fr Giosuè G Bonzi, PIME (Chairman)
Fr Fernando Cagnin (Member)
Mrs Lucia Chan (Member)
Mr Stephen SY Chan (Member)
Dr Jenny MC Hui Lo (Member)
Mrs Eleanor PH Lam (Member)
Mr John CL Lee (Member)
Dr Eria PY Li (Member)

Casa Famiglia Management Committee
Dr Eria PY Li (Chairman)
Fr Giosuè G Bonzi, PIME (Member)
Mrs Lucia Chan  (Member)
Mr Stephen SY Chan  (Member)
Mrs Eleanor PH Lam  (Member)

Regional Management Sub-Committee (Hong Kong Island South)
Mr Lo Hung Yip  (Chairman / Parent from RCYCH)
Mrs Leung Kwok Sok Yin  (Vice Chairman / Parent from RCYLATC)
Dr Leung Tse Fong, Terry  (Member)
Mr Lau Kwai Sham  (Parent from Community Psychiatric Support Services)
Mrs Leung Lee Woon  (Parent from Community Psychiatric Support Services)
Ms Ng Kam Ying   (Parent from RCNSH / RCNSW)
Mrs Yeung Lam Mae Ngor  (Parent from RCNSH / RCNSW)
Mrs Lam Cheung Wai Lin  (Parent from RCSLATC)
Mrs Wong Wan Lin  (Parent from RCSLATC)
Mr Szeto Yue  (Parent from RCYCH)
Ms Islam Kanchanok  (Parent from RCYHH)
Mrs Yuen Liu Yuek Ho  (Parent from RCYHH)
Ms Yim Ling Siu Ling (Parent from RCYKH)
Mrs Tse Tam Pui Hing  (Parent from RCYLATC)

Regional Management Sub-Committee (Shatin, Kwun Tong & Hong Kong Island East)
Mrs Yuen Lam King Na  (Chairman / Parent from OWH)
Mrs Fung Po Yuk Kuen  (Vice Chairman / Parent from SLATC)
Mrs Wong Chen Chi Ying  (Parent from CLH)
Ms Chow Wai Fong  (Parent from CSATC / WCATC)
Mr Wong Kwok Choi  (Parent from CSATC / WCATC)
Mr Cheng Chow Po  (Parent from HWATC)
Mr Lee Cho Ming  (Parent from HWATC)
Mrs Ng Pao Kam Chee  (Parent from LWATC)
Ms Leung Chai  (Parent from OWH)
Mr Chan Wa Tsai  (Parent from PH)
Mr William Chang  (Parent from PH)

Regional Management Sub-Committee (Tsuen Kwai Tsing & Sham Shui Po)
Ms Tsui Yuk Hing  (Chairman / Member)
Ms Kwong Kwun Yee  (Vice Chairman / Parent from LYATC / SLUATC)
<table>
<thead>
<tr>
<th>Name</th>
<th>Role</th>
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<tbody>
<tr>
<td>Mrs Chan Cheuk Fung Ying</td>
<td>(Member)</td>
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<tr>
<td>Ms Chan Lai Ying</td>
<td>(Parent from CHH)</td>
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<td>Ms Wong Shui Ping</td>
<td>(Parent from CHH)</td>
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<tr>
<td>Ms Chow Sau Ying</td>
<td>(Parent from COATC)</td>
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<tr>
<td>Mr Cheung Yu Sang</td>
<td>(Parent from CSWATC / FTH)</td>
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<tr>
<td>Ms Yeung Sze Man</td>
<td>(Parent from CSWATC / FTH)</td>
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<td>Ms Fu Pui King</td>
<td>(Parent from CYATC)</td>
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<tr>
<td>Mrs Wong Wong Yuen Ha</td>
<td>(Parent from CYATC)</td>
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<td>Mrs Wong Lam Chi Fan</td>
<td>(Parent from KHVDC)</td>
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<td>Mrs Tong Tai Ha Ping</td>
<td>(Parent from KHVDC)</td>
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<tr>
<td>Mr Ho Hung Kwan</td>
<td>(Parent from LYATC / SLUATC)</td>
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<tr>
<td>Mr Tam Po Chiu</td>
<td>(Parent from LYH)</td>
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<tr>
<td>Mrs Lam Cheung Yuen Hing</td>
<td>(Parent from SWKW / SE)</td>
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<tr>
<td>Mrs Tam Wong Lai Hing</td>
<td>(Parent from SWKW / SE)</td>
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**Regional Management Sub-Committee (Tuen Mun & Yuen Long)**

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<thead>
<tr>
<th>Name</th>
<th>Role</th>
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<tbody>
<tr>
<td>Ms Yeung Siu Ling</td>
<td>(Chairman / Member)</td>
</tr>
<tr>
<td>Mr Ho Kwan Ming</td>
<td>(Vice Chairman / Member)</td>
</tr>
<tr>
<td>Ms Hui Pui Ling</td>
<td>(Parent from KHH)</td>
</tr>
<tr>
<td>Mrs Yeung Kong Shui Yee</td>
<td>(Parent from KHH)</td>
</tr>
<tr>
<td>Ms Chong Yim Fong</td>
<td>(Parent from LKATC)</td>
</tr>
<tr>
<td>Ms Yau Mei Ling</td>
<td>(Parent from LKATC)</td>
</tr>
<tr>
<td>Ms Tong Wai Wun</td>
<td>(Parent from SKATC)</td>
</tr>
<tr>
<td>Mrs Ngo Lo Siu Har</td>
<td>(Parent from TSWDSC)</td>
</tr>
<tr>
<td>Mr Ho Ting Yau</td>
<td>(Parent from TYH)</td>
</tr>
<tr>
<td>Mrs Poon Mok Mei Lee</td>
<td>(Parent from TYH)</td>
</tr>
<tr>
<td>Ms Ngai Yuen Ling</td>
<td>(Parent from YCH)</td>
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**Hon Doctors**

- Dr Chu Wai Sing, Daniel
- Dr Chung Shu Hong
- Dr Ko Wai Kit
- Dr Ku Kwok Wai
- Dr Lee Fook Kay
- Dr Kenneth YK Ng

**Hon Dental Surgeons**

- Dr Howard CW Ho
- Dr Edward Lau
Overview of Service Types and Service Units

Head Office

Ms Leung Siu Kum   (Executive Director)
Mr Joseph WM Au   (Regional Manager - Tuen Mun & Yuen Long)
Mr Aldous CS Kwan  (Regional Manager - Hong Kong Island East & Paramedical Service Projects)
Ms Becky WY Luk   (Regional Manager - Tsuen Kwai & Sham Shui Po)
Ms Frankie KY Tsui (Regional Manager - Hong Kong Island South)
Mr Dominic YM Wong (Regional Manager - Sha Tin & Kwun Tong)
Mr Leo KO Wong    (Regional Manager - Vocational Rehabilitation & Development Services / Social Enterprise)
Ms Li Mi Fong     (Assistant Regional Manager)
Mr Raymond WM Yew  (Assistant Regional Manager)
Ms Stephanie WY Ho (Clinical Psychologist)
Ms Kristy WY Lee  (Clinical Psychologist) (From November 2009)
Ms Miranda HS Leung (Clinical Psychologist) (From February 2010)
Ms Polly LW Wong   (Clinical Psychologist) (Resigned from October 2009)
Ms Eva YW Chan    (Financial Controller)
Ms April SF Lai    (Administration & IT Manager)
Ms Angela PL Leung (Human Resources Manager)
Ms Louisa SS Lau   (Training Manager)
Mr Eric HW Siu     (Service Quality Manager) (Transferred from August 2010)
Ms Winnie WY Lai   (Service Audit Manager) (Resigned from September 2009)
Ms Christy WY Lai  (Communications & Resources Development Manager)
Ms Adeline PS Chan (Project Manager - Social Enterprise)
Mr Denys YH Wong   (Project Manager - Services for Persons with Autism)
Mr Francis SY Yu   (Project Manager - “Best Buddies Hong Kong” Movement)
**Adult Training Centre**

1. **Cheung Sha Wan Adult Training Centre**  
   3/F., Cheung Sha Wan Community Centre,  
   55 Fat Tseung Street, Shamshuipo, Kln.  
   Tel: 2360-0364  
   Fax: 2361-1467  
   E-mail: cswatc@fuhong.org  
   Service Unit Manager: Ms Judy Chan

2. **Cho Yiu Adult Training Centre**  
   G/F., Kai Kwong Lau, Cho Yiu Chuen,  
   Kwai Chung, N.T.  
   Tel: 2370-3836  
   Fax: 2742-6217  
   E-mail: cyatc@fuhong.org  
   Service Unit Manager: Ms Lee Yip Yung

3. **Chun Shek Adult Training Centre**  
   G/F., Shek Ying House, Chun Shek Estate,  
   Shatin, N.T.  
   Tel: 2699-2969  
   Fax:2699-2976  
   E-mail: csatc@fuhong.org  
   Service Unit Manager: Ms Priscilla Chong

4. **Shan King Adult Training Centre**  
   Unit 3, Level 3, Community Recreation Building,  
   Shan King Estate, Tuen Mun, N.T.  
   Tel: 2464-6126 / 2464-6127  
   Fax: 2462-5050  
   Email: skatc@fuhong.org  
   Service Unit Manager: Ms Tammy Chiu

5. **Sheung Li Uk Adult Training Centre**  
   G/F., No. 2A Po On Road, Cronin Garden,  
   Shamshuipo, Kln.  
   Tel: 2958-0331  
   Fax: 2729-3581  
   Email: sluatc@fuhong.org  
   Service Unit Manager: Mr Godwin Ho
Adult Training Centre cum Hostel

6. **Chak On Adult Training Centre**  
   Unit 1-10, G/F., Wah Chak House,  
   Chak On Estate, Shamshuipo, Kln.  
   Tel: 2788-2533  
   Fax: 2784-6615  
   Email: coatc@fuhong.org  
   Service Unit Manager: Ms Queeny Lai

7. **Hing Wah Adult Training Centre**  
   Unit 401-409, Wo Hing House,  
   Hing Wah Estate, Chai Wan, H.K.  
   Tel: 2558-0244  
   Fax: 2558-4269  
   Email: hwatc@fuhong.org  
   Service Unit Manager: Mr Raymond Yew

8. **Leung King Adult Training Centre**  
   G/F., Leung Shui House, Leung King Estate,  
   Tuen Mun, N.T.  
   Tel: 2454-5223  
   Fax: 2454-5458  
   Email: lkatc@fuhong.org  
   Service Unit Manager: Ms Kit Ho

9. **Lok Wah Adult Training Centre**  
   G/F., Hei Wah House, Lok Wah South Estate,  
   Ngau Tau Kok, Kln.  
   Tel: 2796-9244 / 2796-9273  
   Fax: 2758-6691  
   Email: lwatc@fuhong.org  
   Service Unit Manager: Mr Chu Wing Kwan

10. **Priscilla’s Home**  
    Rm. 103-106, 1/F., Lee Ga Building,  
    131 Sai Wan Ho Street, Shaukeiwan, H.K.  
    Tel: 2567-3144  
    Fax: 2513-6549  
    Email: ph@fuhong.org  
    Service Unit Manager: Mr Raymond Yew  
    Assistant Service Unit Manager: Ms Mandy Wong
11. **Shun Lee Adult Training Centre**  
Unit 14-21, 3/F., Lee Hong House,  
Shun Lee Estate, Kwun Tong, Kln.  
Tel: 2341-6357 / 2763-9024  
Fax: 2304-0287  
Email: slatc@fuhong.org  
Service Unit Manager: Mr Simon Hung

12. **Si Lok Adult Training Centre**  
2/F., FHS Rehabilitation Centre,  
85 Yue Kwong Road, Aberdeen, H.K.  
Tel: 2214-2523  
Fax: 2870-1210  
Email: rcslatc@fuhong.org  
Service Unit Manager: Ms Candy Chau

13. **Yi Lok Adult Training Centre**  
3/F., FHS Rehabilitation Centre,  
85 Yue Kwong Road, Aberdeen, H.K.  
Tel: 2214-2534  
Fax: 2870-1207  
Email: rcylatc@fuhong.org  
Service Unit Manager: Mr Lee Kwok Sun

**Care and Attention Home**

14. **Ching Lan Home**  
3/F & 4/F., Block F, Senior Staff Quarters,  
Pamela Youde-Nethersole Eastern Hospital,  
3 Lok Man Road, Chai Wan, H.K.  
Tel: 2896-2123  
Fax: 2896-2496  
Email: clh@fuhong.org  
Service Unit Manager: Mr Albert Yan

15. **Oi Wah Home**  
1/F & 2/F., Block F, Senior Staff Quarters,  
Pamela Youde-Nethersole Eastern Hospital,  
3 Lok Man Road, Chai Wan, H.K.  
Tel: 2896-2543  
Fax: 2896-3673  
Email: owh@fuhong.org  
Service Unit Manager: Mr Albert Yan  
Assistant Service Unit Manager: Mr Eddy Siu
16. **Kit Hong Home**  
Annex Block, Hing Tai House,  
Tai Hing Estate, Tuen Mun, N.T.  
Tel: 2484-1000  
Fax: 2401-0045  
Email: khh@fuhong.org  
Service Unit Manager: Ms Chu Mi Ling

17. **Tin Yiu Home**  
1/F., & Wing A 2/F., Yiu Lung House,  
Tin Yiu Estate, Tin Shui Wai, Yuen Long, N.T.  
Tel: 2617-6161  
Fax: 2448-4242  
Email: tyh@fuhong.org  
Service Unit Manager: Ms Sharon Yim

18. **Lai Yiu Home**  
Level 204, Shopping Block, Lai Yiu Estate,  
Kwai Chung, N.T.  
Tel: 2742-1112  
Fax: 2785-1660  
Email: lyh@fuhong.org  
Service Unit Manager: Ms Leung Lai Kuen  
Assistant Service Unit Manager: Ms Cornify Lee

**Home/Hostel (Persons with severe to low moderate intellectual disabilities)**

19. **Lai Yiu Adult Training Centre**  
Level 204, Shopping Block, Lai Yiu Estate,  
Kwai Chung, N.T.  
Tel: 2745-0014  
Fax: 2310-8177  
Email: lyatc@fuhong.org  
Service Unit Manager: Ms Leung Lai Kuen  
Assistant Service Unit Manager: Ms Cornify Lee

20. **Father Tapella Home**  
Unit 201-209, Shek Fong House,  
Shek Wai Kok Estate, Tsuen Wan, N.T.  
Tel: 2490-9080  
Fax: 2415-4000  
Email: fth@fuhong.org  
Service Unit Manager: Ms Judy Chan
21. **Wo Che Adult Training Centre**  
G/F., High Block, Tai Wo House,  
Wo Che Estate, Shatin, N.T.  
Tel: 2692-6606  
Fax: 2693-0816  
Email: wcatc@fuhong.org  
Service Unit Manager: Ms Priscilla Chong

**Home/Hostel (Persons with moderate intellectual disabilities)**

22. **Cheung Hong Home**  
Unit 21-40, 2/F., Hong Wo House,  
Cheung Hong Estate, Tsing Yi, N.T.  
Tel: 2495-6163  
Fax: 2497-6178  
Email: chh@fuhong.org  
Service Unit Manager: Mr Ng Kin Wah

23. **Ngai Shun Home**  
1/F., FHS Rehabilitation Centre  
85 Yue Kwong Road, Aberdeen, H.K.  
Tel: 2214-2512  
Fax: 2870-1213  
Email: rcnsh@fuhong.org  
Service Unit Manager: Ms Silvia Mak

**Casa Famiglia**

24. **Concordia Casa Famiglia**  
Rm. B, 2/F., Block E, Staff Quarters,  
Prince of Wales Hospital,  
46 Ngan Shing Street,  
Shatin, N.T.  
Tel: 2648-3740  
Fax: 2648-4740  
Coordinator: Ms Fommy Tam

25. **Encounter Casa Famiglia**  
Flat A3, 8/F., Cambridge Court, 84 Waterloo Road, Kln.  
Tel: 2194-6565  
Fax: 2194-6733  
Coordinator: Ms Fommy Tam
26. **Radiance Casa Famiglia**  
   Rm. 106-109, M2/F, Tsui Cheung House  
   Tsui Ping (North) Estate, Kwun Tong, Kln.  
   Tel: 2763-5638  
   Fax: 2763-5778  
   Coordinator: Ms Fommy Tam

27. **Splendor Casa Famiglia**  
   Unit L227-L230, LG 2/F., Tin Kam House,  
   Shun Tin Estate, Kln.  
   Tel: 2952-2125  
   Fax: 2952-2126  
   Coordinator: Ms Fommy Tam

**Clinical Psychology Services**

28. **Unit 14-21, 3/F., Lee Hong House,**  
   Shun Lee Estate, Kwun Tong, Kln.  
   Tel: 2341-6357 / 2763-9024  
   Fax: 2304-0287  
   Email: slatc@fuhong.org  
   Clinical Psychologist: Ms Stephanie Ho

**Community Psychiatric Support Services**

29. **Aftercare Service for Dischargees of Halfway House**  
   5/F., FHS Rehabilitation Centre,  
   85 Yue Kwong Road, Aberdeen, H.K.  
   Tel: 2214-2509  
   Fax: 2553-8796  
   Email: cpss@fuhong.org  
   Service Unit Manager: Ms Peony Leung

30. **Community Mental Health Care Services**  
   5/F., FHS Rehabilitation Centre,  
   85 Yue Kwong Road, Aberdeen, H.K.  
   Tel: 2214-2509  
   Fax: 2553-8796  
   Email: cpss@fuhong.org  
   Service Unit Manager: Ms Peony Leung
31. **Community Mental Health Link**  
5/F., FHS Rehabilitation Centre,  
85 Yue Kwong Road, Aberdeen, H.K.  
Tel: 2214-2509  
Fax: 2553-8796  
Email: cpss@fuhong.org  
Service Unit Manager: Ms Peony Leung  

# Starting from October 2010, Community Psychiatric Support Services would be renamed as Integrated Community Centre for Mental Wellness – “Sunrise Centre”

**District Support Service**

32. **Tin Shui Wai District Support Centre**  
Flat 501-502, 5/F, Ancillary Facilities Block  
Tin Chak Estate, Tin Shui Wai, N.T.  
Tel: 2486-3030  
Fax: 2744-1812  
Email: dsc@fuhong.org  
Service Unit Manager: Ms Li Mi Fong

**Halfway House**

33. **Yuet Chi Home**  
5/F., FHS Rehabilitation Centre,  
85 Yue Kwong Road, Aberdeen, H.K.  
Tel: 2214-2556  
Fax: 2870-1201  
Email: rcych@fuhong.org  
Service Unit Manager: Mr David Leung

34. **Yuet Hang Home**  
6/F., FHS Rehabilitation Centre,  
85 Yue Kwong Road, Aberdeen, H.K.  
Tel: 2214-2571  
Fax: 2870-1198  
Email: rcyhh@fuhong.org  
Service Unit Manager: Ms Apple Sung

35. **Yuet Kwan Home**  
4/F., FHS Rehabilitation Centre,  
85 Yue Kwong Road, Aberdeen, H.K.  
Tel: 2214-2544  
Fax: 2870-1203  
Email: rckykh@fuhong.org  
Service Unit Manager: Mr Ivan Chiu
Hin Dip Centre (Former Development and Support Centre for Persons with Autism)

36. 2/F., FHS Rehabilitation Centre  
     85 Yue Kwong Road, Aberdeen, H.K.  
     Tel: 2214-2591  
     Fax: 2552-4116  
     Email: hdc@fuhong.org  
     Project Manager: Mr Stephen Chan

Joyful Corner

37. Shop A, G/F., Cronin Garden, 190 Pratas Street  
    Shamshuipo, Kowloon  
    Tel: 2745-4214  
    Fax: 2361-0404  
    Email: jc@fuhong.org  
    Service Quality Manager: Mr Eric Siu

Rehabilitation Centre Management Office

38. G/F., FHS Rehabilitation Centre,  
    85 Yue Kwong Road, Aberdeen, H.K.  
    Tel: 2214-2501  
    Fax: 2870-1216  
    Email: rcmoadm@fuhong.org  
    Administration Officer: Ms Man Po Yee

Sensory Integration Therapy Service

39. Sensory Integration Therapy Centre (Chak On)  
    Unit 9-15, G/F, Wing Chak House,  
    Chak On Estate, Shamshuipo, Kln.  
    Tel: 3188-5804  
    Fax: 2776-1225  
    Email: si_co@fuhong.org  
    Project Manager: Ms Wylie Cheung

40. Sensory Integration Therapy Centre (Aberdeen)  
    G/F, FHS Rehabilitation Centre  
    85 Yue Kwong Road, Aberdeen, HK.  
    Tel: 2214-2536  
    Fax: 2552-4116  
    Email: si_aberdeen@fuhong.org  
    Project Manager: Ms Wylie Cheung
**Supported Hostel**

41. **Yau Chong Home**  
   396 Castle Peak Road, Castle Peak Bay,  
   Tuen Mun, N.T.  
   Tel: 2404-8538 / 2404-8518  
   Fax: 2404-8745  
   Email: ych@fuhong.org  
   Service Unit Manager: Mr Samuel Chung

**Vocational Rehabilitation & Development Services**

42. **Kwai Hing Vocational Development Centre**  
   G/F., Block C, Sun Kwai Hing Garden,  
   151-165 Tai Wo Hau Road, Kwai Chung, N.T.  
   Tel: 2426-1514  
   Fax: 2426-1769  
   Email: khvdc@fuhong.org  
   Service Unit Manager: Mr Ching Chi Lam

43. **Ngai Shing Workshop**  
   4/F., West Wing & 5/F., West Wing,  
   FHS Rehabilitation Centre,  
   85 Yue Kwong Road, Aberdeen, H.K.  
   Tel: 2214-2589  
   Fax: 2870-1205  
   Email: rcnsw@fuhong.org  
   Service Unit Manager: Ms Silvia Mak

44. **Shek Wai Kok Workshop**  
   G/F, Car Park Block No.2,  
   Shek Wai Kok Estate, Tsuen Wan, N.T.  
   Tel: 2493-4422  
   Fax: 2498-8375  
   Email: swkw@fuhong.org  
   Service Unit Manager: Mr Ching Chi Lam

45. **Supported Employment (Kwai Hing Vocational Development Centre)**  
   Service Unit Manager: Mr Ng Kin Wah

46. **Supported Employment (Ngai Shing Workshop)**  
   Service Unit Manager: Ms Silvia Mak
47. **Supported Employment (Shek Wai Kok Workshop)**  
   Service Unit Manager: Mr Ng Kin Wah

48. **On the Job Training Programme for Persons with Disabilities (Ngai Shing Workshop)**  
   Service Unit Manager: Ms Silvia Mak

49. **On the Job Training Programme for Persons with Disabilities (Shek Wai Kok Workshop)**  
   Service Unit Manager: Mr Ng Kin Wah

50. **Vocational Skills Assessment Centre (Kwai Hing Vocational Development Centre)**  
   Service Unit Manager: Mr Ching Chi Lam

51. **Work Extension Programme (Ngai Shing Workshop)**  
   Service Unit Manager: Ms Silvia Mak

**After School Care Service / Holiday Care Service**

52. Cho Yiu Adult Training Centre

**Day Care Service for Persons with Severe Disabilities**

53. Kit Hong Home

54. Oi Wah Home
Our Achievements

1. Enthusiastic and Professional Staff

   Multidisciplinary Professionals
   Among 989 staff members, 174 were professionals*

   * Professionals include Clinical Psychologists, Occupational Therapists, Physiotherapists, Nurses and Social Workers

   Experienced Staff
   391 staff members, nearly 40% of the total, had been working for the Society for over 10 years

   Continuous Staff Development
   Staff actively participated in local and overseas courses, seminars and conferences, and put into practice what they had learnt

   Staff Commitment
   To promote staff loyalty, sense of belonging and commitment to our Society
   • Executive Management Staff attended 100 meetings of service units
   • Over 80 activities and measures had been conducted to enhance staff relations and morale

2. To Perfect Organization Structure and Strengthen Work Ability

   Corporate Governance
   • Clear structure on approval authority to assure proper usage
   • An Audit Committee with members from outside Certified Public Accountants enables better utilization of resources
   • Regular review on different measures ensures compliance with Service Quality Standards
   • Participation of the public and parents in various committees helps strengthen management transparency and consider the opinion of the stakeholders in our services.

   Applications of IT System
   • Application of intranet platform and various software management systems to optimize operation and manpower efficiency
Development of Organisation Culture
- Promoting 5 core values: Care and Respect, Professional Spirit, Synergy, Pro-activeness and Continuous Improvement
- “Good Staff and Good Event Recognition Scheme” successfully done to materialize our caring culture, recognition culture and open culture

Business Plan
- The Society has established a systematic mechanism for annual and up to 3 years’ business planning through the implementation of the Performance Management and Monitoring Tool, basing on the concept of Balance Score Card

Organization Structure for Service Development
- To enhance continuous service development and improvement, various working groups have been formed to tackle specific tasks

Operations
- To develop various guidelines and policies and update regularly
- Implementation of 54 safety measures of accident prevention and 70 service improvement projects to achieve expected effect

Information Security
- Clear IT security policy to prevent related incident
- The information systems require password login to reinforce security

3. Our Friends and Network Spread Over Hong Kong, Macau, Mainland China and All Over the World
Service Users and their Family Members
The outcome of the latest satisfaction surveys
- 94.9% of service users satisfied with service provisions
- 98.7% of carers satisfied with service provisions
Support from service users’ family members
- 6,491 attendance of family members at our talks and meetings for better understanding of our services
- 67 programme sessions held to facilitate family members’ understanding of service units’ operations
- More than 20 appreciation letters/cards were received
Significant Visitors and Guests

- The Most Rev. John Tong Hon, Bishop of the Catholic Diocese of Hong Kong, Rev. Pierre Lam Minh, MEP, VG, Mr. Cheung Kin Chung, Matthew, GBS, JP, Secretary for Labour & Welfare, Mr. Tang Kwok Wai, Paul, JP, Permanent Secretary for Labour and Welfare, Mrs. Cecilia Yuen, Assistant Director (Rehabilitation & Medical Social Services), Social Welfare Department officiated at Opening Ceremony of Tin Shui Wai District Support Centre, “Best Buddies Hong Kong” Movement Talent Show and Opening Ceremony of the Radiance Casa Famigia
- JPs visiting our Rehabilitation Centre were very impressed with feedback on “our excellent quality, professionalism of the staff, quality of management and service opportunities given to service users”

Prize / Accreditation

- Kwai Hing Vocational Development Centre was awarded “Indoor Air Quality Certificate” (Excellent Class) by Environmental Protection Department
- Being one of the 14 non-government organizations in the “Recognition Scheme of 18 Districts Caring Employers 2009”
- Cases of our Hin Dip Centre and Tin Shui Wai District Support Centre were published at “心靈對焦” by Hong Kong Social Workers Association
- Champion of the Safety Quiz 2009 organized by the Occupational Safety and Health Council
- Our Madam Hong’s Bakery of Ngai Shing Workshop was awarded “The Best Sales Strategy Award”, “The Best Team Spirit Award” and “The Best Sales Counter” at Rehabilitation Service Organization Social Enterprises EXPO organized by Central Western, Southern and Islands District Social Welfare Office of Social Welfare Department
- President of the Legislative Council, a number of Legislative Council members and celebrities attended “Best Buddies Hong Kong” Movement Electric Cooking Competition
- Ms. Loletta Chu, Honorary Life President of Wai Yin Association and other members visited Rehabilitation Centre and overviewed the environmental project

Volunteers and Corporate Participation

- Volunteer attendance in our service units was up to 12,195
- 4 Secondary School Chapters, 7 College Chapters and 3 Citizen
Chapters are formed under our “Best Buddies Hong Kong” Movement and we have launched various volunteer service projects with their staff members/ students/ citizen volunteers

• 12 agencies and more than 400 participants joined our “Hike for Health” - The 1st Hong Kong Psychiatric Rehabilitation Organization Hiking Competition
• Collaboration Projects partnered with CLP Power Hong Kong Limited, Aeon Stores (Hong Kong) Co. and the Hong Kong Chefs Association
• 11 corporate volunteer teams participated in our service unit’s activities: NEC, Gap International Sourcing (Holdings) Ltd, UPS, Bank of America, Sino Property Services, Royal Garden, MTR etc
• 49 corporates and professional bodies were successfully nominated to be “Caring Company” and “Caring Organization”
• Renowned fashion designer Mr. William Tang was invited to be the judge of The 5th Social Inclusion Singing Contest

Local Exchange Activities
• Two reports shared at the 2010 Joint World Conference on Social Work and Social Development
• Many of our service and projects are introduced at “The 6th Chinese Regional Conference on Mental Handicapped Service”
• Pilot study on implementation of Intensive Interaction Training in our Sheung Li Uk Adult Training Centre was conducted with consultancy support from the Hong Kong Association of Workers Serving the Mentally Handicapped Limited

Exchange Activities Outside Hong Kong
• Staff attended the International Conference of the Best Buddies International in USA for exchange of experience for promotion of our “Best Buddies Hong Kong” Movement
• Our representative was invited as the speaker of “Organizations for persons with Autism International Conference” organized by Autism Society Taiwan, R.O.C. in Taiwan
• Two consultancy services had been provided to Macau Fu Hong Society on community support service
• Experienced social worker was appointed to join “The project of Shenzhen” of Institute of Social Service Development at Shenzhen, to provide supervisory service to social workers in Mainland China and
develop localization of social worker

- Rehabilitation Organizations in Mainland China and participants of “Best Buddies Hong Kong” Movement Guangzhou Exchange Tour participated in exchange activities together, maintained close relationship and promoted social inclusion programmes

Donors / Funders
The Society raised $4,282,387 this year
- 315 donors / funders
- Donors: UPS, The G2000 Group, Capital Lake Property, The Ohel Lead Synagogue Charity, Wai Yin Association etc
- Foundation / Funds: Drs Richard Charles and Esther Yewpick Lee Charitable Foundation, The Hong Kong Jockey Club Charities Trust
- Others: Charity Cantonese Operatic Songs Concert in Canada and United States, Chinese Opera Charity Night, Legacy Giving

Students
- 42 social work and clinical psychology students from local universities/institutions had placements in our service units
- 7 service units participated in the “Attachment Programme to NGO Rehabilitation Services” for Extended Years of Education students in special schools organized by the Education Bureau provided a total of 128 attachment placements for special school students

Other Organizations
- Built service network with 121 service agencies
President’s Report

While rapid changes are sweeping through the Hong Kong society, its economy, culture and information technology, different social classes and groups, each having its own needs, are also facing all kinds of challenges. We are grateful to the generous support from different sectors of the community that enables our Society to pursue sustainable development and fulfill the needs of persons with disabilities.

Promoting Social Inclusion

Gaining again this year the strong support from CLP Power Hong Kong Limited, our “Best Buddies Hong Kong” Movement Electric Cooking Competition held its Final at the Olympian City II on 24 April 2010. With friendship building through cooking among persons with intellectual disabilities, students and members of the community as its goal, the Competition had attracted more than 110 teams, among which 10 were formed by the business sector, comprising a total of over 400 contestants with or without disabilities to take part. We were also grateful to have The Hon. Jasper Tsang Yok Sing, GBS, JP, President of the Legislative Council; The Hon. Emily Lau Wai Hing, JP, The Hon. Frederick Fung Kin Kee, SBS, JP, The Hon. Lee Wing Tat, The Hon. Chan Hak Kan, and The Hon. Ip Wai Ming, MH, members of the Legislative Council to participate in the event. Pairing up with persons with intellectual disabilities, our guests were keen to cook delicious dishes with their partners. Moreover, support from The Hong Kong Chefs Association proved to be an essential element for the success of the event. A large audience was also drawn to the exciting variety show and performance by our service users, the process of which helped enhance the public’s understanding of persons with intellectual disabilities and realize the spirit of social inclusion.

In 2009 and mid-2010, a great number of our mass programmes had received enormous support from different sectors of the society. These included the 6th Charity Walkathon, Flag Day, “Hike for Health” The 1st Hong Kong Psychiatric Rehabilitation Organizations Hiking Competition, International Chefs Day, and the 6th Social Inclusion Singing Contest in Tuen Mun and Yuen Long District. We were also honoured to have The Most Rev. John Tong Hon, Bishop of the Catholic Diocese of Hong Kong; Rev. Pierre Lam Minh, MEP, VG; Mr. Cheung Kin Chung, Matthew, GBS, JP, Secretary for Labour and Welfare; Mr. Tang Kwok Wai, Paul, JP, Permanent Secretary for Labour and Welfare;
Mrs. Cecilia Yuen, Assistant Director (Rehabilitation and Medical Social Services), Social Welfare Department; Ms. Mar Yuet Har, BBS, MH, Chairman of the Southern District Council and Mr. Chung Kin Man, MH, Hong Kong Mountaineering Expert to be officiating guests for these events.

**Enhancing Multi-disciplinary Collaboration**

It is our deep conviction that forging partnership with organizations from different sectors and the business community to launch suitable programmes for persons with disabilities will facilitate the promotion of social inclusion and provide greater opportunities for development. This year, we have nominated 49 commercial corporations, social organizations and chambers of commerce that are worthy of the “Caring Company” and “Caring Organization” logo granted by The Hong Kong Council of Social Service. The unfailing support from organizations of different backgrounds as well as multi-disciplinary collaboration help optimize our service and gear towards the goal of building a social inclusive society.

**Heartfelt Thanks**

We are also grateful to many organizations and individuals who supported our service, programmes and new initiatives in the past year. These include Labour and Welfare Bureau, Social Welfare Department, The Keswick Foundation, The Hong Kong Jockey Club Charities Trust, Lotteries Fund, Drs. Richard Charles and Esther Yewpick Lee Charitable Foundation, Capital Lake Property Ltd, The UPS Foundation, Chow Mun Sum Tong Foundation Limited, S K Yee Medical Foundation, Queen Elizabeth Foundation for the Mentally Handicapped, The Ohel Leah Synagogue Charity, AEON Stores (Hong Kong) Co. Limited, The Bank of East Asia, The G2000 Group, The Hongkong Bank Foundation, United Italian Corp (HK) Ltd., The Board of Management of the Chinese Permanent Cemeteries, Gap International Sourcing (Holdings) Ltd, Savills (Hong Kong) Limited, Occupational Safety and Health Council, Goodman Asia Limited, The Hong Kong Chefs Association and Mr. Chiang Chi Hin (Siu Hak), illustrator. We are also grateful to all other public agencies and companies that have helped promote our services included New Media Group, Apple Daily, Hong Kong Economic Journal, Hong Kong Economic Times, Sing Pao Daily News, TVB Weekly, Radio Television Hong Kong, ATV, The MTR Corporation, Hong Kong Housing Society, Hong Kong Housing Authority, properties management companies, transport companies and many others who preferred to remain anonymous, but their deed will always be appreciated.
I would like to take this opportunity to extend my heartfelt gratitude to Mrs. Eleanor P.H. Lam, Chairman of the Council, for her excellent leadership. With cooperation and professional guidance from the Council members and team effort from the Business Development and General Services Committee and the Investment & Finance Committee chaired by Mr. Kevin K.W. Yuen, the Management Committee, the Admission Board and the Tender Board chaired by Mr. Stephen S.Y. Chan, the Human Resources Committee chaired by Ms. Frances Y.S. Ip, the Advisory Committee on Community Psychiatric Services chaired by Dr. Michael M.C. Wong, the Advisory Committee on Services for Persons with Autism chaired by Dr. Kenneth K.F. Sin, the Building Development and Maintenance Committee chaired by Mr. Pele T.M. Chan, the Marketing and Public Relations Committee chaired by Mr. John C.L. Lee, the Research Committee chaired by Dr. Jenny M.C. Hui Lo, the Exchange Programme Committee chaired by Fr. Giosuè G. Bonzi, PIME, the Casa Famiglia Management Committee chaired by Dr. Eria P.Y. Li as well as members of the Audit Committee, we are able to continue our provision of quality services to persons with disabilities.

Thank you once again for all your support to Fu Hong Society.

Ip Yan Ming
President
Chairman’s Report

In the year 2009/10, we have overcome many challenges including the H1N1 swine flu. On the other hand, we have also made many achievements in various targets as set out in the strategic agenda. Our achievements could be summarized as follows:

1. For response to service gap, we have made at least seven achievements

Hin Dip Centre

Hin Dip Centre, being re-engineered from Development and Support Centre for Persons with Autism to cover all age groups with autism and/or other developmental disabilities, was set up with effect from 1 June 2009. In response to the great demand from parents, and in collaboration with some kindergartens, the centre provided assessment and training for children with developmental disabilities. The programme was very well received by both parents and the kindergartens.

District Support Centre

We have started the first District Support Centre in Tin Shiu Wai District with the provision of centre premises in Hong Kong. The centre provides multi-disciplinary community-based support to persons with disabilities and their families. We were honoured to have Mr. Cheung Kin Chung, Matthew, GBS, JP, Secretary for Labour and Welfare and The Most Reverend John Tong Hon, Bishop of the Catholic Diocese of Hong Kong to officiate and bless during the opening ceremony of the Centre on 8 May 2010.

Integrated Community Centre for Mental Wellness

With our accumulated experience in psychiatric service since 1997, our Society has been successful for being allocated to start a new Integrated Community Centre to provide Mental Wellness services in Hong Kong Central and part of Hong Kong South Districts. It is our aim to further our close collaboration with the medical professionals in the district to strive for mental wellness for needed members in the community.

Madam Hong’s Bakery

We have introduced a new brand: Madam Hong’s Bakery, for our cookies produced by our workmates in Ngai Shing Workshop. With the support of The
UPS Foundation and the Partnership Fund for the Disadvantaged, Madam Hong’s Bakery opened in December 2009 with a new production line to meet the different interests and strengths of our workmates with disabilities. The public response is very encouraging and we have customers from Hong Kong Convention and Exhibition Centre, cafe, churches, schools, Government Departments and business companies.

**Joyful Corner**

In September 2009, we opened the 4th co-operative shop at Joyful Corner which is located near our Head Office. Having obtained the Light Refreshment Restaurant License, we have now started selling coffee & tea, Madam Hong’s cookies as well as other light refreshments. The shop gives good opportunities to persons with disabilities to work, communicate and meet the general public.

**Radiance Casa Famiglia**

Since 1997, Casa Famiglia are set up to provide a home with warm and family environment to persons with intellectual disabilities. They are self-financed, and recurrent cost for Casa Famiglia Encounter, Concordia and Splendor was mainly supported with funds from The Hong Kong Jockey Club Charities Trust. The 4th Casa Famiglia: Radiance opened on 29 May 2009, however, no funds had been provided for, hence we have launched a “Casa Famiglia Sponsorship Programme” to solicit assistance from members of the public to support those family members who are unable to pay the full amount of the basic expenses.

**Aging of our Service Users**

We have formed a Working Group on Aging for Persons with Intellectual Disabilities this year. A general study was conducted for 946 concerned service users and we found that all of them encountered different health, psycho-social and caring problems. In response, we have mobilized our multi-professional collaboration to develop suitable care plans and activities for them. Moreover, we have also applied the Queen Elizabeth Foundation for the Mentally Handicapped under the new Scheme to Support Aged Persons with Intellectual Disability for projects to improve their quality of life.

2. **Enabling persons with disabilities to achieve maximum independence and become fully integrated members of the community**

Our Adult Training Centres provide training programmes in community
setting and organize social inclusion activities to integrate persons with and without disabilities in the community. Apart from daily programmes, we have outstanding social inclusion events during the year including annual “Best Buddies Hong Kong” Movement Electric Cooking Competition and annual Karaoke cum Talent Contest for persons with disabilities that successfully attracted hundreds of community members to buddy with persons with disabilities for cooking and talent show. With the support of Queen Elizabeth Foundation for the Mentally Handicapped, we have also launched the “Intelligent Care Project” for students of secondary schools in order to promote social inclusion concept and to better their understanding of our persons with intellectual disabilities. The programme package and the resource materials will be used to produce a training kit for the sector under the support of Social Work Training Fund.

We have started the first hiking competition “Hike for Health” for organizations providing psychiatric services on 31 January 2010. The hiking journey gave participants a new experience in hiking and physical exercise with new confidence being built up. With the encouraging positive outcome, this would be made a biennial event.

3. Partnership with care-givers

It is our belief that collaboration with care-givers and parents will benefit our service users. We have involved parents / care-givers in concerned service users’ case conference and individual rehabilitation and development plan, as well as in Society level management. In the year under review, Fu Hong Parents’ Association has joined the social welfare sector to voice out the needs of persons with disabilities, in particular, residential service.

4. Enhancing client management and service efficiency through IT systems

The Society has developed a Case Management System to enable different professionals concerned to get updated information of our service users and to enhance communication among themselves for timely intervention and in working together to help the users. The workshops have also developed an e-Business Management System to optimize operation and manpower efficiency. Other systems under preparation include the restructuring of Bulk Purchase System of Business Improvement Projects and Donation and Membership System.
5. Enhancing competence of staff members

We have invited a consultant to provide a series of training to our management staff as well as our frontline staff in the past year. They included team building workshops, 360 degree feedback for each management staff and coaching workshops. We also sponsored staff members to attend Enrolled Nurse courses. We have organized a Seminar on Autism Service cum Experience Sharing Session – China, Hong Kong, Taiwan and Singapore on 1 April 2009 and under our encouragement, a number of staff made presentations in the 2010 Joint World Conference on Social Work and Social Development: The Agenda and an annual regional conference on intellectual disability service in 2010.

6. Enhancing staff relations

The management has adopted an open and transparent policy which increases the sense of belonging of staff to the Society. In formulating the Business Plan for 2010/11, we have held a staff convention and a follow up discussion session involving all professionals and management staff to contribute their views. Executive Director held annual meeting with all staff and five focus groups with staff to enhance mutual communication.

Apart from the above, in view of the close linkage between Hong Kong and other parts of China, we continued to conduct exchange programmes with our China counterparts. Participants of “Best Buddies Hong Kong” Movement visited Guangzhou to introduce Best Buddies movement in March 2010. We have also continued our consultancy service to Fu Hong Society of Macau on psychiatric service and community support service for persons with intellectual disabilities.

Our Society is committed to continuous improvement. We have introduced five “Core Values” to motivate our staff, namely, Care and Respect, Professional Spirit, Synergy, Pro-Activeness and Continuous Improvement. To award quality staff members upholding our five “Core Values”, we have held the 2nd “Good Staff and Good Event Recognition Scheme”. The award winners were selected by parents adjudicators followed by general election by all staff. We continued to improve measures to enhance occupational safety. Our staff was the champion of an open Safety Quiz 2009 organized by Occupational Safety and Health Council. We also continued the implementation of 5S in all
service units. Sharing sessions on good practice of 5S in store room, nursing room, kitchen and office were held. On employment of persons with disabilities, our Society was awarded by the “Recognition of the 18 Districts Caring Employers” Programme jointly organized by Hong Kong Joint Council for People with Disabilities, Hong Kong Council of Social Service, Labour and Welfare Bureau, Rehabilitation Advisory Committee and the 18 District Councils.

Finally, let me give a special thanks to our President, Dr Ip Yan Ming, JP, also, my sincere thanks to all members of the Council and the committees, staff members, parents of service users and other stakeholders. Without your support, our Society would not have made such achievements. Our pledge is to continue our dedication and commitment to providing quality service to the needy and striving for a caring community in Hong Kong.

Eleanor Lam
Chairman
Day Training Services

Vision
The 13 Day Training Centres of Fu Hong Society devote their effort to broaden the scope of life experience, positive behaviour, social inclusion, artistic development and important skills learning for adults with intellectual disabilities, enabling them to grow through diversified life experience and training towards a fruitful life.

Achievements and Development
Life Experience Interactive Training (LEIT)
Emphasized on effective learning models, diversified activities, a teaching approach and environment that encourage positive interaction, the LEIT conducted by our Day Training Centres enables service users to develop their talents through the joyful experience of learning and a person-centred rehabilitation and development service. The LEIT outcome measurement indicated that the service users’ performance scores in “Multi-dimensional Interactive Behaviours” have increased from 29.2 in 2006 to 30.8 in 2009 (Maximum score is 45). The positive results reflect the continuous improvement of service users’ positive social behaviours which are beneficial to their integration into society.

Sunrise Programme and Self-image Development Programme for Persons with Intellectual Disabilities
In response to the LEIT, our Day Training Centres have launched the Sunrise Programme and Self-image Development Programme for Persons with Intellectual Disabilities since 2008. By arousing cheerful learning sentiments during the mornings, the activities under Sunrise Programme motivates service users to get involved in their daily routines as well as forging healthy interpersonal relationship. Through participation in interactive activities and games, the Self-image Development Programme for Persons with Intellectual Disabilities facilitates service users to better understand themselves, and proper appearance with matched apparel which are helpful to enhance their self-image and integration into society. Our Society plans to organize a large scale appearance and apparel catwalk contest in early 2011, with the aim to arouse public concern in promoting the self-image of persons with intellectual disabilities as well as enhancing social inclusion.
**Intensive Interactive Training**

Adopted by many special schools, the Intensive Interactive Training is a practical teaching approach which helps students with intellectual disabilities that have learning disabilities, or difficulties or unwillingness to communicate with others and participate in any kind of social activities. In 2009, we conducted a pilot study at Sheung Li Uk Adult Training Centre to examine the effect of Intensive Interactive Training on improving the social behaviour, communication skills and challenging behaviour of adults with severe intellectual disabilities and/or with autism. The results were most encouraging and released at the Sixth Chinese Regional Conference on Mental Handicap Service. The second phase of the pilot study will commence in 2011-12 with focuses on participation from more day training centres and further advancement in Intensive Interactive Training.

**Multimedia-assisted Training**

Combining information technology and training service development, our Society continues to launch the Multimedia-assisted Training as a training media at the Day Training Centres. With the attendance of more than 100 staff, two training workshops were organized to enhance the instructors' skills in producing and applying the training modules. 84 training module templates covering the various quality of life areas have been uploaded to the training modules database sharing platform on our intranet, for staff’s download and use as training materials. Effort will be directed to further improve the functions of the sharing platform as well as the training module templates in order to facilitate staff’s download and application.

**Arts with Persons with Disabilities**

By incorporating arts with persons with disabilities into daily training activities, such as trainings in percussion, visual arts, physical dance and theatre, we have broadened the life experience and perspective of service users and self-expression through the arts. With continual support from the "Creativity to Independence” Training Programme of the Arts with the Disabled Association Hong Kong, artists are commissioned to offer guidance on the development of arts with persons with disabilities and staff training for our Day Training Centres. Meanwhile, the “Inclusive Mural Painting” Programme, an activity based on the theme of “happiness and inclusion”, was organized on 13 March 2010, and the mural painting of the collective creation of our service users with intellectual disabilities is exhibited at Joyful Corner. Such experience...
of effecting exchange and inclusion between persons with intellectual disabilities and the members of the community through "arts with persons with disabilities" was also shared at the Sixth Chinese Regional Conference on Mental Handicap Service. As a driving force to promote the development of arts with persons with disabilities and service users' interest in this respect, we will continue our effort to organize thematic art exhibitions or performances that exhibit the artistic talents and creative potentials of persons with intellectual disabilities.
Residential Services

Vision
Our 22 hostels pledge to offer a safe and comfortable quality living environment for the service users, and seek for continuous improvement and the promotion of their quality of life.

Achievements and Development
Parents’ Satisfaction Survey
With our staff’s persistent effort to enhance the quality of service for our service users, the parents’ satisfaction survey has reached a high rating of 98.7% in the past year. We take pride in having these positive and encouraging results.

“One-Person-One-Dream” Programme
To enable service users to acquire new life experiences and enhance their quality of life, most of our hostels continued to help service users to realize their “One-Person-One-Dream” Programme in the last year.

Concern about Service users’ Aging Problem
Quite a number of the service users in our five care and attention homes are over 60 years old, and others in our hostels are also experiencing deteriorated health problems which require intensive care increasingly. In response, a Working Group on Aging has been formed by our Society to study on this matter and offer relevant recommendations.

5-S Practice
The practice of 5-S Management System has been continuing at our hostels throughout the year, with the aim to enhance environmental safety, sanitation and cultivate staff’s self-discipline. To enhance the quality of training, the HK 5-S Association was again invited to conduct the Green Belt Foundation Course for our staff. In addition, 5-S Working Groups are formed to help foster a culture of continuous improvement among hostels, enable effective operation and follow-up, and carry out regular reviews.

Service units in Tsuen Kwai and Sham Shui Po district had conducted the 5-S Practice internal assessment in January 2010. An agency-wide sharing session was also organized in March 2010 to provide a platform for exchange and mutual learning among service units.
Promotion of “Safe and Healthy Homes”

A sharing session, conducted by staff who had attended the ISO 22000 Food Safety Management System Training, was held among all staff to discuss and work out suggestions on how to improve the flow of our services as well as food hygiene and occupational safety. Father Tapella Home participated in the “Hong Kong Safe and Healthy Residential Care Home Accreditation Scheme”, through effective risk management and monitoring measures, strived to provide staff with a safe and quality work environment that helps reduce work accidents, and attain the ultimate goal of a safe and healthy home. In addition, infection control measures are also adopted to prevent the spread of human swine flu and provide greater protection for our service users.

In an attempt to promote staff safety awareness, our Society continued to organize the Safety Quiz and encourage staff to participate in the annual competition co-organized by the Occupational Safety & Health Council (OSHC) and Labour Department. We were delighted with the success of our “Fu Hong Safety Pioneers Team” which won the championship of the Corporate & Trade Union Category in last year’s Safety Quiz Final held on 13 September 2009. The success signified the team spirit and united effort of our staff.

Practice Wisdom Working Manual for Hostel

The revision of the first edition of our “Practice Wisdom Working Manual for Hostel” was completed in mid-2009 with the second edition ready for publication in September that year. The new edition is enriched with our wardens’ experience sharing and updated knowledge for practice. It serves as a practical guide for hostels and also enables valuable experience to be transferred.

Looking Ahead

Effective measures including infectious diseases management, 5-S practice, and food safety management will be adopted by all our hostels to ensure a healthy, comfortable and safe environment for our service users and staff. Moreover, staff training relating to the aging problem of our service users will also be planned and organized. We will continue sending staff to participate in the Safety Quiz organized annually by the OSHC and Labour Department, in the hope to strengthen staff’s safety awareness and reduce the incidence of work injury.

Last but not least, constant review of the work flow and operation of our hostels, their facilities, manpower provision and use of space will also be conducted to facilitate the future development of our services.
Casa Famiglia

Vision
To enable members of the community to appreciate the simple and kind-hearted nature of persons with intellectual disabilities through daily contacts and interaction with them as well as the provision of a happy family life, it is hoped that full social integration will be achieved through enhanced public understanding and acceptance of persons with intellectual disabilities.

Achievements

Generation of warmth
To increase the diversity of life experience for members with intellectual disabilities and strengthen the relationship among Casa Famiglias, we had specially arranged a series of joint family activities, including a Festival Showcasing Arts with Persons with Disabilities, Visit to the Noah’s Ark and Charity Walkathon etc.

Worthy of note is the “Sing Along” karaoke programme held in early 2010. Members from our four Casa Famiglias gathered together and threw themselves into the joy of singing and dancing, cheering for one another and realizing the spirit of unity among the Casa Famiglias which further proved the ability of members with intellectual disabilities to enjoy leisure activities just like all of us.

Actualization of potentials
Throughout the years, our Casa Famiglias have joined hands with organizations in the community to carry out an array of programmes. During the past year, we had participated in a Sports Day organized by the Focolare Movement and the Catholic Diocese’s Christmas Gathering for persons with disabilities.

It was impressive for our family members, Yuet Lin and Siu Har, serving as members of the Organizing Committee for “The 3rd Hong Kong Conference for People with Intellectual Challenged”. It was the first time that Yuet Lin took part in organizing work while Siu Har acted as MC at the Closing Ceremony.

Social inclusion
As our long time friends, members of St. Benedict Church have developed
the tradition to organize annual social gatherings for our family members. This year, collaborating with Caritas Dr. and Mrs. Olinto de Sousa Integrated Family Service Centre, they had jointly organized a parent-child activity. Also, the support from regular friends has enabled members of the community to better understand Casa Famiglia and helped in the realization of the spirit of social inclusion.

**Professional training**

A training officer was hired this year to provide guidance to housemothers in their daily work; and various kinds of training course were also offered to enhance their service aptitudes and skills to our family members. The content of the training courses covered basic attitude in serving persons with intellectual disabilities, management of emotional behaviour, first-aid course, building interpersonal relationship and communication skills.

**Looking ahead**

While enhancing our professional training is an essential step to upgrade our quality of service, what is more important is the promotion of fundamental beliefs and vision, to demonstrate the potentials of members with intellectual disabilities in interacting and exchanging with members of the community through different ways of involvement in daily life!

*Casa Famiglia Encounter, Concordia and Splendor are sponsored in part by the “Hong Kong Jockey Club Community Project Grant” under the Hong Kong Jockey Club Charities Trust, while Casa Famiglia Radiance is supported by donations from members of the community and the Sponsorship Programme.*
Community Support Services

Vision
To cultivate diversified potentials, relieve the burden of caring, strengthen resources networks and develop a caring community.

Service Highlights
In order to relieve the burden of families taking care of persons with disabilities, enhance their caring capacities, help persons with disabilities integrate into community life and receive a greater variety of support service, our Society strives to offer support services at different service units based on the unique needs and circumstances of each district. Examples of such include the initiation of district support services to persons with disabilities living in Tin Shui Wai in 2009; offering respite service at residential service units of different districts; and respite day care service at various day training centres; a number of these centres have also provided attachment programme for would-be graduates of special schools. The aim is to provide diversified support services to meet the needs of persons with disabilities.

Achievements and Development
As the first district support centre that possesses its own venue, our Tin Shui Wai District Support Centre opened at Tin Chak Estate, Tin Shui Wai on 8 February 2010. The Centre has attracted a membership of 276 as of 31 March 2010, most of these members are living in Tin Shui Wai.

Formally open to the public, any persons with disabilities is welcome to use the drop-in service during the opening hours of the District Support Centre. Serving as a “contact point”, the Centre hopes not only to gather together all our service users and provide one-stop service and information, but also to increase their chance of interaction for nurturing a mutually supportive relationship. Moreover, having a stable venue also enables our service users to receive service in a better environment, and the installation of appropriate equipment for treatment service and needs.

The quarterly newsletter of “Beautiful Life School” published by the District Support Centre serves as an important channel for communication with the service users. Details about interest class, indoor and outdoor activities, group training, parents talk and programmes as well as volunteer activities in the
coming seasons are all listed in the newsletter which facilitates service users to enroll and take part in.

To assemble community resources and building a caring and inclusive neighbourhood, a community support project entitled “Joy in Tin Shui Wai”, receiving a sum of $39,000 from the Queen Elizabeth Foundation for the Mentally Handicapped, was launched by the Tin Shui Wai District Support Centre in December 2009. The Project aims to advocate community inclusion, help people to help themselves, and bring “optimism” into Tin Shui Wai for the establishment of a harmonious community.
Community Psychiatric Rehabilitation Services

Vision
To offer diversified training and activities for building up self-confidence; infill hope through continuous encouragement; and render company on the road to rehabilitation with extended support.

Halfway House
Achievements and Development

“Integrative Sports Group” – training up body and soul to enhance self-confidence

Integrative Sports groups have been formed in the past few years to provide diversified activities including hiking, ping pong, badminton, swimming, jogging and camping for persons with psychiatric disabilities, the aims of which are to improve their physical and psychological health as well as promoting self-confidence through participation. Last year, with great encouragement and support, our service users had taken part in numerous open competitions and attained outstanding results. While our Football Team won the second runner-up at the Hong Kong Football Rehabilitation Cup; five of our service users completed the Standard Chartered Hong Kong Marathon 10km Run with extraordinary strengths. The most important however, is the enhancement of service users’ self-efficacy and self-confidence through sports and exercises.

“Hike for Health” – The 1st Hong Kong Psychiatric Rehabilitation Organizations Hiking Competition

With sponsorship from the Health Care and Promotion Fund of Food and Health Bureau and other organizations, “Hike for Health” – The 1st Hong Kong Psychiatric Rehabilitation Organizations Hiking Competition was held on 31 January 2010. Generous support was given to the event from other psychiatric rehabilitation organizations with participation from a total of 113 teams near 400 participants. Over 95% of the participants were satisfied with their involvement and willing to take part again in such kind of hiking activity, reflecting the meaning and significance of the event.

Working with Families
Continuous encouragement, concern and support from families are vital to the rehabilitation of persons with psychiatric disabilities. To facilitate their communication and understanding with families, we had organized three
workshops last year on topics related to mental health with specific focus on drug treatment, employment and social interaction.

Staff Training

To equip staff and enhance quality of service, we had conducted a workshop on “Emergency Handling of Mental Illnesses” last year and invited social workers from other service units of our Society to share their practical experience.

For persons with psychiatric disabilities, not only is their road to rehabilitation long and far, it is also full of challenges. Despite the long distance, with good confidence and perseverance, hope is always not far away. Looking ahead, we will continue our effort in providing diversified activities to broaden service users’ life scope, encourage them to develop self-understanding and explore the meaning and fun of living. Moreover, we also value the cultivation of positive psychology and promotion of users’ self-efficacy, learning perseverance and patience as well as overcoming difficulties on the rugged road of rehabilitation to achieve a more fruitful and meaningful life.

Community Psychiatric Support Services

Achievements and Development

Service Development in response to Community Needs

In order to care for the needs of persons who suffer from mood disorders and depression, we had launched the “Blissful Club” – an one-year experimental project between April 2009 and March 2010. The Club aims to “promote happiness and render continuous support” and builds on the theory of “Positive Psychology”. By employing a series of group work approach, community education programmes and case follow-up, it offers the above target group and our community partners (including schools, local organizations and families) effective preventive and developmental services.

“The Link Club” – Service Users’ Self-determination and Participation

Being the focal point of our Community Psychiatric Support Services, the “Link Club” provides opportunities for its members to join force and organize activities, through which to develop their potentials and enhance their rights to self-determination and participation as well as achieving the goal of helping others to help themselves. Last year, 20 service users joined the “Link Club” as members. Regular monthly meetings were held and members had successfully
organized three birthday parties for other service users who responded with positive appraisal and support. The positive feedback enabled members to assure themselves and gave them the chance to put their own opinion into practice and experience success.

*Promotion of Mental Health to the Community*

Five community education programmes and workshop targeted at families, elderly and secondary students in the community were launched during the trial period of the “Blissful Club”. Aiming to promote mental health and positive psychology, the events had attracted more than 1,300 participants with positive response.

The Government has planned to set up the community-based “Integrated Community Centre for Mental Wellness” in all the 18 districts of Hong Kong in October 2010, Fu Hong Society will operate this service named “Sunrise Centre” serving people in part of Southern District and the Central District in Hong Kong Island of the same time. If to help persons with psychiatric disabilities integrate into community life is our goal, then we need a well thought-out plan. Apart from timely professional help, informal networks such as families, friends, neighbours, volunteers and self-help groups are also important components that need to be recognized and strengthened.
Vocational Rehabilitation and Development Services

Vision

Comprising workshop service, supported employment and social enterprise business, our Vocational Rehabilitation and Development Services provide one-stop work habit, vocational and social skills training for persons with disabilities. Moreover, pre-employment training, job matching, on the job supervision and continuous support are also rendered for those with potentials and who opt for open employment, with the aim to encourage continuous development and exhibition of talents among persons with disabilities and broaden their choices.

Achievements and Development

Workshop Service

Vocational skills training, including assembling and packaging, elementary printing, car beauty service, cleaning, video shooting and multimedia production, retail service, laundry, air sterilization and pest control, is rendered by the three workshops of Fu Hong Society for persons with disabilities. Through staff's concerted effort and effective business strategies, we have earned a total of $2.63 million income similar to last year. With support from The UPS Foundation and Partnership Fund for the Disadvantaged, our Ngai Shing Workshop was granted a bakery license and opened the “Madam Hong’s Bakery” in December 2009. The supreme quality of the cookies produced by the Bakery had generated an average monthly turnover of near $20,000 during the first four months. Our Workshops will continue their attempts to develop new job types in line with the trend of the employment market. Meanwhile, the workshops are also committed to provision of workplaces with occupational health and safety. To this end, Kwai Hing Vocational Development Centre has installed an air purifying system and attained “excellent class” under the Indoor Air Quality Certification Scheme (IAQ), which are useful in enhancing the competitiveness of our workshops for job orders requiring clean workplace. Moreover, efforts are also made to strengthen logistics management in order to cope with more and increasingly complex types of work.

To further enhance operation efficiency and accuracy of business data, our workshops have introduced the Electronic Business Management System (eBMS) to reduce manual processes. Projected for full implementation in 2010-2011, the scope of eBMS application will include: calculation of training
allowance for service users, customer management, quotation and settlement etc.

Supported Employment and On the Job Training Programme for Persons with Disabilities

Through active service promotion and enhancing the work motivation and competency of persons with disabilities, coupled with the generous support from employers, in the past year, our Supported Employment and On the Job Training Programme had assisted 25 persons with disabilities for successful open employment without the need for continuous support, amounting to 17% of our total number of service users. There are also five new companies joining our employer network.

Developing the social skills and circle of persons with disabilities is also a major concern of our Vocational Rehabilitation and Development Services. The social club house set up at the workshop provides a relaxing and cozy environment enabling persons with disabilities to enjoy using the leisure facilities and participate in group activities. Regular tea gatherings are also held between instructors and persons with disabilities to facilitate communication and render support according to individual needs.

Social Enterprise

Established by Fu Hong Society, Hong Yung Services Limited (Hong Yung) runs service contracts on cleaning, pest control and retail stores through which training, practice and employment opportunities are offered for service users of our Workshops and Supported Employment. Hong Yung presently hires 64 employees including 45 persons with disabilities. Apart from individual customers and non-government organizations, Hong Yung also undertakes service contracts from public institutions such as Hospital Authority, The University of Hong Kong and Hong Kong Housing Authority. Based on its rich experience in running Co-op Shop, Hong Yung has taken up the operation of Fu Hong Society Co-op Shop located at Joyful Corner since September 2009. Moreover, it was also granted a Light Refreshment Restaurant License in May 2010 which offers persons with disabilities the opportunity to practice and work at refreshment and retail store in the community. By strengthening the operation management of its various kinds of business, Hong Yung works hard to ensure efficiency and quality, improve market competitiveness and sustainable development, and provide more training, practicing and employment opportunities for persons with disabilities.
Services for Persons with Autism

To concern about autism and stand by persons with autism in the spirit of “Hin Dip”

In response to the “World Autism Awareness Day”, a “Seminar on Autism Service cum Experience Sharing Session – China, Hong Kong, Taiwan and Singapore” was organized by our Society on 1 April 2009 that provided a platform for the sector, parents and service users to examine and share about related services in the above four regions. More than 70% of the participants expressed an increase in awareness of autism after the Seminar. Also, the Working Group on Autism Service of our Society resolved to compile the speeches of the speakers at the Seminar into a set of “Learning Package on Autism” for internal training use. Bearing the goal to provide training for all our 600 frontline staff within three years, our Society has been actively deliberating on conducting a “Foundation Certificate Course in Rehabilitation Service (Autism)”.

Presently, Shan King Adult Training Centre maintains two “TEACCH” classes of 15 service users in total. Not only do these classes employ structural teaching approach specially catered for service users with autism, they also offer activities building on the concept of “Life Experience Interactive Training” that enhance learning effectiveness and broaden life experience of service users with autism.

Hin Dip Centre

A self-financed Centre specialized in training for persons with autism and developmental disabilities. Based on the concept of “professional intervention to guide growth and development” and a “family-based and integrated into life” approach, it helps stimulate their potentials and enables them to express the butterfly-like beauty of life.

Specializing in individual and group therapy, workshop, certificate course and seminar, Hin Dip Centre provided diversified services for over 200 service users, parents and field workers in the year that past. According to the service users’ opinion survey results (1 stands for very dissatisfied, 6 stands for very satisfied), the average score for the degree of satisfaction towards individual and group therapy was above 5. The score reflects the recognition and identification of the respondents towards our Centre’s service. It also drives us
to continue our effort to promote the quality of service and broaden its scope and provision to those in need.

Apart from that, diversification in service has also become the trend of Hin Dip Centre. In clinical service, we keep updating and systematizing the strategies of home-based training as well as employing new treatment techniques. In training service, based on our knowledge and experience in sensory integration therapy, we have conducted a certificate course on sensory integration hoping to draw public attention to the impact of sensory integration disorders on the life of persons with autism, learning how to respect their needs and cater for adaptation and training. Recently, with support from the Fu Hong Development Fund for Persons with Disabilities, we have launched the Children Development Support Initiative which directs the outreach of Centre service into the community, facilitates children with autism or developmental disorders in kindergartens and nurseries to receive early support and training, enhances their quality of life and relieves the pressure and burden of family in caring for them.

Looking ahead, besides continuing the development in diversified strategies of therapy training to enhance the quality of treatment and home-based training, based on the integration of experience and knowledge, we will also launch an array of certificate courses that facilitate systematic and comprehensive understanding of the needs of persons with autism, helping the latter to achieve physical and psychological well-being. Furthermore, effort will be directed to expand the support services for kindergartens and nurseries in order to enable more children to receive prompt and matched training.
“Best Buddies Hong Kong” Movement

Background

Established in 1989 by Mr. Anthony Kennedy Shriver, a member of the Kennedy Family in the United States, during his studies at the Georgetown University, the Best Buddies is an international friendship movement that aims to cultivate one-to-one friendship between persons with intellectual disabilities and students/general public through direct contact, enhance the quality of life and provide equal opportunities to participate for persons with intellectual disabilities as well as promoting social inclusion. Currently, there are 1,300 middle schools, high schools and colleges among 46 countries and regions worldwide that have set up Best Buddies school chapters with 250,000 beneficiaries annually. Starting from the launch of “Best Buddies Hong Kong” Movement in 2004, we are by far having the greatest number of school chapters set up in Asia.

Service Highlights

Entering its sixth year, the “Best Buddies Hong Kong” Movement is grateful to the Drs. Richard Charles and Esther Yewpick Lee Charitable Foundation, Queen Elizabeth Foundation for the Mentally Handicapped, CLP Power Hong Kong Ltd, Social Work Training Fund, Shamshuipo District Council, Tsuen Wan District Council and numerous commercial organizations, the generous support of whom has led to the success of a host of social inclusion programmes and activities. Some of the major programmes include Exchange Tour to Guangzhou, The 6th “Best Buddies Hong Kong” Movement Electric Cooking Competition, US Student Leadership Conference, Best Buddies International Staff Leadership Conference, “Best Buddies in Shamshuipo – Building of Happy and Harmonious Family” Colour Filling and Photo Competition, and “Intelligent Care Project”.

Achievements

As an initiative to cater for the changes in the new senior secondary academic structure, the “Best Buddies Hong Kong” Movement offers students other learning experiences through the “Intelligent Care Project”. In the year that past, students and persons with intellectual disabilities jointly participated in a great variety of exciting programmes that mobilized both students and teachers to promote social inclusion. Moreover, students’ understanding about persons with intellectual disabilities and rehabilitation service has also
increased alongside with the forging of an one-to-one friendship.

Looking Ahead

Continual effort will be devoted to motivate more students to take part in the “Best Buddies Hong Kong” Movement. In March 2010, we were on an exchange tour to Guangzhou where experience was shared with the youth volunteers there. Encouraged by the great interest demonstrated by the Guangzhou Disabled Persons’ Federation and many local organizations in the Best Buddies Movement, we hope to promote the spirit and practice of this one-to-one friendship movement to organizations in mainland China.

“Best Buddies Hong Kong” Movement Advisors

We are grateful to the enthusiastic support from all sectors of the society to the “Best Buddies Hong Kong” Movement, especially for their valuable suggestions and serving as advisors to the Movement. The Advisors include:

Mr. Sui Wai Keung, Stephen, Commissioner for Rehabilitation
Dr. Cheung Kwok Wah, Principal Assistant Secretary (Curriculum Development), Education Bureau
Dr. Chau Wai Lap, Albert, Dean of Student Affairs, The University of Hong Kong
Prof. Ngai Ngan Pun, Head of Graduate Division, Department of Social Work, The Chinese University of Hong Kong
Prof. Frank Fu., MH, JP, Associate Vice-President (Special Projects), Hong Kong Baptist University
Mr. Tsang Shu Ming, Senior Lecturer, Department of Social Work, Hong Kong Shue Yan University
Dr. Sin Kuen Fung, Kenneth, Director, Centre for Special Needs & Studies in Inclusive Education, The Hong Kong Institute of Education
Mr. Luke Wong, Director (Youth & Volunteer), Hong Kong Red Cross
Dr. Kwok Kin Fun, Joseph, JP
Social Work Service

Vision
Building on social work values, beliefs and principles, and employing appropriate intervention models and community resources to enhance inter-disciplinary collaboration, the needs of service users and their families are fulfilled and their rights as citizens are fully exercised.

Achievements and Development
Social workers are pioneers in employing the Case Management System to achieve systematic record and review of service users’ information, these include intake forms, case recording and case evaluation. Moreover, the “Case Management System” further enables information sharing of service users’ health conditions, medical record, training content and progress among different professionals, facilitating the speedy response to service needs.

In order to strengthen the role and function of the social worker as “case manager” that requires good coordination of various types of resources and service system to meet the needs of the service users and their families, working groups are formed at the social work service meeting to formulate appropriate guidelines and organize related training. Moreover, practical training on “social work case management” will be continued in the coming year.

As the main carers of service users – their parents – gradually grow old, social workers have started to contact service users’ significant others, especially their brothers and sisters, with the hope to brief them on our service and enlist them to take up the carer role, preventing service users from losing family concern because of their aging parents. As a result, strengthening brothers and sisters / younger relatives’ understanding of Fu Hong’s services has become one of the major performance indicators for 2010-2011 business plan.

Despite under the attack of the new influenza last year, it has not diminished the effort made by our social workers to enhance service users’ quality of life and active integration into society. Apart from introducing the “Intelligent Care Project” training kit to meet the needs of the New Academic Structure for Senior Secondary Education and Higher Education and launching social inclusive activities at secondary schools, efforts are also directed to advocate the “Convention on the Rights of Persons with Disabilities”, so as to enable members of the community to better understand the need for education, transportation and barrier-free facilities of persons with disabilities.
Clinical Psychology Services

Vision
To provide clinical psychology services, consultation and staff training based on the needs of service users.

Achievements and Development
Enhance staff training
A series of staff training courses designed according to the requirements of our services were conducted by clinical psychologists, these included behaviour management course and stress management course. In addition, they also provide specialized training seminar for staff to meet the needs of service units. Efforts were also directed by our Society to edit a “Casebook on Behavioural Management” which collected and complied information on the management of different cases of challenging behaviour, such as violence, self-destructive behaviour and solutions for managing behavioural problems of service users with autism, to be used as future reference for service units.

Sex education for persons with intellectual disabilities
Owing to traditional taboo or learning difficulties, sex education for persons with intellectual disabilities is often neglected. It is nevertheless true that this target group also has sex needs and encounters sex-related problems. Sex education groups were therefore conducted by clinical psychologists at the service units to explore such issues, including self-protection, social etiquette, the way to relate with the opposite sex, love and marriage etc. Moreover, clinical psychologists also offered advice for sex education courses organized by the service units, in order to help service users to learn about the proper way to relate with the opposite sex, protect themselves from getting harm and manage sex needs adequately.

Provision of psychology service for persons with autism
Through Hin Dip Centre, clinical psychologists provide diagnosis on autism, intellectual assessment, psychological assessment and render psychotherapy service for people in need.

Formulate policy on behaviour management
The Working Group on Challenging Behaviour of our Society is formulating policy on behaviour management, their attempt helps provide lucid guidelines for service units to handle related problems.
Health Care Services

Vision
To respect the life, dignity and rights of service users. To promote health, prevent diseases, assist rehabilitation and alleviate suffering from illness. To provide holistic client-centred care through evidenced-based nursing practice.

Achievements and Development
Prevention of infectious diseases
The first case of Human Swine Influenza (H1N1) has been confirmed on 1 May 2009 in Hong Kong. Cautioned by the epidemic situation, the “Emergency Response Level” under the Government’s Preparedness Plan for Influenza Pandemic has been activated. Our Health Care Service Team has also quickly responded by holding an urgent meeting and our “High-risked Pathogenic Influenza/Pandemic Influenza Response Guideline” duly revised. Apart from administering strict infection control measures, and intensifying education of staff and family members on infection control, our Team has also actively cooperated with Department of Health in promoting vaccination programmes, which include Seasonal Influenza Vaccination, Pneumococcal Vaccination and Human Swine Influenza Vaccination. Our Team explained to service users, their family members and guardians about the programmes in details so that they may make a proper choice for the service users.

Aging of persons with intellectual disabilities
Owing to the advancement in medicine, nutrition and care service, persons with intellectual disabilities are able to have longer life span, aging becomes a concern of rehabilitation service. Researches indicate that persons with intellectual disabilities start to have signs of degeneration as early as at the age of 40. Apart from chronic diseases of elderly, they are also prone to thyroid disease, obesity, dental and oral diseases, and mental problem such as dementia and depression as well. Persons with Down’s syndrome will contract Alzheimer 20 years earlier than normal people. According to the survey we conducted in August 2010, 61% of the service users in 17 hostels of our Society were at the age of 40 or even older. Signs of degeneration and chronic diseases, resulted from aging, are mounting. Hampered by communication, they experience greater difficulty in expressing their sufferings, and thus, much rely on the close observation and concern of their carers.
With early prevention, early detection and timely treatment as our principle goals, and basing on Dr. Beange’s recommendations to World Health Organization in managing the health issues of persons with intellectual disabilities in 1999, our Health Care Team has formulated a series of health measures, including all our residential service users must have an annual body check by the visiting doctor. Monthly blood pressure checking and yearly measuring of body height will be arranged for those 40 years old or the older. Bone mass checking is recommended every 5 year with Thyroid Function Test included as one of the items for the 5-year regular body check as well; High-calcium skim milk will substitute for full milk as daily supplement. Service users with Down’s Syndrome will be closely monitored for any signs of dementia. Regular assessment on drug effects will be made for those suffering from epilepsy or having multiple drugs regimes so as to remind the doctors to review the treatment plan accordingly. Visiting doctors will be asked to make specialty referrals if uncommon health problems are indicated. Service units will comply to the principle of low-salt, low-sugar, low-oil and high fibre, a healthy diet regime, and avoid constipation. Risk assessments on problems arising from aging will be intensified with appropriate referrals made and necessary facilities installed, for example, hospital beds and bath chairs, so that the impact of illness and disabilities on daily life can be minimized. At the same time, training on frontline staff will also be strengthened to help monitor the changes in service users.

In order to strengthen the knowledge of the nursing profession in caring of aging service users with intellectual disabilities, we have actively collaborated with HKU SPACE to organize the “Foundation Certificate in Caring People with Intellectual disabilities” so as to equip our nursing team to meet the challenges ahead.
Paramedical Services

Serving society’s needs with diversified and matched treatment, and get connected with the world

Our therapists are committed to optimize our service, make reference to world advanced treatment techniques and enhance service users’ quality of life in different aspects.

Aging of service users

The needs of service users change as they age and it is necessary to adjust our strategy, approach and focus of service provision. A working group is subsequently formed to examine the extended impact of aging on service users and to plan ahead. Acting as convener of the working group, our therapist, backing up by a team of therapists, help to collect information and to offer recommendations with the aim to make early preparation and solutions for the aging problem.

Cultivation of Sports Culture

Sports Promotion Group

This year, with the generous $24,750 sponsorship from Apple Daily Charitable Foundation, the second phase “Taekwondo Training Course” was also successfully launched. Over 20 persons with intellectual disabilities from various service units, enrolled in the 16-session training course. Not only did the training strengthen service users’ bodies, but it has also enhanced their self-confidence and concentration as well as enabling them to make new friends.

Exercise Class Menu

By employing different sports designs, the physiotherapists tactfully use a group exercise model to increase the opportunity and abilities of service users to take part in sports, which is effective in delaying their aging process and maintaining weight control. Presently, seven kinds of sports are offered: Sitting Tai Chi, simple maintenance exercise, simple stand-up exercise, healthy energetic exercise, morning group exercise, dynamic sports exercise and basketball team, all of which enable service users to enjoy the fun and benefits that sports and exercise bring.
Vitalstim Therapy

Vitalstim Therapy has been adopted by our therapists to help service users with swallowing difficulties. After undertaking the treatment for a period of time, some service users showed improvement in their swallowing reflex and were able to switch from liquid food to food with a higher concentration. For those who experienced cough problem when taking in food, significant improvement was also noted. Other successful examples included increase in closing of lips and reduction in slobbering. The therapy brings hope to service users who need to rely on nasogastric tube feeding or on liquid food, enabling them to experience the joy and satisfaction of chewing food.

Sensory Integration Therapy

Therapeutic Listening

A study entitled “The effect of therapeutic listening on the ability of persons with intellectual disabilities to manage sensations and improve emotions” was recently conducted by our Sensory Integration Therapy Centre (Chak On). 10 adults with severe intellectual disabilities were invited to take part in a 12-week therapeutic listening and sensory diet training. Continuous improvement was noted among the participants throughout the study period, the occurrence of self-stimulating behaviour such as spinning and constantly taking shoes off was reduced. Moreover, service users' verbal expression had also increased during clinical observation.

Sensory Integration Group

Much welcomed by parents and their children, the 4-session sensory integration group conducted every Saturday at the Sensory Integration Therapy Centre (Chak On) helps children improve in different aspects. As a token of gratitude to the staff, parents have sent thank you cards to the Centre to show their recognition.

Outreaching service

Early this year, outreaching service on sensory integration therapy was offered to the Louis Program Training Centre by Sensory Integration Therapy Centre (Chak On). With the aim to benefit more members in the community, training course for parents on sensory integration therapy as well as group therapy sessions were conducted through the above outreaching service.
Fu Hong Parents’ Association

Consolidate the force of families to speak for persons with disabilities

Formed by parent representatives from different service units, Fu Hong Parents’ Association was formally established on 12 December 2000 with a current membership of more than 400. The Executive Committee is made up of 15 members, elected from the pool of parent representatives, who share the workload with assistance from the social worker. To enhance mutual support among parents of the Association and strive for the welfare and rights of persons with disabilities serve as the goals of the Association.

In good team spirit, the Parents’ Association made frequent visits to the parents’ groups of different service units last year. Through sincere talks with family members, the Association encouraged them to involve in parents activities, maintain collaboration and communication with Fu Hong Society and join hands to pursue better service quality for service users.

Partnership with Fu Hong Society

With a strong emphasis on parents work, a regional manager and eight social workers are specially assigned by the Fu Hong Society to assist the work of each member of the Executive Committee, hoping to enhance their effectiveness in promoting parents work. Apart from that, help is also offered to the executive members in launching different tasks, such as organizing service seminars, exchange with mainland China and recreational activities etc.

Fu Hong Society’s management also treats parents work with great respect and support, and value the chance to discuss and exchange with parents. Two-way communication is maintained through the Executive Director’s presence at meetings of the Executive Committee and consultation of members’ opinion about the services provided by the Society. Moreover, Council members also show their concern by often participation in parents activities. Attended by all parties, the Annual General Meeting of the Parents Association is an occasion where communication and relationship are enhanced, demonstrating the strong partnership between the Society and the parents.

From policy to operation, all-round care and concern

Not only is the quality of the Society’s service a prime focus of the Parents’
Association, its executive members are also very keen to attend Joint Parents’ Meeting of the rehabilitation sector, to understand the concerns of other parents’ organizations, and support the fight for the welfare rights of persons with disabilities in the spirit of shared interests.

Last year, members of the Executive Committee responded to the call of the Joint Parents’ Meeting and mobilized parents from different service units to join the petition at Legislative Council, pleading the Legislative Council members to pay attention and the Government to solve the problem of the inadequate supply of residential homes, and asking for long-term planning in this respect. Moreover, joining force with other parents’ organizations, Fu Hong Parents’ Association has also directly conversed with government officials including Mr. Cheung Kin Chung, Matthew, GBS, JP, Secretary for Labour and Welfare, and Legislative Council members about the severity of the problem. The series of parents’ petitions have successfully led to the setting up of the “Subcommittee on Residential and Community Care Services for Persons with Disabilities and the Elderly” by the Legislative Council Panel on Welfare Services in 2010, a move to show genuine concern to the services for persons with disabilities.

Apart from that, by drafting and submitting parents’ opinion letters regarding the policy on rehabilitation services, such as the response to “Long-term Social Welfare Planning in Hong Kong Consultation Paper”, Fu Hong Parents’ Association is actively communicating parents’ opinion to the authorities.

Visits to mainland rehabilitation units

Since its inception, Fu Hong Parents’ Association has been showing great concern for rehabilitation services in mainland China. Frequent visits are made to rehabilitation units in the mainland for exchange and sharing one another’s experience. Last year, invited by the Ark-Nanjing Special Education Centre, parents of our Executive Committee paid visit to the Centre and conducted training for the parents there. Based on their experience in Hong Kong, our members encouraged the Nanjing parents to unite among themselves and strive for training opportunities for their children with intellectual disabilities. To be proactive about the future and work hard for the support from the Government and society towards the development of rehabilitation service are our advice to the parents in Nanjing.
Towards the 10th Anniversary – to inherit the past and usher in the future

Having had five Executive Committees in office, Fu Hong Parents’ Association has established over 10 years by the end of 2010. Looking back, a foundation has been laid by our predecessors through 10 years of effort and experience, but is it firmly rooted as the parents have hoped?

In the years that come, our parents, without regret and bravely, will continue shouldering the burden of speaking for their children. For our current Executive Committee, not only will they actively involve in exploring the future of parents work, but they have also maintained their role and mission to voice out for persons with disabilities. In the wake of the 10th anniversary, the need to forge stronger partnership, and the urge and petition to fight for more rehabilitation service and resources have already set the stage and pointed the way ahead for the work of the Parents' Association.
Organizational Culture

Realizing Core Values, Mobilizing Good Staff and Good Events, Offering Excellent Services

Culture is the collective achievements of human history. The essence of Fu Hong Society’s organizational culture is embedded in its 30 more years of history which comprises the effort and hard work of the founder and numerous others contributing to today’s success. Formed by a group of like-minded individuals sharing the same ideals and division of labour, the organization is a living organism with its hardware, systems, functions and services experiencing constant growth. In much the same way, our organizational culture will also evolve and continuously improve under collective wisdom and synergy.

Building on a mode of participation from all members (diagram attached), positive changes in organizational culture were implemented in recent years. While steering and support from the Council in carrying out the various tasks is vital, leadership by the management and commitment from all ranks of staff to fulfill the mission are also essential components to achieve the desired outcomes.

After the past few years’ effort, Fu Hong Society has successfully laid down the foundation of caring culture, recognition culture and open culture. Each staff works with infinite love to provide quality service, learning to appreciate and encourage one another, and pursuing continuous improvement. To promote the quality of service, last year, our Society had implemented in full scale the five “Core Values” including Care and Respect, Professional Spirit, Synergy, Pro-Activeness and Continuous Improvement. Moreover, the following measures have been initiated to further enhance effectiveness:

1. The 2nd “Good Staff and Good Event Recognition Scheme”

Following the success of the 1st “Good Staff and Good Event Recognition Scheme” held in 2007, our Society had kicked off the second round of the Recognition Scheme in June 2009. It helped incorporate the recognition culture into the daily routines of our staff, enabled all to identify the need and benefits of changes and cultivation of organizational culture. We had encouraged all our service units to take part in the Scheme on an individual basis, nominating individual staff and their good deeds for the awards. The “Good Staff and Good
Event” finalists were shortlisted by parent representatives from different regions, followed by voting from all staff for the winners of the five “Core Values Award”. The winner who scored the highest number of votes was then granted the highest honour “Core Values Grand Award”.

The highest honour “Core Values Grand Award”: Chan Fong Heng (Priscilla’s Home)

<table>
<thead>
<tr>
<th>Award</th>
<th>Champion</th>
<th>1st runner-up</th>
<th>2nd runner-up</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Care and Respect Award</td>
<td>Chan Fong Heng (Priscilla’s Home)</td>
<td>Lee Siu Chui Tracy (Tin Yiu Home)</td>
<td>Leung Tai Ho (Shan King Adult Training Centre)</td>
</tr>
<tr>
<td>Carnation represents warmth and tender care</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Professional Spirit Award</td>
<td>Chu Mi Ling (Kit Hong Home)</td>
<td>Choi Ka Kei Chaki (Lok Wah Adult Training Centre)</td>
<td>Lisa Ho (Tin Yiu Home)</td>
</tr>
<tr>
<td>Bauhinia is the Flower of Hong Kong that represents our professional spirit in a cosmopolitan city</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Synergy Award</td>
<td>Chan Kin Sze (Shan King Adult Training Centre)</td>
<td>Man Yung Tai (Hong Yung Services Ltd)</td>
<td>Cheng Yi Fu (Sheung Li Uk Adult Training Centre)</td>
</tr>
<tr>
<td>Dandelion represents the collective spreading to different destinations and bearing fruit</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Pro-Activeness Award</td>
<td>Leung Kin Shing (Si Lok Adult Training Centre)</td>
<td>Ma See Chien (Hing Wah Adult Training Centre)</td>
<td>Cheng Yuk Kwan (Lai Yiu Home)</td>
</tr>
<tr>
<td>Rose represents enthusiasm and multiplicity</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Continuous Improvement Award</td>
<td>Kwok Heung Ming (Tin Yiu Home)</td>
<td>Poon Chi Wai (Hong Yung Services Ltd)</td>
<td>Cheung Kwai Lin (Leung King Adult Training Centre)</td>
</tr>
<tr>
<td>Sunflower represents continuous self-adaptation to strive for more sunshine for better growth and development</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Embraced in excitement and touching scenes, the Award Presentation Ceremony was held during the Staff Annual Dinner in February 2010. Subsequently, we are all convinced that everyone can be a good staff to do good events.
2. “Core Values” Pledge and Action Card

Our Society has design “Core Values” Pledge and Action Card for different categories of staff (including therapists / social workers / nurses / instructors / care-givers / administration staff / frontline staff) of each service unit to implemented the “Core Values” according to needs of service users / family members / colleagues.

3. Conclusion

With great enthusiasm and the adoption of different measures, Fu Hong Society is committed to implement the “Core Values” and bring about positive changes to the organizational culture. Under the support and concerted effort of our Council, executive management, service unit managers and in-charges as well as all ranks of staff, our organizational culture will undergo continuous improvement and Fu Hong Society will be turning into “The Best Organization for Persons with Disabilities”.

Flow Chart of Successful Change of Fu Hong Society’s Organizational Culture

Organization Vision:
To be the best organization providing services for persons with disabilities in Hong Kong

Council:
Steering of major direction and lending support to all programmes

Executive Director and Management Staff:
Design, absorb primary level staff opinion, plan, operate, assess and promote values and programmes that change organizational culture; and share the fruit with all staff.

Service Unit Managers / Heads:
Reflect staff’s views; explain, implement and evaluate outcomes of programmes, promote positive organizational culture.

Staff of Service Units:
Acquire adequate information, understand duties of each position, assist in programme implementation, reflect practical situation, demonstrate effectiveness and render quality service.

Each Service Unit:
Sharing of outcome and promotion to other service units (knowledge and practice management)

Successful application

Different levels of programme implementation and outcome assessment
Annual Statistical Review

I. Personnel
i) Number of Employees (31.3.2010) = 989

ii) Employment of Employees with Disabilities in 2009-2010

Fu Hong Society has set up Hong Yung Services Ltd in 2004. Hong Yung is a social enterprise set up by and under the management of Fu Hong Society. It aims to create and provide job attachment training and employment opportunities for persons with disabilities, serving as their rehabilitation platform for transition to competitive employment in the open market.

Number of employees with disabilities employed by FHS (2009-2010) = 19
Number of employees with disabilities employed by Hong Yung (2009-2010) = 64
Job attachment training provided to persons with disabilities by Hong Yung (2009-2010) = 45

iii) Staff Development
Total number of hours of staff attendance to course, field visit, workshop, talk and seminars = 23,055

II. Service Capacity and Number of Service Users Served

<table>
<thead>
<tr>
<th>Services for Persons with Intellectual Disabilities and Physical Disabilities</th>
<th>Service Capacity (31.3.2010)</th>
<th>No. of Service Users served (1.4.2009-31.3.2010)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Care &amp; Attention Home for Persons with Severe Disabilities</td>
<td>255</td>
<td>263</td>
</tr>
<tr>
<td>Casa Famiglia</td>
<td>30</td>
<td>29</td>
</tr>
<tr>
<td>Hostel for Persons with Moderate Intellectual Disabilities</td>
<td>92</td>
<td>92</td>
</tr>
<tr>
<td>Hostel for Persons with Severe</td>
<td>355</td>
<td>357</td>
</tr>
<tr>
<td>Intellectual Disabilities</td>
<td></td>
<td></td>
</tr>
<tr>
<td>---------------------------</td>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td>Hostel for Persons with Severe Physical Disabilities and with Intellectual Disabilities</td>
<td>100</td>
<td>100</td>
</tr>
<tr>
<td>Supported Hostel</td>
<td>20</td>
<td>20</td>
</tr>
</tbody>
</table>

**ii) Day Training Centres**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Training Centre</td>
<td>605</td>
</tr>
</tbody>
</table>

**iii) Community-based Support Services**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>After School Care Service</td>
<td>—</td>
</tr>
<tr>
<td>Day Care Services for Persons with Severe Disabilities</td>
<td>—</td>
</tr>
<tr>
<td>Family-based Respite Care Service</td>
<td>—</td>
</tr>
<tr>
<td>Holiday Care Service</td>
<td>—</td>
</tr>
<tr>
<td>District Support Centre</td>
<td>—</td>
</tr>
<tr>
<td>Respite Care Service</td>
<td>—</td>
</tr>
<tr>
<td>Special School Students Attachment Programme</td>
<td>—</td>
</tr>
<tr>
<td>Temporary Day Care Services</td>
<td>—</td>
</tr>
</tbody>
</table>

**Community Psychiatric Services**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Halfway House</td>
<td>126</td>
</tr>
<tr>
<td>Aftercare Service for Dischargees of Halfway House</td>
<td>25</td>
</tr>
<tr>
<td>Community Mental Health Care Services</td>
<td>100</td>
</tr>
<tr>
<td>Community Mental Health Link</td>
<td>150</td>
</tr>
</tbody>
</table>

**Vocational Rehabilitation & Development Services**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>On the Job Training Programme</td>
<td>15</td>
</tr>
<tr>
<td>Supported Employment Services</td>
<td>50</td>
</tr>
<tr>
<td>Integrated Vocational Rehabilitation Services Centre</td>
<td>150</td>
</tr>
<tr>
<td>Workshop</td>
<td>290</td>
</tr>
<tr>
<td>Work Extension Programme</td>
<td>15</td>
</tr>
</tbody>
</table>

**Services for Persons with Autism**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>After School Care Service for Persons with Autism</td>
<td>20</td>
</tr>
<tr>
<td>Day Training for Persons with Autism</td>
<td>20</td>
</tr>
<tr>
<td></td>
<td>No.</td>
</tr>
<tr>
<td>--------------------------------</td>
<td>-----</td>
</tr>
<tr>
<td>Limited Intelligence</td>
<td>8</td>
</tr>
<tr>
<td>Mild Intellectual Disabilities</td>
<td>424</td>
</tr>
<tr>
<td>Moderate Intellectual Disabilities</td>
<td>972</td>
</tr>
<tr>
<td>Severe Intellectual Disabilities</td>
<td>487</td>
</tr>
<tr>
<td>Severe Physical Disabilities with Intellectual Disabilities</td>
<td>385</td>
</tr>
<tr>
<td>Physical Disabilities</td>
<td>80</td>
</tr>
<tr>
<td>Psychiatric Disabilities</td>
<td>734</td>
</tr>
<tr>
<td>Autism</td>
<td>234</td>
</tr>
<tr>
<td>With Sensory Integration Dysfunction</td>
<td>10</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>3,334</td>
</tr>
</tbody>
</table>
## Balance Sheet At 31\(^{st}\) March 2010

<table>
<thead>
<tr>
<th></th>
<th>2010 HK $</th>
<th>2009 HK $</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Non-Current Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Property, plant and equipment</td>
<td>1,703,124</td>
<td>684,998</td>
</tr>
<tr>
<td>Held-to-maturity investment</td>
<td>2,484,589</td>
<td>2,484,589</td>
</tr>
<tr>
<td>Available-for-sale investment</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>4,187,713</td>
<td>3,169,587</td>
</tr>
<tr>
<td><strong>Current Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Deposits and prepayments</td>
<td>2,839,907</td>
<td>1,073,013</td>
</tr>
<tr>
<td>Loans and receivables</td>
<td>3,284,290</td>
<td>2,760,932</td>
</tr>
<tr>
<td>Cash and bank balances</td>
<td>175,083,723</td>
<td>171,812,902</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>181,207,920</td>
<td>175,646,847</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td>185,395,633</td>
<td>178,816,434</td>
</tr>
<tr>
<td><strong>Deduct: Current Liabilities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Loans and payables</td>
<td>(6,935,229)</td>
<td>(6,741,998)</td>
</tr>
<tr>
<td>Receipts in advance</td>
<td>(2,606,813)</td>
<td>(2,039,873)</td>
</tr>
<tr>
<td>One-off Subsidy</td>
<td>0</td>
<td>(1,463,309)</td>
</tr>
<tr>
<td>Provision for unutilized Paid Leave and Long Service Payment</td>
<td>(4,647,281)</td>
<td>(6,215,674)</td>
</tr>
<tr>
<td>F&amp;E Replenishment and Minor Works Block Grant</td>
<td>(1,114,444)</td>
<td>(136,148)</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>(15,303,767)</td>
<td>(16,597,002)</td>
</tr>
<tr>
<td><strong>Total Net Assets</strong></td>
<td>170,091,866</td>
<td>162,219,432</td>
</tr>
<tr>
<td><strong>Accumulated Funds</strong></td>
<td>7,205,267</td>
<td>5,553,240</td>
</tr>
<tr>
<td><strong>Programme Funds</strong></td>
<td>12,981,800</td>
<td>12,491,342</td>
</tr>
<tr>
<td><strong>Foundation Funds</strong></td>
<td>10,655,279</td>
<td>8,238,890</td>
</tr>
<tr>
<td><strong>Non-subvented Service Fund</strong></td>
<td>25,800,254</td>
<td>24,153,258</td>
</tr>
<tr>
<td><strong>Exchange Programme Fund</strong></td>
<td>221,338</td>
<td>221,338</td>
</tr>
<tr>
<td><strong>Lump Sum Grant Reserves</strong></td>
<td>89,975,852</td>
<td>89,693,073</td>
</tr>
<tr>
<td><strong>Other Subvention Reserves</strong></td>
<td>23,252,076</td>
<td>21,868,291</td>
</tr>
<tr>
<td><strong>Total Funds Employed</strong></td>
<td>170,091,866</td>
<td>162,219,432</td>
</tr>
</tbody>
</table>

Approved by the Council of the Society on 23 August, 2010
Remarks: Please contact the Head Office for the full set audited financial statements and the annual financial report for SWD.
**Income & Expenditure 2009-2010**

**Income Analysis**
Total income about HK$281,736,000 (including grants for fixed assets)

- Social Welfare Department 79.1%
- Fee & dues 12.81%
- The Hong Kong Jockey Club Charities Trust 0.24%
- Interest 0.53%
- Donation 1.52%
- Lotteries Fund 3.87%
- Others 1.93%
- SWD Subvented Units 97.29%

**Expenditure Analysis**
Total expenditure about HK$272,946,000 (including acquisition of fixed assets)

- SWD Subvented Units 97.29%
- "Best Buddies Hong Kong" Movement 0.18%
- Other Projects 0.74%
- Fund Raising Activities 0.06%
- Hin Dip Centre 0.84%
- Casa-famiglia 0.89%
Life Members

文錦華先生
李惠群女士
林智芬女士
冼素冰女士
徐玉卿女士
張燕紅女士
梁美好女士
陳淦年先生
曾志峰先生
馮桂芳女士
黃婉霞女士
黃耀基先生
楊雅雙小姐
劉錦培先生
黎鎏先生
羅王燕玲女士
羅玖女士

British American Tobacco
Chow Yun Fat Co Ltd
Dominican Fathers
Fortrose Ltd
Kwong Kee Const & Dec
Parker Engineering Company
PDM Co Ltd
Rotary Club of Kwai Chung
Sathya Saibaba Center of Hong Kong
Dr Au Kit, Alfred
Dr Chik Pik Yuk, Maria
Dr Choy Tak Yuen, Henry
Dr Chui Mo Ching Eileena
Dr Dunn Lai Wah
Dr Fan Tak Wing
Dr Hui Lo Man Chun, Jenny
Dr Ip Yan Ming, JP
Dr Kam Kai Hong, John
Dr Law Sai Kit, Frank
Dr Li Ping Ying, Eria
Dr Li Wai Chee
Dr Tsang Fan Kwong, David

Dr Wong Kam Kee, Simon, JP
Dr Wong Ming Cheuk
Fr Benito Bottiglieri, PIME
Fr Carlo Gimilini
Fr Chau King Fun
Fr Fernando Cagnin
Fr Giosuë Giovanni Bonzi, PIME
Fr V Carbone, PIME
Fr Zambarbieri Piero, PIME
I C M Sisters
Mr & Mrs Chan Siu Yuen, Stephen
Mr & Mrs Edward Cheung
Mr & Mrs Joseph Salaroli, MH
Mr & Mrs Li Fook Hing
Mr & Mrs Li Fook Sean, LLD, GBM
Mr Antonio Jose Rocha
Mr Arthur Garcia, CBE, JP
Mr Au Kwong Man, Henry
Mr Au-Yeung Tsan Pong, David
Mr Chan Chi Fung
Mr Chan Tat Man, Pele
Mr Chan Wing Chiu, Joseph
Mr Cheung Yiu Chung
Mr Chow Siu Tong, Samuel
Mr Chow Wing Cheung
Mr Choy Lai Tack
Mr Chris Bale
Mr Chung Chiu Man
Mr Didero Claudio
Mr Franco Gritti
Mr George PH Hui
Mr Gilbert CK Chan
Mr Ho Yiu Fai
Mr Ip Po Ting
Mr Ip Tai Wai
Mr John Lewis Lloyd
Mr Kan Chui Kwan
Mr Kyran Sze
Mr Lai Tai Cheung
Mr Lai Ying See, Thomas
Acknowledgement

The Society would like to extend our sincere gratitude and appreciation to the following organizations and individuals who have given their support in many ways during the past year (1 April 2009 – 31 March 2010).

丁毓珠
九巴之友
九龍工業中學
九龍玫瑰堂
刁麗琼
力行劇社
才俊學校
中華旅行社
尹胡燕虹
公民教育委員會
天神之後堂
天然護髮用品中心
孔希文
孔蘇詠潔
屯元之友
屯門體育會有限公司
方慧筠
王文聰
王志潔
王清
王滿維
平等機會委員會
生命文化同學協進會
石雯恩母親
石楊小玲
伊利沙伯女皇弱智人士基金
伍少美
伍志強
任瑞玲
同理義務會義工組
成報
江雪英
江麗多
何玉霞
何安欣
何婉儀
何詩韻
何壽基學校
何羅美玲
余叔韶
利民會新翠實業社
利民會環翠之家
利達聯中國有限公司
利銘澤黃瑞璧慈善基金
吳冬花
吳冬喜
吳悅媛
吳濤權
吳艷芳
呂月珍
呂黎妙琦
庇理羅士女子中学
李小珠
李月英
李永達議員
李均頤議員
李均頤議員辦事處
李佩施
李玲利
李桂華
李偉光
李偉堂
李煥兒
李嘉慧
李慧敏
李樹祥
李寶椿世界聯合書院
李耀醇
沙田婦女會
沈寶智
育智中心
邦民日本財務（香港）有限公司
香港耀能協會
香港耀能協會柴灣宿舍
香港耀能協會愛睿工場及宿舍
唐柒洲
唐惠清
唐德輝
孫若詩
容美鳳
徐子英
徐玉卿
徐兆明
消防處義工隊
浸信宣道會榮基堂
海洋公園
海麗時裝批發
秦麗賢
翁秀雲
袁鄭錫儀
袁勻兒
馬月霞女士, BBS, MH
馬永華
馬玉齡
馬素珠
馬淑貞
高華大藥房
高衛物業管理有限公司
健誼社
基協中學公益少年團
基智中學
基督國際學校
基督教家庭服務中心安怡/安愉宿舍
培僑中學
康樂文化及事務署
張志華
張秀卿
張長珍
張建宗先生, GBS, JP
張珍友
張振強
張海旋
張偉民
張婉玲
張瑋
張顏屏
御藥堂
救世軍柴灣青少年綜合服務
啟勝管理服務有限公司（珀麗灣服務處）
曹眉
梁坤煒
梁美容
梁倫佑
梁惠珠
梁碧華
梁鳳嫦
梁德和
梁霍可兒
梁艷婷
梁艷瑩母親
淘化大同食品有限公司
莫美梨
莫漢光
莊依麗
莊愛娥
許少微
許耀南
許泰
郭桂英
陳永昌
陳克勤議員
陳秀鳳
陳明珠
陳禹玉
陳唐妙容
陳國賓
陳康妮
陳惠芳
陳惠玲
陳鈺雅
陳榮
陳維德
陳翠霞
陳銘根
陳㓧芬
<table>
<thead>
<tr>
<th>Name</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alice Murray-Jones</td>
<td>Chan Kam Wah</td>
</tr>
<tr>
<td>Amtek Limited</td>
<td>Chan Kin Wah</td>
</tr>
<tr>
<td>Amy Tsang</td>
<td>Chan Kwan Ho</td>
</tr>
<tr>
<td>Andrew Chu</td>
<td>Chan Kwok Fai</td>
</tr>
<tr>
<td>Annabelle</td>
<td>Chan Kwok Wong</td>
</tr>
<tr>
<td>Annie Cheng</td>
<td>Chan Lai Ha</td>
</tr>
<tr>
<td>Annie Cheung</td>
<td>Chan Man Ching, Molly</td>
</tr>
<tr>
<td>Arthur Garcia</td>
<td>Chan Mei To</td>
</tr>
<tr>
<td>Artware Limited</td>
<td>Chan Miu Sheung</td>
</tr>
<tr>
<td>Asana (Hong Kong) Ltd</td>
<td>Chan Sheung Yuen</td>
</tr>
<tr>
<td>Asia Landscaping Ltd</td>
<td>Chan Shu Chiu</td>
</tr>
<tr>
<td>Asia Works</td>
<td>Chan Shu Ho</td>
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<tr>
<td>Au Kar Luen</td>
<td>Chan Shuk Ling</td>
</tr>
<tr>
<td>Au Yeung Hau Shing</td>
<td>Chan Suet Ying</td>
</tr>
<tr>
<td>Au Yeung Hui Yin, Agnes</td>
<td>Chan Suk Man</td>
</tr>
<tr>
<td>Auto Beauty</td>
<td>Chan Wai Hong</td>
</tr>
<tr>
<td>Auxiliary Medical Service</td>
<td>Chan Woo Chun, Jenny</td>
</tr>
<tr>
<td>Bank of America</td>
<td>Chan Woon Chi</td>
</tr>
<tr>
<td>Barsha Gurung</td>
<td>Chan Yee Ki, Fiona</td>
</tr>
<tr>
<td>Bethay Conossian Convent</td>
<td>Chang Hon Tak</td>
</tr>
<tr>
<td>Biu Chun Watch Hands &amp; Parts Manufactures Ltd</td>
<td>Charles Chan</td>
</tr>
<tr>
<td>Bonaqua</td>
<td>Chau Lik</td>
</tr>
<tr>
<td>Bontire Arts Development Limited</td>
<td>Chaw Ngan Un</td>
</tr>
<tr>
<td>Buda Surveying Ltd</td>
<td>Chen Chia Lu, Sylvia</td>
</tr>
<tr>
<td>C &amp; K Recycle Co Ltd</td>
<td>Cheng Yim Yee</td>
</tr>
<tr>
<td>Capital Lake Property Ltd</td>
<td>Cherry</td>
</tr>
<tr>
<td>Carol Lam</td>
<td>Cheung Huen Cheong, Thomas</td>
</tr>
<tr>
<td>Carpentaria Co Ltd</td>
<td>Cheung Ka Chi</td>
</tr>
<tr>
<td>Cecilia Angelini</td>
<td>Cheung Kam Chiu</td>
</tr>
<tr>
<td>Central Consultative Clinic</td>
<td>Cheung Kam Hung</td>
</tr>
<tr>
<td>Central Insurance Management Limited</td>
<td>Cheung Kit Lai, Amy</td>
</tr>
<tr>
<td>Century Pools Ltd</td>
<td>Cheung Kwok Wah</td>
</tr>
<tr>
<td>Charles H Parker</td>
<td>Cheung Pui Shan</td>
</tr>
<tr>
<td>Chan Chi Wah, Honhsin</td>
<td>Cheung Yuk Ching</td>
</tr>
<tr>
<td>Chan Chi Yin</td>
<td>Chin Sheung Kan</td>
</tr>
<tr>
<td>Chan Chor Kin</td>
<td>China Overseas Property Service Ltd</td>
</tr>
<tr>
<td>Chan Chun Kit</td>
<td>Chinese Cuisine Training Institute,</td>
</tr>
<tr>
<td></td>
<td>Hospitality Industry Training &amp;</td>
</tr>
<tr>
<td></td>
<td>Development Centre</td>
</tr>
<tr>
<td>Chan Chung Yi</td>
<td>Chiu Chiu</td>
</tr>
<tr>
<td>Chan Fung Ho</td>
<td>Chiu Kai Bong</td>
</tr>
<tr>
<td>Chan Hak Chun</td>
<td>Chiu Kit Ling</td>
</tr>
<tr>
<td>Chan Hung Wai</td>
<td>Chiu Put Yau</td>
</tr>
<tr>
<td>Chan Ka Keung</td>
<td></td>
</tr>
</tbody>
</table>
Hong Kong St John Ambulance
Hong Kong Tramways Limited
Hong Kong Tungsten Co Ltd
Hong Kong Utility Research Centre
Hong Yip Services Co Ltd
HSBC Trustee (Hong Kong) Limited
Huen & Partners Solicitors
Hui Kau Ping, Terry
Hui Youn Tien
Hui Yuk Lun
ICS Insurance Group
Ingrid R B Wong
Ip Tai Wai
Ip Yan Ming
Irene Chan
Irene House
Island Junior Chamber
James Tan
Jane Wong
Jetime Tours Limited
JM Insurance Brokers Limited
John Lewis Lloyd
John Mcnie
John Than
K S Yeung
Kam Kai Hong, John
Kam Yau Chi
Kamyin Consultants Ltd
Keswick Foundation Ltd
Khozema Mohsinbhai Gabuji
Ko Kwok Hing
Ko Wai Kit, Anna
Ko Wing Chung, Connie
Kong Kit Ming
Kong Wan Yee
Kwan Shuk Hing, Susan
Kwok Yuk Bing
Kyran Sze
L & C Insurance Consultant Ltd
Lai Chi Kit
Lai Hoi Wan, Bernadette
Lai Siu Hing
Lai Suet Fong
Lai Tsz Kin, Emil
Lai Wai Ming
Lai Wing Keung
Lam Chi Shing
Lam Kam Pui
Lam Kwok Wa
Lam Lai Sheung
Lam Tsz Kit
Lam Yuet Ling
Lau Kwok Keung
Lau Pik Ha
Lau Sui Wan
Law Chi Sang
Law Fung Ha
Law Kwok Hung
Law Sai Wing
Lee Hin Leung
Lee Hung Tat
Lee Kin Chun, Alan
Lee Kin Sang
Lee Kum
Lee Man Cheong, Steven
Lee Oi Kwan, Rosemary
Lee Tin Chi
Lee Wai Choi
Lee Yan Hin
Lee Yuen Housewares Co Ltd
Leung Cheung Choi
Leung Hing Ka
Leung Kit Yiu
Leung Kun Hang
Leung Miu Wah
Leung Sau Ying
Leung Shui Yin
Leung Tit Born, Titney
Leung Woon Hay
Leung Yuk Ying
Li Fook Chuen, Eric
Li Fung Ling
Li Kang Kuen
Li Kei Yuen
Li Kin Wai
Li Sau Yee
Remad Foundation Ltd
Rick W K Tsui
Royal Plaza Hotel
Royal View Hotel
Sam
Samuel L S Chan
Savills (Hong Kong) Ltd
Savills Guardian Group
Selina U
Sham Lai Man
Shankar N Ka Ku
Sharon Chan
Shek Yau Ling, Clare
Sheu King Lum
Shui On Properties Management Limited
Shum M Y / Hung S Y I
Shun Tak – China Travel Ship
   Management Ltd
Simon Li
Sin Lai Keung
Sin So Bing
Sino Group
Siu On Realty Co Ltd
Siu Wai Pang
Siu Wing Yee, Cindy
So Wai Yee
Soo Sau Han
St Columban Sisters
St Joseph’s Church
St Jude’s Church
St Paul’s Parish
St Teresa Church
St Teresa’s Region of Mary
St Thomas Church
Stanford House
Stanley Ko
Stephen Frankland
Suen Man Shan
Susanna Choi
Swire Beverage Ltd
Swire Resources Ltd
Szeto Mei Chu
Tai Wai
Taifook Securities Group Limited
Tam Kam Yip
Tam Man Ki
Tam Man Shun
Tam Oi Lan
Tam Sze Man & Yio Shing
Tam Wai Yin
Tam Wing Yee, Justine
Tam Yuk Chi
Tan Tim Ly
Tang Chung Leung
Tang Lai Yi
Tang Shing Chi
Tang Tat Sang
Tang Yuen Ha
Tang Yuk Lin
Terence Lee
The “Star” Ferry Company, Limited
The Bank of East Asia
The Catholic Diocese of Hong Kong
The D H Chen Foundation
The G2000 Group
The Hong Kong Chefs Association
The Hong Kong Jockey Club Charities Trust
The Hongkong and Shanghai Banking Corporation Ltd
The Kowloon Motor Bus Co (1933) Ltd
The Law Society
The Nielson Company
The Ohel Leah Synagogue Charity
The Peak Tower Limited
The Peninsula Hong Kong
The Salvation Army Cheung Hong Community
   Day Rehabilitation Service
The UPS Foundation
Thomas Leung
Tong Pak Chuen
Tsang Mei Ping
Tsang Yat Kiang
Tse Ka Keung
Tse Lo CPA Ltd
Tse Tak Ming
Tso Pun To
Tso Yuen Shan, Cindy
Tsui Chuen Chi
Tsui Pak Chiu
Tuen Mun Catholic Secondary School
TVB Weekly
United Italian Crop (HK) Ltd
Upadhyay Srushti
UPS
Upstairs Cafe
US & Associates Consulting Company Ltd
Utility Training Institute
UtilityINFO Ltd
Vigers Property Management Services (HK) Ltd
Wan King Chi
Wan King Yan
Water-Wood Printing (HK) Co
Well Born Real Estate Management Ltd
Wellington Management Company, LLP
Whampoa Property Management Ltd
Wildland Investment Ltd
Winn Ho
Wise Tech Group
Wong Chun Kuen
Wong Hang Kwai
Wong Kam Kee, Simon
Wong Kim Hung
Wong Kit Yee, Evita
Wong Kok Ki, Dennis
Wong Lap Ki
Wong Man Fong, Amanda
Wong On Ki
Wong Shui Kau
Wong Siu Kum, Katty
Wong Sze Man
Wong Ting San, Teresa
Wong Wa Sun, Thomas
Wong Wai Ying
Wong Wing Yi
Wong Yuen Ching
Wong Yuk Ming
Wong Yung Chak
Wong’s Diamond & Pearl Co Ltd

World’s Salt & Light Charitable Foundation
Wu Wai Fan, Brenda
Yam Sui Ling
Yau Pui Kit
Yau Suk Yin, Grace
Yau Tat Man
Yau Wai Kuen
Yeung Hin Sheun
Yeung Lai Hei
Yeung Lok Ki
Yeung Mei Mei
Yeung Pui Shan, Connie
Yeung Yi Oi, Irene
Yip Chun Hiu, Rebecca
Yip Ho Lam
Yip Wai Ming
Yiu Ka Lam
Yoshiya Property Management Ltd
Yu Pak Chuen
Yu Wing Fai
Yue Pui Hing, Eleanor
Yue Shi Kwong
Yuen Hing Joss Stick
Yuen Yuet Hing
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YWCA Cheung Ching Neighbourhood Elderly Centre
Zhou Chenjen

* Owing to limited space, we regret for not being able to print the names of all donors.
Membership and Friends of Fu Hong Society Subscription / Donation Form

Membership Subscription
I would like to:

☐ renew my Ordinary Membership  <$ Annual Ordinary Membership Fee $50>
☐ join as Ordinary Member  <$ Ordinary Membership Subscription Fee $100>,
  plus  <$ Annual Ordinary Membership Subscription Fee $50>
☐ join as Life Member  <$ Life Membership Subscription Fee $1,000>,
  no Annual Ordinary Membership Subscription Fee

Friends of Fu Hong Society
☐ I would like to become “Friends of Fu Hong Society” to provide volunteer service to
  your Society

Obtain Information
☐ I would like to obtain more information about your services

Donation
Support service
☐ Casa Famiglia
☐ Services for persons with autism
☐ Other FHS services

Amount
☐ HK$200  ☐ HK$500  ☐ HK$1,000  ☐ other amount __________

Donation Methods
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  (Please send the true copy of the bank pay-in-slip together with this form to our
  Society)
☐ Cross Cheque - Payable to “Fu Hong Society”
☐ Monthly Autopay (We will forward the autopay form to you)
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Credit Card donation can be made by faxing this slip to 2786-4097
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  Society)

Personal Information
Name/Company: __________________________ (Mr/Ms/Miss)
Address: __________________________ Email: __________________________
Telephone: __________________________ Date: __________________________

Fu Hong Society would like to assure that all information will be treated in strictest confidence and
for internal use only. For access to or correction of your personal data, please feel free to contact
our Society.

☐ If you wish us to cease using your data for direct mailing, please tick the box and mail back this
donation form to our Society.

Thank you for your support!
Fu Hong Society
G/F, No. 2A Po On Road, Cronin Garden
Shamshuipo, Kowloon, Hong Kong
扶康專業助展能 傷健共融獻社群

2009-2010 年報
## 目 錄

<table>
<thead>
<tr>
<th>頁數</th>
<th>頁數</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>理念和使命</td>
</tr>
<tr>
<td>5</td>
<td>歷史</td>
</tr>
<tr>
<td>6</td>
<td>信念、價值和原則</td>
</tr>
<tr>
<td>7</td>
<td>核心價值及相關行為</td>
</tr>
<tr>
<td>8</td>
<td>委員芳名（二零零九至二零一一）</td>
</tr>
<tr>
<td>10</td>
<td>機構組織及服務類別</td>
</tr>
<tr>
<td>14</td>
<td>服務類別及服務單位一覽</td>
</tr>
<tr>
<td>20</td>
<td>努力的成果</td>
</tr>
<tr>
<td>26</td>
<td>會長報告</td>
</tr>
<tr>
<td>28</td>
<td>主席報告</td>
</tr>
</tbody>
</table>

### 服務報告

<table>
<thead>
<tr>
<th>頁數</th>
<th>服務</th>
</tr>
</thead>
<tbody>
<tr>
<td>30</td>
<td>I. 日間訓練服務</td>
</tr>
<tr>
<td>32</td>
<td>II. 住宿服務</td>
</tr>
<tr>
<td>34</td>
<td>III. 扶康家庭</td>
</tr>
<tr>
<td>36</td>
<td>IV. 社區支援服務</td>
</tr>
<tr>
<td>38</td>
<td>V. 社區精神康復服務</td>
</tr>
<tr>
<td>40</td>
<td>VI. 職業康復及發展服務</td>
</tr>
<tr>
<td>42</td>
<td>VII. 自閉症人士服務</td>
</tr>
<tr>
<td>44</td>
<td>VIII. 「香港最佳老友」運動</td>
</tr>
<tr>
<td>46</td>
<td>IX. 社會工作服務</td>
</tr>
<tr>
<td>48</td>
<td>X. 臨床心理服務</td>
</tr>
<tr>
<td>50</td>
<td>XI. 健康護理服務</td>
</tr>
</tbody>
</table>
XII. 輔助醫療服務（職業治療及物理治療服務）

XIII. 扶康家長會

XIV. 機構文化的變革

週年資料統計回顧

I. 人事
   i) 員工人數
   ii) 僱用殘疾員工人數
   iii) 員工發展

II. 服務名額及受惠服務使用者人數

III. 服務使用者主要殘障類別

財政報告

永久會員芳名

鳴謝

會員及扶康之友申請 / 捐款表格
理念和使命

理念
殘疾人士享有一切基本的人權，其中最重要的是受到認許及尊重。他們亦有權利接受各種必需的援助，令他們身心各方面都得到充分的發展。本會仝人則竭盡所能，確保這些權利得到尊重。

使命
• 為殘疾人士提供多種機會，令他們發揮個人的能力，在所屬社區中，充分獨立自主，積極融入社會。

• 倡導教育、政策及法例的修訂，為殘疾人士爭取平等權利。

目標
• 在社區中籌辦適切服務及「扶康家庭」，為有需要的殘疾人士提供一個全面照顧及家居式生活環境。

• 提供各類評估及培訓，啟發殘疾人士的潛能。

• 與殘疾人士的家人合作提供適切的優質服務。

• 為具有工作潛能，可於就業環境中工作的殘疾人士提供職業評估及技能培訓等服務，並為他們提供更多就業機會。

• 為殘疾人士及其家人提供輔導及社會工作服務。

• 舉辦社區教育活動，讓公眾人士能更深入了解殘疾人士，進而對他們持更積極的態度。
七十年代初，來自意大利的達碑立神父 (Father Enea Tapella) 發現智障及殘疾人士生活的苦況，遂與義工組織不同的社交、康樂、宗教等活動給他們。1977年，達碑立神父為殘疾人士尋找夏令營地點的途中，不幸遇上交通意外逝世。達碑立神父離世後，不少熱心人士繼承他的遺志，積極參與康復活動。當時，一位天主教友無條件借出一單位收容智障人士，即「友愛之家」的前身，但屬於臨時性質。為了延續家舍並發展智障人士的服務，方叔華神父 (Father Bonzi) 與一群專業人士及義工攜手成立扶康會，並於翌年五月根據香港公司法例正式註冊，其後更得到政府全面的資助，繼續拓展更多適切服務。1997年9月，扶康會位於香港仔的康復中心落成，並於同年成立了本會第一所中途宿舍，服務擴展至精神康復者，以協助他們重返社區。2001年1月，本會將英文會名 The Society of Homes for the Handicapped 易名為 Fu Hong Society，中文會名則維持不變。

「扶康」是給予扶助以達致身心健康的意思。自成立以來，扶康會一直致力扶養智障人士及精神康復者，讓他們融入社會，獨立自願，成為社會的一分子，並先後創辦臨時住宿服務、家居訓練服務、熱線服務、護理院舍及日間訓練中心拓展照顧服務，支援不少殘疾人士及其家庭。現時扶康會的服務單位超過40所，服務超過3,000名智障人士及精神康復者。繼往開來，本會成立扶康家庭，為智障人士建立屬於自己的家；開設全港首間為成年自閉症人士而設的發展及支援中心 - 牽蝶中心；推動社區人士與智障人士建立一對一友誼的全球性 Best Buddies運動，並發起「香港最佳老友」運動；拓展社區支援服務，以增強家庭照顧殘疾人士的能力，舒緩照顧者的負擔。
信念、價值和原則

我們尊重每一位服務使用者，深信他們每人的個別需要及才能應受到重視，並應享有平等人權，包括：

- 自決權利：尊重服務使用者在自己生活事情上作決定和選擇的權利。

- 學習權利：讓服務使用者在生活上承擔合理程度的冒險，並從經驗中學習。

- 表達自己的權利：服務使用者有權表達自己及得到別人聆聽。

- 平等機會：不論殘障程度如何，所有人都應該享有平等機會及為此得到適當支援。

- 參與社區活動的權利：殘疾人士同是社會的一份子，有參與社區活動的權利，不應加以標記及隔離。

- 私隱、尊重及保密權利：每一個服務使用者在生活各方面的私隱、尊嚴及保密權利，都應該得到認同及尊重。

- 自我價值及受到重視：每一個人都有其本身的自我價值，應得到別人重視。

- 個人的身份：每一個服務使用者都是獨立的個體，他們的個別身份必須得到認同和尊重。

- 自己的姓名和稱呼：應該以名字稱呼服務使用者。

- 得到與一般人士同等的對待。
核心價值及相關行為

我們全體員工都有共同理想、目標一致、全心全意為服務使用者提供優質的服務，並堅持以下的核心價值和實踐相關的做法，包括：

1. 關懷尊重

    定義
    • 員工樂意用開放、尊重及關懷的態度去接待服務使用者，建立以服務使用者為本的服務模式。
    • 同時，透過培訓及發展機會提升員工的能力水平，致力為服務使用者提供適切的服務，協助他們提升生活質素及達成夢想，使員工亦得到一份滿足感及成功感。

    應用行為
    • 表現坦率、誠懇及主動的溝通態度及技巧，以表達對別人的欣賞及包容與自己持不同意見的人。
    • 耐心聆聽及尊重別人意見。
    • 真誠關心及照顧服務使用者、其家人及同事，以建立互信關係及提供優質服務。

2. 專業精神

    定義
    • 我們的「專業」是廣義的，所以每一位扶康會員工都應該以敬業樂業及盡責的工作態度，在不同的崗位上發揮其專業的精神，並以服務使用者的福祉為依歸。

    應用行為
    • 每位員工都是自己工作崗位的專家，所以應時常用積極、負責任及不斷求進的態度去做好份內的工作。
    • 與服務使用者及家人建立親密夥伴關係，瞭解其需要以共同制訂及推行有效及最符合服務使用者利益的方案。
    • 嚴格遵守扶康會員工守則，並有責任保護扶康會的聲譽及資產。

3. 協同效應

    定義
    • 建立團隊精神，員工之間需要建立緊密聯繫和合作互信，透過互相支援及互相激勵，共同努力發揮「一加一大過二」的功能，以帶出更大的增值效益，一起追求卓越。
    • 員工亦要與服務使用者、家人、同事及其他持份者（即相關人士，例如捐款者、企業及社區義務工等）建立夥伴關係，彼此衷誠合作。

    應用行為
    • 與持份者互相配合、互補不足，以建立良好夥伴關係及默契，從而創造更好的工作效果。
    • 儘量了解持份者的需要，積極提供協助及支援，以完成共同的目標及滿足彼此的需要。
    • 與持份者經常分享經驗。

4. 熱誠主動

    定義
    • 員工主動承擔份內工作，甚至超越工作範圍的責任、主動溝通、主動參與及提出達致更佳效果的建議。

    應用行為
    • 員工應主動「行多步」、主動溝通、支持團隊成員，提出及執行任何可預防問題發生或解決工作潛在風險的方法，參與改善工作及提升服務質素的方案。
    • 務必承擔更廣泛的工作責任，並以達致更佳團隊效果為己任。
    • 員工和管理層有良好的互動溝通、彼此分享及積極推動扶康會各種事務。

5. 持續改善

    定義
    • 持續檢討、學習及改善工作方法及流程，以提高工作效率及生產力（涵蓋全會、區域及服務單位層面的關注）。

    應用行為
    • 提出更佳或創新的工作方法，從經驗中學習，力求改善服務。
    • 持續實踐、檢討及提升服務水平的改善方法。
    • 持續實踐、檢討及提升全會及團隊效益的改善建議。
委員芳名

二零零九至二零一零

贊助人
香港特別行政區行政長官曾蔭權GBM

會長
葉恩明醫生, JP

副會長
王淦基醫生, JP
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莊鍾賽玉女士, JP

主席
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義務司庫
袁國榮先生

榮譽法律顧問
梁肇漢律師樓

核數師
謝盧會計師事務所有限公司

董事局委員
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李萍英博士
林小玲女士
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顧問
Prof Robert Schalock

業務發展及服務委員會
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信息科技專責小組
楊全盛先生 （委員）（由2010年5月）
鍾國強先生 （委員）（由2010年5月）

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區域管理小組委員會正副主席:
阮林瑾 необходимости女士 （沙田、觀塘及港島東區主席）
徐玉騏女士 （荃葵青及深水埗區主席）
楊小玲女士 （屯門及元朗區主席）
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何僧明先生 （沙田、觀塘及港島東區副主席）
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戚碧玉博士 （委員）
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陳國煌博士 （委員）

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馮布玉娟女士 （家長代表）
楊小玲女士 （家長代表）
潘莫美梨女士 （家長代表）
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神師
方叔華神父

顧問
Prof Robert Schalock
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盧鴻業先生  （委員 / 扶康家長會代表）

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陳慧慈教授  （委員）

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林余佩馨女士  （委員）
陳紹沅先生  （委員）
陳楊綺麗女士  （委員）

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方叔華神父  （委員）
林余佩馨女士  （委員）
陳紹沅先生  （委員）
陳楊綺麗女士  （委員）

區域管理小組委員會 (港島南區)
盧鴻業先生  （主席 / 悅智之家家長代表）
梁穀澐伯女士  （副主席 / 思諾成人訓練中心家長代表）
梁芷芳博士  （委員）
謝譚佩卿女士  （委員）
王尹蓮女士  （委員）
林張衛蓮女士  （委員）
Ms Islam Kanchanok  （委員）

義務醫生
伍于健醫生
朱偉星醫生
李福基醫生
高煒杰醫生
顧國偉醫生
義務牙醫
何志偉醫生
各區域管理小組委員會

總辦事處

地區支援服務
訓練服務
課餘照顧服務
家居托護照顧服務
假期照顧服務
個人發展、社交及康樂服務
個人/小組治療服務
嚴重殘疾人士日間照顧服務

綜合社區支援服務
嚴重殘疾人士日間照顧服務
暫宿服務

中途宿舍

社區精神健康支援服務
中途宿舍續顧服務
社區精神健康照顧服務
社區精神健康連網

職業康復及發展服務

自閉症人士服務（牽蝶中心）

「香港最佳老友」運動

感覺統合治療服務

專業服務
社會工作服務
臨床心理服務
健康護理服務
職業治療服務
物理治療服務

*服務名稱將於2010年10月起改為精神健康綜合社區中心－「康晴天地」
服務類別及服務單位一覽

總辦事處
梁小琴女士（總幹事）
王健安先生（區域經理—職業康復及發展服務／社會企業）
徐群燕女士（區域經理—港島南）
陸慧妍女士（區域經理—荃葵及深水埗）
黃玉明先生（區域經理—沙田及觀塘）
歐偉民先生（區域經理—屯門及元朗）
關志生先生（區域經理—港島東及輔助醫療發展項目）
李美芳女士（助理区域經理）
何穎兒女士（臨床心理學家）
李穎賢女士（臨床心理學家）(2009年11月到任)
梁曉山女士（臨床心理學家）(2010年2月到任)
黃麗華女士（臨床心理學家）(2009年10月離職）
陳燕華女士（財務總監）
黎兆芬女士（行政及資訊科技經理）
梁佩蓮女士（人力資源經理）
劉瑞珊女士（培訓經理）
蕭慶華先生（服務質素經理）(2010年8月轉任)
黎詠儀女士（服務質素管理經理）(2009年9月離職)
黎詠儀女士（傳訊及資源發展經理）
余秀華先生（項目經理—「香港最佳老友」運動）
陳碧珊女士（項目經理—社會企業）
黃育雄先生（項目經理—自閉症人士服務）

扶康會總辦事處
香港九龍深水埗樂年花園保安道二號A地下
電話：(852) 2745 0424
傳真：(852) 2786 4097
電郵：fhs@fuhong.org
網址：www.fuhong.org
1. 上李屋成人訓練中心
九龍深水埗樂年花園保安道二號A地下
電話：2958-0331
傳真：2729-3581
電郵：sluatc@fuhong.org
服務單位經理：何遠大先生

2. 山景成人訓練中心
新界屯門山景邨社區康樂大樓三樓三號室
電話：2464-6126 / 2464-6127
傳真：2462-5050
電郵：skatc@fuhong.org
服務單位經理：趙潔容女士

3. 長沙灣成人訓練中心
九龍深水埗發祥街五十五號長沙灣社區中心四樓
電話：2360-0364
傳真：2361-1467
電郵：cswatc@fuhong.org
服務單位經理：陳玉珠女士

4. 祖堯成人訓練中心
新界葵涌祖堯邨啟光樓地下
電話：2370-2969
傳真：2742-6217
電郵：csatc@fuhong.org
服務單位經理：李葉蓉女士

5. 秦石成人訓練中心
新界沙田秦石邨石瑩樓地下
電話：2699-2969
傳真：2699-2976
電郵：csatc@fuhong.org
服務單位經理：莊慧雯女士

7. 怡諾成人訓練中心
香港香港仔漁光道八十五號扶康會康復中心三樓
電話：2214-2534
傳真：2870-1207
電郵：rcylatc@fuhong.org
服務單位經理：李國新先生

8. 思諾成人訓練中心
香港香港仔漁光道八十五號扶康會康復中心二樓
電話：2214-2523
傳真：2870-1210
電郵：rcslatc@fuhong.org
服務單位經理：周麗嫦女士

9. 健持之家
香港筲箕灣西灣河街一三一號利基大廈一樓一零三
至一零六室
電話：2567-3144
傳真：2513-6549
電郵：ph@fuhong.org
服務單位經理：姚偉文先生
助理服務單位經理：王楚文女士

10. 順利成人訓練中心
九龍觀塘順利邨利康樓三樓十四至二十一號室
電話：2341-6357 / 2763-9024
傳真：2304-0287
電郵：slatc@fuhong.org
服務單位經理：洪文中先生

11. 樂華成人訓練中心
九龍牛頭角樂華南邨喜華樓地下
電話：2796-9244 / 2796-9273
傳真：2758-6691
電郵：lwatc@fuhong.org
服務單位經理：朱永君先生

12. 澤安成人訓練中心
九龍深水埗澤安邨華澤樓地下一至十號室
電話：2788-2533
傳真：2784-6615
電郵：coatc@fuhong.org
服務單位經理：黎靈玲女士

成人訓練中心暨宿舍

6. 良景成人訓練中心
新界屯門良景邨良華樓地下
電話：2454-5223
傳真：2454-5458
電郵：ikatc@fuhong.org
服務單位經理：何潔瑩女士
13. 興華成人訓練中心
香港柴灣興華邨和興樓四零一至四零九室
電話：2558-0244
傳真：2558-4269
電郵：hwatc@fuhong.org
服務單位經理：姚偉文先生

護理家舍

14. 天耀之家
新界元朗天水圍天耀邨耀隆樓一樓及二樓A翼
電話：2617-6161
傳真：2448-4242
電郵：tyh@fuhong.org
服務單位經理：嚴秀容女士

15. 清蘭之家
香港柴灣樂民道三號東區尤德夫人那打素醫院
高級職員宿舍F座三及四樓
電話：2896-2123
傳真：2896-2496
電郵：clh@fuhong.org
服務單位經理：甄駿豪先生

16. 潔康之家
新界屯門大興邨興泰樓附翼地下
電話：2484-1000
傳真：2401-0045
電郵：khh@fuhong.org
服務單位經理：甄駿豪先生

17. 麗瑤之家
新界葵涌麗瑤邨商場大廈二零四室
電話：2742-1112
傳真：2785-1660
電郵：lyh@fuhong.org
服務單位經理：梁麗娟女士
助理服務單位經理：李秋蓉女士

18. 霞華之家
香港柴灣樂民道三號東區尤德夫人那打素醫院
高級職員宿舍F座一及二樓
電話：2896-2543
傳真：2896-3673
電郵：owh@fuhong.org
服務單位經理：甄駿豪先生
助理服務單位經理：蕭永昌先生

家舍（嚴重智障/低中度智障人士）

19. 友愛之家
新界荃灣石圍角邨石芳樓二零一至二零九室
電話：2490-9080
傳真：2415-4000
電郵：fth@fuhong.org
服務單位經理：陳玉珠女士

20. 禾輋成人訓練中心
新界沙田禾輋邨康和樓地下
電話：2692-6606
傳真：2693-0816
電郵：wcattc@fuhong.org
服務單位經理：莊慧雯女士

21. 麗瑤成人訓練中心
新界葵涌麗瑤邨商場大廈二零四室
電話：2745-0014
傳真：2310-8177
電郵：lyatc@fuhong.org
服務單位經理：梁麗娟女士
助理服務單位經理：李秋蓉女士

家舍（中度智障人士）

22. 長康之家
新界青衣長康邨康和樓二樓二十一至四十號室
電話：2495-6163
傳真：2497-6178
電郵：chh@fuhong.org
服務單位經理：吳建華先生

23. 毅信之家
香港香港仔漁光道八十五號扶康會康復中心一樓
電話：2214-2512
傳真：2870-1213
電郵：rcnsh@fuhong.org
服務單位經理：麥潤芸女士
扶康家庭

24. 和諧軒
新界沙田銀城街四十六號威爾斯親王醫院職員宿舍E座二樓B室
電話：2648-3740
傳真：2648-4740
電郵：fhs@fuhong.org
統籌主任：譚麗芳女士

25. 婉明軒
九龍順天邨天琴樓LG 2層L227-L230室
電話：2952-2125
傳真：2952-2126
電郵：fhs@fuhong.org
統籌主任：譚麗芳女士

26. 超瑩軒
九龍觀塘翠屏(北)邨翠樟樓M2層一零六至一零九號室
電話：2763-5638
傳真：2763-5778
電郵：fhs@fuhong.org
統籌主任：譚麗芳女士

27. 邂逅軒
九龍窩打老道八十四號冠華園A座八樓A3室
電話：2194-6565
傳真：2194-6733
電郵：fhs@fuhong.org
統籌主任：譚麗芳女士

臨床心理服務

28. 九龍觀塘順利邨利康樓三樓十四至二十一號室
電話：2341-6357 / 2763-9024
傳真：2304-0287
電郵：fhs@fuhong.org
臨床心理學家：何穎兒女士

社區精神健康支援服務

30. 社區精神健康連網
香港香港仔漁光道八十五號扶康會康復中心五樓
電話：2214-2509
傳真：2553-8796
電郵：cpss@fuhong.org
服務單位經理：梁佩儀女士

31. 社區精神健康照顧服務
香港香港仔漁光道八十五號扶康會康復中心五樓
電話：2214-2509
傳真：2553-8796
電郵：cpss@fuhong.org
服務單位經理：梁佩儀女士

# 社區精神健康支援服務名稱將於2010年10月起改為精神健康綜合社區中心 - 「康晴天地」

社區支援服務

32. 天水圍地區支援中心
新界元朗天水圍天澤邨服務設施大樓五樓五零一至五零二室
電話：2486-3030
傳真：2744-1812
電郵：dsc@fuhong.org
服務單位經理：李美芳女士

中途宿舍

33. 悅行之家
香港香港仔漁光道八十五號扶康會康復中心六樓
電話：2214-2571
傳真：2870-1198
電郵：rcyhh@fuhong.org
服務單位經理：宋賀梅女士

34. 悅智之家
香港香港仔漁光道八十五號扶康會康復中心五樓
電話：2214-2556
傳真：2870-1201
電郵：rcych@fuhong.org
服務單位經理：梁大偉先生
35. 悅群之家
香港香港仔漁光道八十五號扶康會康復中心四樓
電話：2214-2544
傳真：2870-1203
電郵：rcykh@fuhong.org
服務單位經理：趙宇正先生

牽蝶中心 (前自閉症人士發展及支援中心)
36. 香港香港仔漁光道八十五號扶康會康復中心二樓
電話：2214-2591
傳真：2552-4116
電郵：hdc@fuhong.org
項目經理：陳子文先生

樂融坊
37. 九龍深水埗東沙島街190號樂年花園地下A舖
電話：2745-4214
傳真：2361-0404
電郵：jc@fuhong.org
服務質素經理：蕭慶華先生

康復中心管業處
38. 香港香港仔漁光道八十五號扶康會康復中心地下
電話：2214-2501
傳真：2870-1216
電郵：rcmoadm@fuhong.org
行政主任：萬寶儀女士

感覺統合治療服務
39. 感覺統合治療中心(香港仔)
香港香港仔漁光道八十五號扶康會康復中心地下
電話：2214-2536
傳真：2552-4116
電郵：si_aberdeen@fuhong.org
項目經理：張淑珍女士

40. 感覺統合治療中心(澤安)
九龍深水埗澤安邨榮澤樓九至十五號地下
電話：3188-5804
傳真：2776-1225
電郵：si_co@fuhong.org
項目經理：張淑珍女士

輔助家舍

41. 柔莊之家
新界屯門青山灣青山公路三九六號
電話：2404-8538 / 2404-8518
傳真：2404-8745
電郵：ych@fuhong.org
服務單位經理：鍾富華先生

職業康復及發展服務

42. 石圍角工場
新界荃灣石圍角邨二號停車場地下
電話：2493-4422
傳真：2498-8375
電郵：swkw@fuhong.org
服務單位經理：程志林先生

43. 葵興職業發展中心
新界葵涌大窩口道一五一至一六五號
新葵興花園C座地下
電話：2426-1514
傳真：2426-1769
電郵：khvdc@fuhong.org
服務單位經理：程志林先生

44. 毅誠工場
香港香港仔漁光道八十五號扶康會康復中心
四樓西翼及五樓西翼
電話：2214-2589
傳真：2870-1205
電郵：rcnsw@fuhong.org
服務單位經理：麥潤芸女士

45. 輔助就業(石圍角工場)
服務單位經理：吳建華先生

46. 輔助就業(葵興職業發展中心)
服務單位經理：吳建華先生

47. 輔助就業(毅誠工場)
服務單位經理：麥潤芸女士
48. 殘疾人士在職培訓計劃(石圍角工場)
   服務單位經理：吳建華先生

49. 殘疾人士在職培訓計劃(毅誠工場)
   服務單位經理：麥潤芸女士

50. 職業技能評估中心(葵興職業發展中心)
   服務單位經理：程志林先生

51. 職業康復延展計劃(毅誠工場)
   服務單位經理：麥潤芸女士

課餘照顧服務 / 假期照顧服務

52. 祖堯成人訓練中心

嚴重殘疾人士日間照顧服務

53. 潔康之家

54. 霞華之家
與你分享我們努力的成果

一. 我們有一支熱誠專業的團隊

跨專業的組合
989位員工中有174位專業人士*
*專業人士包括臨床心理學家、職業治療師、物理治療師、護士及社工

資深員工
391位員工服務本會超過十年，佔本會員工總數近百分之四十

員工持續進修
員工積極參與本地及海外的課程、研討會、大型會議等，並學以致用

員工承諾
員工建立對本會的忠誠、歸屬感及承諾
● 管理層成員出席100次服務單位會議
● 推動超過80個增進員工關係及士氣的活動及措施

二. 我們不斷完善組織架構及壯大工作的力量

企業管治
● 清晰批核架構，以確保用得其所
● 審計委員會委員包括外界執業會計師，使我們更好地開源節流
● 定期檢討各項措施來確保服務符合質素標準
● 外界人士及家長參與各委員會，既增加管理透明度，亦令本會更有效把握持份者的意見融入服務

資訊科技系統的應用
● 使用內聯網及不同的管理軟件，以提升營運及工作效率

發展機構文化
● 落實五項核心價值 ─ 關懷尊重、專業精神、協同效應、熱誠主動及持續改善
● 舉行「好人好事表揚計劃」，成功發揮本會的愛心、開放及嘉許文化

業務計劃
● 本會透過以平衡計分卡概念，使用表現管理及監察工具，建立有系統周年及三年業務計劃

服務發展機構架構
● 本會有不同的工作小組負責特別項目，以不斷改善及拓展服務
三．我們的朋友及關係網絡遍佈香港、澳門、國內及世界各地，使服務更完美

服務使用者及其家庭成員

滿意程度調查結果
● 94.9%服務使用者滿意我們的服務
● 98.7%照顧者滿意我們的服務

服務使用者家屬的支持
● 6,491人次出席各講座及會議，更多認識我們各項服務
● 服務單位共舉辦67個活動，增加服務使用者家屬對服務運作的了解
● 我們收到超過20封讚揚信及感謝卡

營運
● 制定不同範疇的指引及政策，並定期按情況更新
● 推行54項有關預防意外發生的安全改善措施及70個服務改善項目，並收到預期的果效

資訊保安
● 清晰資訊科技保安政策，避免本會出現有關事故
● 資訊科技系統登入需要密碼，以加強保安
社會賢達的支持

- 天主教香港教區主教湯漢主教、林銘副主教、勞工及福利局局長張建宗先生，GS，JP，勞工及福利局常任秘書長鄧國威先生，JP，社會福利署助理署長（康復及醫務社會服務）袁嶺鳴儀女士等分別擔任天水圍地區支援中心開幕典禮、「香港最佳老友」運動共融展藝Show及扶康家庭「超瑩軒」開幕典禮的主禮嘉賓

- 太平紳士到訪康復中心，讚揚本會的優質服務、專業的員工、良好的管理質素及提供不同機會予服務使用者的措施

獎項及外界認許

- 葵興職業發展中心獲環境保護署頒發「室內空氣質素檢定證書」《卓越級》

- 本會成為14間獲「十八區關愛僱主2009」嘉許計劃嘉許的非牟利機構之一

- 本會牽蝶中心及天水圍地區支援中心個案被錄於香港社會工作者協會出版的「心靈對焦」一書中

- 本會在職業安全訓練局舉辦的「職安健常識問答比賽2009」榮獲冠軍

- 本會毅誠工場康姨餅房於2010年1月31日在社會福利署中西南及離島區福利辦事處舉辦的「康復服務機構社會企業博覽會」中，獲頒「最佳營銷策略獎」、「最佳團隊精神獎」及「全場最佳營銷攤位大獎」
立法會主席、多名立法會議員及其他社會知名人士出席「香港最佳老友」運動電能烹飪比賽

慧妍雅集永遠榮譽會長朱玲玲女士及其委員探訪康復中心，並視察捐助設立環保設施計劃

義工及企業參與

義工參與服務單位活動的人次達12,195

「香港最佳老友」運動目前有四個中學分社、七個大專院校分社及三個社區老友分社，我們與其職員、學生及社區義工推行多項義工服務計劃

共有12間機構及400多位參加者參與本會「行出健康」第一屆全港精神復康機構遠足比賽

與中華電力有限公司、永旺(香港)百貨有限公司及香港廚師協會推展不同協作計劃

11隊企業義工隊參與服務單位活動，包括日本電器香港有限公司(NEC)、傑普採購(控股)有限公司(GAP)、UPS、Bank of America、信和管業優勢、帝苑酒店、港鐵公司等
本地交流活動

- 在「2010聯合世界大會：社會工作及社會發展之願景與藍圖」發表兩份研究報告
- 在「第六屆華人地區啟智服務會議」介紹本會多項服務及計劃
- 上李屋成人訓練中心進行的密集互動訓練試驗計劃得到香港智障服務人員協會有限公司提供顧問支援

香港以外地區交流活動

- 派職員出席「最佳老友」在美國舉行的國際會議，交流經驗以推展「香港最佳老友」運動
- 派職員擔任中華民國自閉症總會在台灣舉行的「國際自閉症機構學術交流會議」的主講嘉賓
- 提供兩項有關社區支援服務的顧問服務予澳門扶康會
- 委派資深社工赴深圳參與社會服務發展研究中心的「深圳計劃」，為國內社工提供督導服務及協助國家發展社工本地化
- 國內康復機構與「香港最佳老友」運動廣州交流團團員參加交流活動，保持聯繫，合作推廣社會共融計劃

本會成功提名49間企業及專業團體獲得「商界展關懷」及「同心展關懷」標誌

著名時裝設計師鄧達智先生擔任第五屆「互唱共融齊OK才藝大賽」評判
捐款 / 基金
本會年內籌得善款4,282,387元
● 共有315位捐款者
● 捐款團體：UPS、縱橫二千集團、Capital Lake Property Ltd、The Ohel Lead Synagogue Charity、慧妍雅集
● 慈善基金：香港賽馬會慈善信託基金、利鉉湧黃瑤璧慈善基金
● 其他包括美加粵曲籌款之旅、戲曲慈善籌款夜、遺產捐贈等

學生
● 本會服務單位提供實習機會予42位本地大學及大專院校社會工作及臨床心理學系學生
● 本會七個服務單位參加由教育局舉辦、為特殊學校學生而設的「成人服務配屬計劃」，共提供128個體驗名額

其他機構
與121間服務機構及團體建立了服務網絡
香港社會、經濟、文化及資訊科技急速變化，社會上各階層及群體均面對不同的需要及挑戰。本會很感謝各界人士對我們的支持，讓我們可以持續發展，回應殘疾人士的需要。

推廣社區共融

本年度的「香港最佳老友」運動電能烹飪比賽繼續得到中華電力有限公司的大力支持，並於2010年4月24日在奧海城商場二期舉辦決賽。智障人士與學生及社區人士一起透過烹飪活動共建友誼。今屆活動共有110多隊達400多位傷健人士參加，並有多間商業機構組成了約10隊隊伍參賽。本會非常榮幸邀請到立法會主席曾鈺成議員，GBS，JP，立法會議員劉慧卿議員，JP，馮檢基議員，SBS，JP，李永達議員，陳克勤議員及葉偉明議員，MH的蒞臨參與，配對智障人士即場烹調美食，氣氛十分熱鬧。此外，香港廚師協會的大力支持亦是我們成功的重要元素之一。當日更有本會服務使用者多姿多采的才藝表演，吸引不少市民駐足觀賞，讓他們對智障人士有更多的認識，體現社會共融的精神。

在2009年至2010年中旬，本會多個大型活動均得到各界人士的鼎力協助，活動包括第六屆「甜蜜心連心」步行籌款、售旗日、「行出健康」第一屆全港精神復康機構遠足比賽、國際廚師日、「香港最佳老友」運動共融展藝Show、天水圍地區支援中心開幕典禮、屯門及元朗區第六屆「互唱共融齊OK才藝大賽」等。我們深感榮幸獲得多位知名人士蒞臨主禮，他們包括天主教香港教區主教湯漢主教，林銘副主教，勞工及福利局局長張建宗先生，GBS，JP，勞工及福利局常任秘書長
鄧國威先生, JP、社會福利署助理署長(康復及醫務社會服務)袁鍾鉌儀女士、南區區議會主席馬月霞女士, BBS, MH、攀山專家鍾健民先生, MH等。

加強跨界別協作

我們深信與不同界別的團體及商業機構建立夥伴關係，推展更多切合殘疾人士需要的計劃，有助促進傷健共融及為他們提供更多發展機會。今年，我們成功提名49間商業機構、社團組織及商會獲香港社會服務聯會頒發的「商界展關懷」及「同心展關懷」標誌。各機構的支持及跨界別的合作，讓本會能發展更完善的服務，一同建立傷健共融的社會。

衷心感謝

我們在此特別感謝支持本會年內舉辦多項新計劃及服務的機構及社會人士，包括勞工及福利局、社會福利署、凱瑟克基金、香港賽馬會慈善信託基金、獎券基金、利銘澤黃瑤璧慈善基金、Capital Lake Property Ltd、UPS 慈善基金、周問心堂基金有限公司、伊利沙伯女皇弱智人士基金、The Ohel Leah Synagogue Charity、永旺(香港)百貨有限公司、東亞銀行、縱橫二千集團、滙豐銀行慈善基金、永義(香港)有限公司、華人永遠墳場管理委員會、Gap International Sourcing (Holdings) Ltd、Savills (Hong Kong) Limited、職業安全健康局、Goodman Asia Limited、香港廚師協會及插畫師蔣子軒先生(小克)。其他協助本會推廣服務的機構包括新傳媒、蘋果日報、信報財經新聞、經濟日報、成報、TVB周刊、香港電台、亞洲電視、港鐵公司、香港房屋協會、香港房屋委員會及各物業管理公司、公共交通運輸機構及其他選擇以無名氏方式作出支持的人，本會謹此致萬分的感謝。

本人謹向董事局主席林余佩馨女士的英明領導及董事局各委員攜手合作及專業指引下，加上眾委員會的努力，使本會能為殘疾人士提供優質服務。在此，感謝袁國榮先生主持的業務發展及服務委員會與投資及財務委員會、陳紹沅先生主持的管理委員會、個案取錄審批委員會及招募委員會、葉燕心女士主持的人力資源委員會、王明耀醫生主持的社區精神康復服務顧問委員會、洗權鋒博士主持的自閉症人士服務顧問委員會、陳建文先生主持的建築拓展及維修委員會、李春霖先生主持的服務推廣及公共關係委員會、許懸萬珍博士主持的自閉症人士服務顧問委員會、方叔華神父主持的交流計劃委員會、李萍英博士主持的扶康家庭管理委員會，與及審計委員會各委員的努力。

最後，我再次衷心感謝大家對扶康會的關愛，並期望各位將來繼續支持我們，使本會會務得以持續發展，使更多弱勢社群受惠。

會長 葉恩明醫生
主席報告

我們在過去一年成功克服各種的挑戰，包括人類豬型流感。另一方面，我們在不同的目標和領域下亦締造了不少成就。

一．回應服務需要，完成七大項目

牽蝶中心

牽蝶中心前身為自閉症人士發展及支援中心，於2009年6月1日改組，為不同年齡組別的自閉症及/或發展障礙人士提供適切的服務。鑑於家長對服務需求甚殷，中心發展與幼稚園的合作，為有發展障礙的兒童安排評估及訓練服務，受到家長及幼稚園的熱烈歡迎。

地區支援中心

本會於天水圍成立全港首間設有會址的地區支援中心，為殘疾人士及其家人提供跨專業、社區為本的服務和支援。中心於2010年5月8日舉行開幕禮，並榮幸邀得勞工及福利局局長張建宗先生，GBS，JP蒞臨主禮，及天主教香港教區主教湯漢主教主持祝聖儀式。

精神健康綜合社區中心

本會自1997年開始拓展精神康復服務，累積豐富經驗，並成功獲編配於港島中區及南區部分地區開設精神健康綜合社區中心，提供相關服務。我們希望能與區內醫護專業人員加強合作，齊心協力促進社區人士的精神健康。

康姨餅房

本會的新品牌 – 「康姨餅房」，生產的曲奇餅由毅誠工場工友精心炮製。餅房在UPS慈善基金和攜手扶弱基金贊助下，於2009年12月投入服務。餅房除了為殘疾工友提供新工種，配合他們的興趣和能力外，公眾的反應亦非常熱烈，我們的顧客包括香港會議展覽中心、咖啡店、教會、學校、政府部門及商業公司，成績令人鼓舞。

樂融坊

本會營辦的第四間合作社於2009年9月正式啟業。合作社位於樂融坊，鄰近總辦事處。合作社並取得取得小販牌照，開始售賣咖啡奶茶、康姨曲奇及其他小食，為殘疾人士提供與公眾接觸、溝通及就業的機會。

超瑩軒

扶康家庭自1997年成立以來，一直致力為智障人士提供一個溫馨的家居生活環境。由於屬自負盈虧，三間扶康家庭包括邂逅軒、和諧軒和婉明軒的經費主要來自香港賽馬會慈善信託基金。至於第四間於2009年5月29日成立的扶康家庭 - 超瑩軒，因為缺乏經費，所以特別推出「扶康家庭助養計劃」，希望獲得社會熱心人士捐助，支持未能負擔基本生活開支的智障家庭成員。
服務使用者老齡化

本會於年內成立關注智障人士老齡化工作小組，並訪問了946名相關的服務使用者，發現他們均遇到不同的健康、心理社交及照顧等問題。為此我們特別透過跨專業團隊的合作，為他們設計適切的服務計劃和活動。

此外，我們亦向伊利沙伯女皇弱智人士基金新設的「智障人士高齡化服務支援計劃」申請撥款，推行改善計劃，提升服務使用者的生活質素。

二. 促進殘疾人士的自立能力及全面融入社會

本會的成人訓練中心於社區環境提供訓練及舉辦社區活動，希望達致傷健共融。除了日常活動外，我們每年亦會舉辦不少出色的項目，包括一年一度的「香港最佳老友」運動電競比賽及互唱共融齊OK才藝大賽，成功吸引數百名社會人士與殘疾人士組隊參與。本會亦感謝伊利沙伯女皇弱智人士基金贊助，推出「智友您心」計劃，藉此推動及增加中學生對智障人士的認識，促進社會共融。此外，我們亦獲得社會工作訓練基金資助，將上述計劃的內容及相關資料編寫訓練手冊，供業界參考使用。

三. 培養及提升員工的工作能力和表現

去年，我們聘請顧問為管理層及前線員工提供一系列的培訓項目，包括團隊精神工作坊、360度管理人

員修讀登記護士課程，又於2009年4月1日主辦自閉

症服務研討會暨中、港、台、新加坡經驗結合分享會。在會方積極鼓勵下，本會數位員工更先後在2010聯合

世界大會：社會工作及社會發展的願景與藍圖，以及智

障服務地區周年會議作出簡報。

六. 促進員工關係

管理層實行開放和具透明度的政策，藉此增強員工的歸屬感。在制訂2010/11的業務計劃時，我們舉行了

員工會議及跟進討論會，邀請所有專業員工和管理層出席，收集他們的意見。此外，總幹事又與全體員工每年

召開員工分享大會及出席五個聚焦小組的會議，強化彼

此溝通合作。

除了致力推行本地服務之外，本會亦考慮到香港與中國內地其他地區關係密切，所以繼續舉辦與內地的交

流計劃。「香港最佳老友」運動參加者於2010年3月出

訪廣州，並向當地團體介紹「最佳老友」運動的詳情。

此外，我們亦繼續為澳洲扶康會擔任顧問，提供有關精

神康復服務及智障人士社區支援服務的意見。
服務理念

扶康會13所日間訓練中心致力為智障成人在生活經
驗、正向行為、社交共融、展能藝術及重要技能學習方
面拓展空間，從多元化的生活經驗及訓練中成長，建立
充實的人生。

服務成果及發展

「生活經驗互動訓練」

扶康會日間訓練中心推行「生活經驗互動訓練」，
強調有效的學習方式、多元化的活動內容、正向互動的
教導和環境安排，讓服務使用者在愉快輕鬆的學習經驗
中展現才能，體驗以人為本的康復及發展服務。「生活
經驗互動訓練」成效評估表顯示服務使用者的「多向
度互動行為表現」得分，已由2006年的29.2分增加至
2009年的30.8分（最高分為45分），顯示服務使用者的
際社交正向行為得到持續改善，有助融入社會。

「朝陽計劃」和「智障人士自我形象發展
計劃」

各中心自2008年起推行「朝陽計劃」和「智障
人士自我形象發展計劃」，以配合「生活經驗互動訓
練」。職員透過「朝陽計劃」內的活動，每天早上帶動
每位服務使用者以愉快的學習情緒去投入當日的生活流
程，並建立良好的人際關係。「智障人士自我形象發展
計劃」讓服務使用者從互動的活動和
遊戲中認識自我、
合適的儀容及衣著
配搭，提升自我形
象，以便更能融入
社會。本會計劃於
2011年初舉辦大型
「儀容及衣著配搭
天橋比賽」，帶動
各方關注發展他們
的自我形象，促進
社會共融。

密集互動訓練

密集互動訓練有不少特殊學校採用，是一個實用的
教學方法，幫助有學習障礙、不容易或不願意與人溝通
和進行任何社交活動的智障學生。扶康會於2009年在
上李屋成人訓練中心進行先導研究，了解密集互動訓練
對改善嚴重智障和自閉症成人的社交行為、溝通技巧和
需關注行為的成效，研究結果令人鼓舞，並在第六屆華
人地區啟智服務會議公佈。本會於2011-2012年度將進
行第二期先導研究，持續在更多日間訓練中心發展和深
化密集互動訓練。
扶康會結合資訊科技和訓練服務發展，持續推行「多媒體輔助訓練」作為日間訓練中心訓練智障人士的媒介。本會舉辦了兩次培訓工作坊，加強導師製作和應用「多媒體輔助訓練」單元的技巧，有超過100名員工參與。內聯網資料庫共享平台已上載了84個訓練單元範本，包括生活質素的各個範疇，供員工下載用作訓練教材。本會將繼續優化內聯網資料庫共享平台的功能和訓練單元範本，方便導師下載使用。

展能藝術

扶康會將展能藝術納入訓練活動範疇，帶入日常生活訓練活動中，藉此擴闊服務使用者的生活視野和體驗，以及透過藝術表達自我；當中包括：敲擊樂、視覺藝術、形體舞蹈及劇場等。本年度繼續獲香港展能藝術會「創藝自強」計劃安排藝術家到日間訓練中心指導展能藝術的發展和進行導師培訓。與此同時，本會於2010年3月13日舉辦了以「快樂、並融」作主題的「共融壁畫創作」活動，並在樂融坊展示由智障服務使用者集體創作的壁畫，及在第六屆華人地區啟智服務會議以「透過展能藝術促進智障人士與社會大眾交流及建立共融關係」為題與業界和公眾分享。本會將繼續以主題形式進行藝術展覽或表演，作為推動展藝發展和創作的動力，同時配合服務使用者的興趣發展專長，向公眾展示智障人士在展能藝術方面的能力和創作潛能。
服務理念

本會轄下22間家舍及員工均致力為服務使用者提供既安全又舒適的優質住宿環境，並持續改善及提升服務使用者的生活質素。

服務成果及未來發展

家長滿意程度調查

在過去一年，各員工持續努力提供優質服務，家長對住宿服務的滿意程度高達98.7%。我們對此美滿的成果，感到振奮和自豪。

「一人一夢想」計劃

去年大部份家舍繼續為服務使用者實現「一人一夢想」計劃，讓服務使用者增加不同的新生活體驗，從而提升他們的生活質素。

關注服務使用者老齡化問題

本會五間護理院舍中已陸續有不少服務使用者超過60歲，而其他家舍的服務使用者亦漸漸出現健康及機能退化問題而需要緊密照顧。因此，本會已成立老齡化

工作小組討論及跟進此議題，並作出建議和行動。

五常法管理

各家舍本年度繼續推行五常法管理，以提升環境安全和整潔，並培養員工的自律態度。我們再次邀請五常法協會提供綠帶基礎課程。各家舍亦設立五常法工作小組，以助建立持續改善的文化，有效地推行五常法，以及跟進有關工作和定期檢討。
荃葵及深水埗區各服務單位繼續於2010年1月進行區內五常法管理內部評審，會方亦於2010年3月舉辦全會分享會，提供意見交流平台，讓各服務單位彼此學習。

推動「安健院舍」

曾參加ISO 22000食物安全管理系統課程的員工於本年度為全會舉辦分享會，制定服務流程改善建議，關注食物衛生及職業安全。友愛之家更參與推行「香港安健院舍確認計劃」，為其員工提供安全和優良的工作環境，透過有效的風險管理和監控程序來減少員工的工傷機會，達致安健院舍的最終目標。此外，就預防感染人類豬型流感，各家舍均全面加強感染控制措施，為服務使用者提供更大的保障。

本會在2009年中繼續推行職安健常識問答比賽，也鼓勵員工參與職業安全健康局與勞工處合辦每年一度的比賽，以提升員工的安全意識。我們的參賽隊伍「扶康安全先鋒聯隊」於2009年9月13日決賽中榮獲全港「職安健常識問答比賽」工會/團體組冠軍，充份發揮本會的團隊精神，標誌著本會員工努力的成果。

家舍實務工作彙編

2009年中完成檢討本會第一版「家舍實務工作彙編」，並已修訂及於2009年9月出版第二版，新版加進本年度內各舍監的經驗分享和新的實務知識資料，為各家舍提供實用的參考資料，讓舍監們的寶貴經驗得以薪火相傳。

來年展望

本會各家舍均會繼續努力採取有效措施，包括傳染病管理、五常法管理、食物安全管理等，為服務使用者及員工提供健康、舒適和安全的環境。另外，將會持續推行與服務使用者老齡化相關的員工培訓。最後，本會仍會再接再厲，派出員工參加本年度職安局與勞工處合辦的全港「職安健常識問答比賽」，希望繼續提升各職級員工的安全意識，以及減低工傷意外率。

當然，我們會重新檢視各家舍運作流程、設施、人手及空間的運用等，以配合未來的服務需要。
服務理念

透過愉快的家庭生活和日常社交生活的互相接觸，讓社區人士欣賞到智障人士純樸和善良的本質，從而增加對他們的認識及接納，達至完全融入社區。

服務成果

凝聚溫情

我們特別安排了一系列的聯合家庭活動，例如觀賞展能藝術大匯演、挪亞方舟之旅、「甜蜜心連心」步行籌款等，讓智障成員有不同的生活體驗，並連繫各扶康家庭的情誼。

值得一提的是2010年初舉辦的「唱K」活動，四間扶康家庭的成員一起唱卡拉OK，各人樂此不疲又唱又跳，互相喝采，發揮扶康家庭「共融一家」的精神；更引證了智障成員有能力享受一般人的消閒活動。

發揮潛能

扶康家庭多年來與社區團體合辦和參與不少活動，本年度曾參與普世博愛運動合一少年籌辦的運動會和天主教區傷殘人士聖誕聯歡等活動。
社區共融

與我們同行多年的沙田聖本篤堂教友，每年都為扶康家庭籌辦聯歡活動；今年更與明愛蘇沙伉儷綜合家庭服務中心合辦「親子活動」。此外，固定朋友的支持，增加了社區人士對扶康家庭的認識，達致社區共融。

專業培訓

扶康家庭今年增聘了一位訓練主任指導家母日常工作；並透過不同類型的培訓課程，加強他們對家庭成員的服務思維和技巧。已提供的訓練內容包括服務智障人士的基本態度、情緒行為處理、基本急救課程、人際關係建立及溝通技巧等。

展望

強化專業培訓是提升服務質素的重要基礎。但更重要的是致力推廣創辦信念，藉著不同的生活參與，展示智障成員亦具備與社區人士互動、交流的潛能！

*「邂逅軒」、「和諧軒」和「婉明軒」由香港賽馬會慈善信託基金透過「香港賽馬會社區資助計劃」捐助部份經費，而「超瑩軒」則有賴社會人士捐助及助養計劃支持經費。
社區支援服務

服務理念
培養多元潛能，舒緩照顧壓力，集結資源網絡，發展關愛社區

服務重點
為舒緩家庭照顧殘疾人士的負擔，加強家庭照顧殘疾人士的能力，讓殘疾人士融入社區生活及獲得更多樣化的支援服務，本會因應地區的需要，於不同服務單位提供不同形式的支援服務。服務包括於2009年開始提供地區支援服務予天水圍區的殘疾人士；各區住宿服務單位提供暫宿服務；各日間訓練中心則提供臨時日間照顧服務；個別日間訓練中心更為即將畢業的特殊學校學生，提供成人日間訓練服務的實地體驗計劃。這一系列服務為殘疾人士提供多元化的支援，以配合他們的需要。

服務成果及發展
扶康會天水圍地區支援中心於2010年2月8日遷入天水圍天澤邨，成為全港第一間擁有獨立服務場地的地

區支援中心，截至2010年3月31日，地區支援中心共有276位有效會員，他們大部份為天水圍區的居民。

場地對外正式開放，任何殘疾人士只要於服務單位開放時間到來，便可使用「偶到服務」。我們希望透過開放場地，讓服務使用者凝聚於一處，建立一個屬於他們的「聚腳」點。除了提供「一站式」的服務及資訊外，同時亦希望增加接觸他們的機會，以期建立進一步的互援、互持關係。與此同時，由於場地固定，照顧服務的使用者現時能在更理想的環境獲得服務。我們亦能因應服務所需，添置更多合適的器材以提供治療服務。
地區支援中心每季推出「繽紛生活學堂」的活動刊物，是與服務使用者溝通的重要橋樑。刊物內詳列了未來一季將舉辦的興趣班、戶內戶外活動、小組訓練、家長講座、家長活動、義工活動等，方便服務使用者及早選擇合適的項目參與。

為集結區內資源，建立關愛共融社區，天水圍地區支援中心於2009年12月獲得伊利沙伯女皇弱智人士基金撥款39,000元，開展一項名為「樂融天水圍」的社區支援計劃。我們希望透過此計劃，倡導社區融合、助人自助，將「樂天」的形象帶入天水圍，建立和諧的社區。
社區精神康復服務

服務理念
推出多元化訓練與活動，以建立自信；藉著不斷鼓勵與支持，以灌注希望；透過持續支援，陪伴同行康復路。

中途宿舍
服務成果及發展
「綜合運動小組」- 鍛鍊身心，提升自信
過去數年，我們成立了綜合運動小組，為康復者提供多元化的活動，包括遠足、乒乓球、羽毛球、游泳、跑步、露營等，致力推動康復者參與運動，藉此改善身心健康，提升個人自信心。去年，康復者在鼓勵及支持下，曾參與多項公開比賽，並取得理想成績，包括足球隊勇奪香港足球復康盃季軍；另外，五位服務使用者經過持續訓練，完成了渣打馬拉松十公里賽事。但最重要是透過運動讓康復者的身心得到鍛鍊，提升自我效能感，從而建立自信。

「行出健康」第一屆全港精神復康機構遠足比賽
我們獲得食物及衞生局健康護理及促進基金、其他機構和團體的資助，於2010年1月31日成功舉辦了「行出健康」第一屆全港精神復康機構遠足比賽。活動得到其他精神復康機構大力支持，當日共有113隊近400人參賽。超過九成半的參加者滿意是次活動，並表示願意再參與同類型的遠足比賽，足見這項活動別具意義。

家屬工作
精神病患者在康復的過程中需要身邊的人不斷鼓勵，家人持續的關心和支持尤其重要。我們於去年舉辦了三個有關精神健康的工作坊，就藥物治療、就業、社交三個範疇進行研討，以促進家屬與康復者的溝通及了解。
職員培訓

我們籌備了「處理精神病危急事故」工作坊，並邀請會內其他服務單位的社工參與，互相交流工作上的實務經驗，以裝備職員，提升服務質素。

對於康復者而言，康復道路不只是漫長，更是充滿挑戰。所謂千里之行，始於足下，只要有信心和毅力，定必能康復有望。未來，我們將繼續提供多元化的活動，鼓勵康復者參與，擴闊其生活層面，認識自我，發掘生活的意義和樂趣。另外，我們亦著重正向心理的培養，提升康復者的自我效能感，學習堅毅和忍耐，於崎嶇不平的康復道路上克服困難，過更充實和有意義的生活。

社區精神健康支援服務

服務成果及發展
積極回應社區需要，發展服務

在服務上，我們關注到情緒病、抑鬱症康復者的需要。因此，由2009年4月至2010年3月推行為期一年的試驗計劃－「樂延社」，以「推廣快樂、延續支援」為目標，以「正向心理」為服務的理論基礎，透過一系列的小組工作手法、社區教育活動、個案的延續跟進等，為這些服務對象以及社區夥伴(包括學校、地區團體、家屬)提供具預防性及發展性的服務。

「連友Club」— 服務使用者的自決和參與

「連友Club」是社區精神健康支援服務的重點發展小組，藉著集結組員的力量，提供籌辦活動的機會，讓組員可以發揮所長，提升他們自決和參與的權利，達至助人自助。去年共有20位服務使用者參與「連友Club」成為組員，每月安排一次例會，他們成功籌辦三次生日會予其他服務使用者，並得到參加者的讚賞和支持，這些正面的回饋令組員肯定自己的能力，亦可以於活動中實踐自己的意見，獲得成功經驗。

面向社區，推廣精神健康

本會藉著「樂延社」試驗計劃，在服務期間共成功籌辦五個社區教育活動及工作坊，為不同的社區對象包括家庭、長者、中學生等，推廣有關精神健康及正向心理的訊息，超過1,300人參與，反應理想。

政府將於2010年10月於全港18區成立以社區為本的「精神健康綜合社區中心」，扶康會同期展開有關服務，範圍包括港島部份南區和中區，服務單位名為「康晴天地」。事實上，必須要有良好的配套，才能協助康復者融入社區生活，除了專業人士適時的協助外，亦須強化一些十分重要的非正式支援網絡，如家屬、朋友、鄰居、義工、自助組織等。
服務理念

結合工場服務、輔助就業服務和社會企業業務，為殘疾人士提供一站式的職業技能、工作習慣、職業和社交技能訓練，並為有潛質和願意公開就業的殘疾人士提供職前培訓、就業選配、在職督導及持續支援，讓殘疾人士得以持續發展、展現才能及擴闊選擇。

服務成果及發展

工場服務

扶康會三所工場為殘疾人士提供職業技能訓練包括：裝配和包裝、簡單印刷、汽車美容、清潔、短片拍攝及多媒體製作、零售、洗衣、空氣消毒及滅蟲等。透過員工的努力和有效的業務策略，生產收入達263萬元，與去年相約。毅誠工場得到UPS慈善基金和攜手扶弱基金贊助，於2009年12月設立「康姨餅房」，並取得烘製麪包餅食店牌照。由於曲奇餅質素優越，首四個月平均營業額已接近二萬元。工場會繼續因應就業市場情況，致力發展新工種，為有潛質的殘疾人士增加不同類型的職業訓練選擇。與此同時，工場著重提供保障職業安全及健康的工作場所，葵興職業發展中心安裝了空氣
過濾系統，並成功取得空氣質素檢定計劃(IQA)的卓越級別，加強了工場承接要求清潔工作間的工種的競爭力。工場亦著手加強物流管理，配合更多和越趨複雜的工種。

工場引入電子業務管理系統，減低人手處理的工序，以進一步加強營運效率和業務資料的準確性。系統範圍包括：服務使用者訓練津貼計算、客戶管理、報價、結算等，預期於2010至2011年度全面應用。

### 社會企業

社會企業

由扶康會成立的康融服務有限公司(康融)經營清潔、滅蟲及零售店務等服務合約業務，為工場和輔助就業服務的殘疾人士提供訓練、實習和就業機會。康融現時有64名僱員，當中包括45名殘疾人士。除個別客戶和非政府機構外，亦承辦公營機構如醫院管理局、香港大學和香港房屋委員會的服務合約。康融憑藉多年營運合作社的經驗，於2009年9月起營辦位於樂融坊的扶康會合作社，並於2010年5月取得小食食肆牌照，為殘疾人士提供面向社區的小食及零售店務實習和就業機會。康融將會持續強化各類業務的運作管理，確保效率和質素，促進業務的市場競爭力和持續發展，為工場和輔助就業服務的殘疾人士提供更多訓練、實習和就業機會。

### 輔助就業服務及殘疾人士在職培訓計劃

輔助就業服務和殘疾人士在職培訓計劃透過積極的服務推廣和提升殘疾人士的工作動力和能力，同時得到僱主對殘疾人士自力更新的鼎力支持。從過去一年共協助了25名殘疾人士成功公開就業後毋需持續支援，佔整體服務人數約17%，同時有五間新公司加入了我們的僱主網絡。

職業康復及發展服務亦關注發展殘疾人士的社交技能及網絡，設於工場的社交會所讓殘疾人士在舒適輕鬆的環境中享用各種消閒設施及參與小組活動，導師與殘疾人士定期茶聚，促進溝通和按個別需要提供支援。
自閉症人士服務

關注自閉症，以「牽蝶」精神與自閉症人士同行

本會為響應「世界自閉症意識日」，於2009年4月1日舉行「自閉症服務研討會暨中、港、台、新加坡經驗結合分享會」，讓業界人士、家長、服務使用者一同探討及分享四地的服務。超過百分之七十的參加者表示，研討會能增強他們對自閉症的認識。故此，本會的自閉症服務工作小組將研討會講者的演講資料，編織成一份「自閉症學習教材」作本會職員培訓之用。本會亦正籌劃為會內前線職員開辦「復康人員基礎證書課程（自閉症）」，期望於三年內，能為本會600名前線職員提供訓練。

現時，山景成人訓練中心仍維持兩班共15名服務使用者的「TEACCH班」，不單採用適合自閉症服務使用者的「結構化教學」方法，並配合「生活經驗互動訓練」理念的活動，提升自閉症服務使用者的學習效能，擴闊他們的生活經驗。
牽蝶中心

一間專為自閉症及發展障礙人士提供專門訓練的自負盈虧中心，透過「專業介入、牽引成長、以家為本、融入生活」的理念及手法，激發他們的潛能，展現出如蝴蝶般美麗的人生。

去年，牽蝶中心為200多名服務使用者、家屬及業界同工提供多元化的服務，如個別及小組治療、工作坊、證書課程及講座等。從服務使用者對中心服務的意見問卷中（1分為極不滿意，6分為極滿意），他們對個別及小組治療的滿意程度的平均分都為5分以上。數字反映服務使用者對中心服務的肯定及認同，鼓勵我們繼續努力，提升服務質素，為有需要人士提供不同形式的服務。

此外，牽蝶中心的服務亦日趨多元化。臨床服務方面，我們不斷更新及優化家居訓練的策略，並引進不同的治療技巧；培訓服務方面，我們把感覺統合的知識及經驗整理，推出了感覺統合證書課程，讓更多人認識到感覺統合障礙如何影響自閉症人士的生活，從而尊重他們的需要及安排適切的調適和訓練；近日我們更得到扶康助展基金贊助推出兒童發展支援計劃，讓中心服務走進社區，協助幼稚園及幼兒中心有自閉症或發展障礙的學童得到早期支援與訓練，提升生活質素，減輕家人的困難和壓力。

未來，我們除了不斷發展多元化的治療訓練的策略，提升治療及家居訓練的質素，同時把經驗與知識整合，推出不同證書課程，讓更多人能有系統及全面認識自閉症人士的需要，協助他們身心得到全面發展。此外，我們繼續拓展對幼稚園及幼兒中心的支援服務，讓更多學童得到適時適切的訓練。
背景

「最佳老友」運動是美國甘迺迪家族成員之一安東尼．甘迺迪．施萊佛於1989年就讀佐治城大學時創立的國際性友誼運動，旨在讓智障人士與學生／社區人士透過接觸，建立一對一的友誼，提升智障人士的生活質量，及提供平等參與社會的機會，促進社會共融。目前，全球46個國家及地區中的1,300間初中、高中和大學已成立「最佳老友」分社，每年受惠人數多達25萬人。本會於2004年獲邀展開的「香港最佳老友」運動，目前是全亞洲區成立最多學校分社的地區。

服務重點

「香港最佳老友」運動踏入第六年，我們十分高興得到利銘澤黃瑶璧慈善基金、伊利沙伯女皇弱智人士基金、中華電力有限公司、社會工作訓練基金、深水埗區議會、荃灣區議會及眾多商業團體的大力支持，使我們得以成功舉辦多項共融活動。重點活動包括：廣州交流團、第六屆「香港最佳老友」運動電能烹飪比賽、美
服務成效

「香港最佳老友」運動配合香港新高中學制改革，透過本會的「智友您心」計劃，為學生提供其他學習經歷。同學和智障人士於過去一年共同參與了多姿多采的活動，使同學及老師更能實踐社會共融。此外，同學對智障人士及康復服務有更深入的了解，繼而建立一對一的友誼。

服務發展方向

我們會繼續推動更多學生參與「香港最佳老友」運動。另一方面，我們於2010年3月前往廣州，與當地青年義工交流經驗。廣州市殘疾人聯合會及當地多個團體均對是項智障人士友誼運動感興趣，我們希望將最佳老友一對一的友誼運動的精神，向國內團體推廣。

「香港最佳老友」運動顧問

本會感謝各界熱心支持「香港最佳老友」運動，提供意見及擔任本運動顧問，成員包括：

康復專員蕭偉強先生
教育局首席助理秘書長(課程發展)張國華博士
香港大學學生事務長周偉立博士
香港中文大學社會工作學系研究生學部主任錦雁濤教授
香港浸會大學協理副校長傅浩堅教授，MH, JP
香港樹仁大學社會工作系高級講師曾樹明先生
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社會工作服務

服務理念

以社工的價值、信念及專業守則為基礎，運用適時的介入手法和連接社區資源以促進跨專業合作，滿足服務使用者及其家庭的需要，並讓他們行使公民的一切權利。

服務成果及發展

社工已率先全面使用互聯網「個案管理系統」，包括登記表格、個案記錄及個案檢討，能有系統地儲存及檢視服務使用者的資料。「個案管理系統」進一步促進內不同專業就服務使用者健康狀況、醫療記錄、訓練內容及進度等互相分享，以達致迅速回應服務需要的目標。

社會工作服務會議成立工作小組制定適切指引及推行有關培訓，以強化社工作「個案經理」的角色及功能，有效連結各類資源及服務系統，以滿足服務使用者及其家庭的需要。來年仍會推行有關「社會工作個案管理」的實務培訓。
隨著服務使用者的主要照顧者——父母——日漸年長，社工已開始著力與服務使用者的其他重要人物的聯繫工作，特別是與其兄弟姊妹。這除了讓他們了解本會服務外，還期望能”接捧”擔任照顧者的角色，令服務使用者不會因父母年老而失去家人的關懷。「加強兄弟姊妹/新年青一代親屬了解扶康會服務」列為2010至2011年度業務計劃其中一項主要表現指標。

雖然去年受到新型流感襲港，卻無阻社工的努力，以提升服務使用者的生活質素，並讓他們積極融入社會。除推出「智有您心」社區共融訓練教材套以配合新高中學制，並在中學推廣社區共融活動外，更積極倡導「殘疾人權利公約」，讓社區人士了解殘疾人士在教育、交通、無障礙設施等方面的需要。
服務理念
按服務使用者需要，提供臨床心理服務、諮詢服務及職員培訓。

服務成果及發展

加強職員培訓

臨床心理學家因應服務需要，為職員提供一系列培訓課程，當中包括行為處理課程及壓力管理課程。此外，亦按服務單位的需要提供特定的職員培訓講座。本會正編寫「行為處理個案小冊子」，收集和整理不同類型的挑戰性行為的個案處理，當中包括暴力行為、自傷行為及自閉症服務使用者的行為處理方案等，以供各服務單位日後按需要參閱及使用。

智障人士性教育
基於傳統禁忌或學習上的障礙，智障人士的性教育往往被忽略。但事實上，智障人士也有性需要及遇到與性有關的問題。臨床心理學家在服務單位舉辦性教育小組，與智障人士探討有關問題，當中包括自我保護、社交禮儀、與異性相處之道、談戀愛及婚姻等。臨床心理學家亦就服務單位的性教育課程提供意見，讓服務使用者正確認識與異性相處之道，保護自己免受侵犯，並適當地處理性需要。
提供心理服務予自閉症人士

臨床心理學家透過本會牽蝶中心為有需要的人士進行自閉症診斷、智力評估、心理評估及心理治療等服務。

制定行為處理政策

本會的挑戰性行為工作小組正草擬有關行為處理的政策，希望為服務單位提供更清晰的指引，協助他們處理相關問題。
服務理念
尊重服務使用者的生命、尊嚴和權利。促進健康，預防疾病，協助康復及舒緩疾病痛楚。以實證為本，提供適切的全人護理。

服務成效及發展
預防傳染病
香港於2009年5月1日出現首宗確診人類豬型流感（甲型H1N1流感）個案，隨著疫情擴散，流感大流行應變級別系統也提升至「緊急」級別。健康護理服務團隊亦即時召開緊急會議，修訂了「高致病性流感/流感大流行應變指引」。護理專業團隊除嚴格執行感染控制措施、加強職員及家屬對防感染知識的教育外，亦積極配合衞生署推行季節性流感、肺炎球菌及人類豬型流感等防疫注射計劃，並向服務使用者、其家屬及監護人解釋詳情，以便為服務使用者作出恰當的選擇。

智障人士老齡化
由於醫學、營養及照顧等各方面的進步，智障人士較以往更長壽，而智障人士老齡化亦成為康復服務重要課題。研究顯示，智障人士從40歲開始便出現退化徵象，除老年慢性疾病外，他們亦較大機會患上甲狀腺疾病、癡肥、牙齒及口腔疾病，以及老人痴呆和抑鬱等精神問題，唐氏綜合症患者亦較一般人提早20年患上阿氏痴呆症。據本會於2010年8月的統計，轄下17間住宿服務單位有61%的服務使用者已達40歲或以上，並開始步入老齡及出現退化和慢性疾病的徵象。由於智障人士存在溝通障礙，難以表達病情，故更依賴照顧者的觀察和關懷。

為達致及早預防、及早察覺和及早診治的目標，康護理服務團隊參考Dr. Beange於1999年就管理智障人士健康議題給予聯合國世界衛生組織的多項建議，制定了相應措施，包括：住宿服務使用者每年由到診醫生做一次身體檢查，並為年過40歲的服務使用者每月量度血壓及每年量度身高，並建議每五年作骨質檢查；另將甲狀腺素列為每五年全身常規檢查，日常以高鈣脫脂
奶代替全脂奶。唐氏综合症患者方面，会对他们加强监察老人痴呆的症状。另外，定期为患有癫痫症及服食多种药物的服务使用者作药效监察，提醒医生检视治疗计划。如有特别病徵者，会立即请到专科医生作专科转介。

服务使用者的膳食以低盐、低糖、低油及高纤维饮食为原则，保持健康饮食，减少便秘问题。因应他们机能衰退，会加强风险评估，作出合适转介及按需要增添设施，如医院床及浴椅等，以减轻疾病及残障对日常生活的影响。同时亦会加强前线职员培训，以协助监察服务使用者的转变。

此外，本会积极与香港大学专业进修学院筹办「智障人士老龄化护理基础证书课程」，强化护理专业团队对智障人士老化的护理知识，以装备护理专业同工，迎接未来挑战。
配合社會需要，提供多元化、適切的治療方法，與世界接軌

治療師致力改善服務，參考世界先進的治療技術，在不同範疇提升服務使用者的生活質素。

服務使用者老齡化事宜

鑑於服務使用者的年歲日長，其需要已與前不同，服務策略、方針或焦點亦有必要作出調校。有見及此，會方成立了一個工作小組，詳細研究老齡化引伸的問題，並作出部署。小組當中，有治療師代表出席並擔任召集人，而背後有整隊治療師隊伍作支援，搜集資料，作出建議，希望集衆人的智慧為老齡化事宜預早作出籌劃及定案。

運動文化的建立

運動推廣小組

今年，承蒙「蘋果日報慈善基金」撥款24,750元資助，第二階段「至FIT跆拳道訓練班」亦順利完成。20多位來自不同服務單位的智障人士，參加為期16堂的跆拳道訓練班，讓服務使用者不但能夠強身健體，更能增強自信及提升專注力，並且結識更多新朋友。

運動餐單

物理治療師透過不同的運動設計，利用集體運動組形式，提高服務使用者參與運動的機會或能力，延緩服務使用者老化的情況或作體重控制。現階段推出七類運動：坐式太極、簡易保健運動操、簡易站立運動操、活
力健康操、早操小組運動、踢出活力運動方案及籃球小組，讓服務使用者享受運動帶來的樂趣和效用。

吞嚥電療法
治療師採用了吞嚥電療法，為有吞嚥困難的服務使用者提供治療。經過一段時間的治療後，有些服務使用者已能增強吞嚥反射，由進食水質食物進展到能吃濃度較高的食物。此外，有部份服務使用者於進食時經常咳嗽，經治療後，情況大有改善，其他成功例子包括增強合脣的動作，減少流口水的情況。總括來說，此項治療為那些需要用鼻鬚管進食或只能進食水質食物的服務使用者帶來希望，使他們有機會得到咀嚼而來的開心和滿足。

感覺統合治療

感覺統合治療

感覺統合治療中心(澤安)於今年進行了「感覺統合治療對智障人士的感覺處理能力及情緒改善的成效研究」。10位嚴重智障的成人服務使用者須接受為期12週的聽樂治療及感覺餐單訓練。在探討過程中，發現服務使用者持續進步，在感覺處理方面，自轉的自我刺激行為及不斷脫鞋的情況有所改善。除此之外，臨床觀察發現服務使用者在言語表達上較以前多了。

感覺統合小組

感覺統合治療中心(澤安)逢星期六舉辦四節感覺統合小組，這項服務一直深受家長和小朋友歡迎，小朋友經治療後各方面均有改進。家長不時送來心意卡，感謝職員提供優質的服務。

外展服務

今年年初，感覺統合治療中心(澤安)於努力試課程訓練中心提供感覺統合治療外展服務，開辦課程以訓練家長進行感覺套餐，亦提供小組治療活動，讓更多社區人士受惠。
團結家屬力量，為殘疾人士發聲

扶康家長會由各服務單位家長代表組成，於2000年12月12日正式成立，現有400多位會員。家長幹事會是由服務單位的家長代表中，互選出15位幹事所組成，幹事會各成員在社工的協助下分擔及推動會務。家長會旨在促進會員間之互相扶持，謀求殘疾人士的福利和權益。

在過去一年，扶康家長會發揮團結精神，多次探訪各服務單位的家長組，通過家屬之間的懇談，鼓勵他們參與家長活動，與機構保持合作和溝通，攜手為服務使用者謀求更佳的服務質素。

與機構同行，共結夥伴

機構重視家長工作的發展，委派專責的區域經理和八位社工，按個別幹事職能作出配對及協助，增強幹事會主責幹事的工作效能。除此以外，以輔助角色協助家長會幹事推展不同項目，包括組織服務研討會、國內交流、康樂活動等。

機構的管理層對家長事務均予以尊重和支持，重視與家長們討論與交換意見的機會，總幹事亦經常出席家長幹事會，諮詢他們對機構服務的意見，積極保持雙向的溝通。再者，董事局各委員對家長事務都十分關心，非常樂意出席家長會的活動，每年家長會的週年大會，大家都濟濟一堂，增進彼此的溝通和關係，體現機構和家長的夥伴關係。

從政策到運作，處處關心

家長會的幹事們不僅關心機構的服務質素，更熱心參與康復界的家長聯席會議，了解其他家長組織的訴求，以關己及人的態度，支持為殘疾人士爭取應有的福祉。

家長幹事於去年參與了家長聯席會議的呼籲和行動，召集各服務單位的家長到立法會作出請願行動，要求立法會議員正視殘疾人士的服務需要，與及院舍不足等問題，並要求政府作出建院規劃。此外，家長會亦
多次聯同其他家長組織向政府官員，包括勞工及福利局局長張建宗先生，GBS，JP、立法會議員等直接反映院舍服務不足的問題。連串的家長請願行動成功令立法會福利事務委員會於2010年成立「殘疾人士及長者住宿及社區照顧服務事宜小組委員會」，認真關心殘疾人士服務。

此外，在康復服務的政策上，扶康家長會亦通過撰寫家長意見書，積極反映家長的意見，其中包括回應「香港社會福利的長遠規劃諮詢文件」意見書等。

探訪國內康復單位，事事關懷
扶康家長幹事會自成立開始，均非常關心國內殘疾人士的服務，曾多次組織家長探訪國內康復單位，交流彼此的服務心得。家長幹事去年更應南京方舟啟智中心邀請，探訪中心的服務，並為當地的家長提供培訓，分享香港家長的經驗，鼓勵南京的家長要團結一致，為智障的孩子爭取訓練的機會，更寄語南京的家長們要積極面對將來，繼續尋求政府和社會對康復服務的支持。

邁向十週年，承先啟後
扶康家長會經歷五屆的幹事會，於2010年年底將逾十載。回望過去，前人的經驗和努力為家長會建下基礎，十年的成果是否如家長們的意願，經已牢固的扎根起來呢？

面對遙遙長路，這個為子女們當代言人的責任，家長們會無怨無悔的繼續承擔下來。在會務發展方面，現任的家長幹事會將更積極地去探討未來家長工作的發展，繼續肩負起為殘疾人士發聲的使命。家長們對於未來需要發掘更多同行夥伴，爭取更多康復資源等的呼聲和訴求，似乎在十週年將臨之際，已為家長們釋出啟示，揭開未來家長工作嶄新的序幕。
機構文化的變革

落實核心價值．推動好人好事．提供卓越服務

文化是人類歷史發展的集體成果。扶康會機構文化的精華是在於她的30多年歷史，當中包含創辦人及無數人士的心血及努力，才能發展到今天的成就。誠然機構是由一群志同道合的個體所組成並分工合作，所以她是生命活力的，她的硬件、制度、功能、服務亦會不斷成長。所以，我們的機構文化在集體的智慧和協力下亦會不斷改善。

我們近年落實推動機構文化的正面變革是有一個全體成員參與的模式（附圖）。其中，董事局的領航及支持是最重要的；此外，由管理層領導的各項事工，各級員工的參與及完成任務才能達致預期的果效。

扶康會經過以往數年的努力，已成功建立了愛心文化、嘉許文化及開放文化的基礎，每位職員以無比的愛心去提供優質的服務，學會互相欣賞及激勵，對服務更是精益求精。本會在過去一年全面落實五項「核心價值」，包括關懷尊重、專業精神、協同效應、熱誠主動及持續改善，以提升本會服務質量。為了更有效推行「核心價值」，本會更展開了以下工作：

一． 第二屆「好人好事表揚計劃」

繼2007年成功舉行第一屆「好人好事表揚計劃」後，本會再接再厲，於2009年6月展開第二屆「好人好事表揚計劃」，藉此將機構的嘉許文化與職員日常工作結合，使大家認同機構文化變革和培育的需要及好處。本會鼓勵所有服務單位參與是次計劃，並以個人為參選單位，推舉實踐各「核心價值」的感人事蹟，競逐各個獎項。評審先由各區的家長代表選出入圍「好人好事」，然後由全體員工投票選出五個「核心價值獎」的得獎者，全體投票最高分得勝者更獲得「核心價值百花獎」的最高榮譽大獎。

最高榮譽「核心價值百花大獎」：陳鳳卿（健持之家）
### 獎項

1. **關懷尊重康乃馨獎**
   康乃馨代表溫馨及體貼的照顧
   冠軍：陳鳳卿（健持之家）
   亞軍：李小翠（天耀之家）
   季軍：梁帶荷（山景成人訓練中心）

2. **專業精神洋紫荊獎**
   洋紫荊代表香港市花，即我們作為國際都會的專業精神
   冠軍：朱美玲（潔康之家）
   亞軍：蔡嘉琪（樂華成人訓練中心）
   季軍：何麗珊（天耀之家）

3. **協同效應蒲公英獎**
   蒲公英代表群體乘風飄送到各地開花結果
   冠軍：陳健思（山景成人訓練中心）
   亞軍：文容娣（康融服務有限公司）
   季軍：鄭怡富（上李屋成人訓練中心）

4. **熱誠主動玫瑰花獎**
   玫瑰花代表熱情洋溢更多姿多采
   冠軍：梁健勝（思諾成人訓練中心）
   亞軍：馬斯彥（興華成人訓練中心）
   季軍：鄭旭君（麗瑤之家）

5. **持續改善太陽花獎**
   太陽花代表不斷調節自己爭取更多陽光去生長及發展
   冠軍：郭向明（天耀之家）
   亞軍：潘志偉（康融服務有限公司）
   季軍：張桂蓮（良景成人訓練中心）

頒獎禮已於2010年2月的週年職員聯歡晚宴中舉行，場面熱鬧感人，大家都深信人人都可以繼續做好人、做好事。

### 二. 「核心價值」應用卡

本會已編製「核心價值」應用卡，方便各服務單位就不同組別（治療師／社工／護理／導師／照顧／行政／前線職員）針對不同服務使用者／家人／同事的不同需要而落實各項核心價值。

### 三. 結論

扶康會積極推行各項措施，落實「核心價值」，致力推行正面的機構文化變革。本會在董事局、行政管理層、各服務單位經理及負責人、全體各級員工的支持和努力下，將不斷改善機構文化，讓扶康會成為「最優質的殘疾人士服務機構」。
扶康會成功變革機構文化流程圖

機構願景：
成為香港最佳的殘疾人士服務機構

董事局：
領航大方向的發展，並支持各項計劃

總幹事及行政管理人員：
持續設計、吸納基層意見、策劃、運作、評核及推動變革機構文化的價值觀及計劃；並與全體員工分享成功的果效。

服務單位經理／負責人：
持續反映基層意見；解釋、執行及檢討計劃的成效；並推動機構的正面文化。

服務單位各級員工：
不斷掌握充份資訊、明瞭每個崗位的職責、協助推動計劃、反映實況、持續發揮成功的果效，並提供優質的服務。

各服務單位：
成效分享，並推展至其他服務單位(知識及實踐管理)

成功適用
各層次對計劃的實施及成效的檢討

成效分享，並推展至其他服務單位(知識及實踐管理)
週年資料統計回顧

I. 人事

i) 員工人數

ii) 僱用殘疾員工人數

扶康會於2004年正式成立康融服務有限公司(康融)。康融是一間由扶康會管理的社會企業，主要為殘疾人士創造及提供就業機會及就業培訓，作為他們過渡至公開就業市場的康復平台。

iii) 員工發展

員工參加課程 / 實地考察 / 工作坊 / 講座 / 研討會的時數

扶康會僱用殘疾員工人數
(2009-2010)

康融僱用殘疾員工人數
(2009-2010)

康融提供予殘疾人士的
就業培訓機會
(2009-2010)
## II. 服務名額及受惠服務使用人數

<table>
<thead>
<tr>
<th>服務名額及嚴重殘疾人士服務</th>
<th>服務名額 (31.3.2010)</th>
<th>服務使用者人數 (1.4.2009-31.3.2010)</th>
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<tr>
<td>i) 住宿服務</td>
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### 服务使用者主要残障类别

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財政報告

二零一零年三月三十一日資產負債表

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<td>(6,741,998)</td>
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<td>(6,215,674)</td>
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<td>傢俬與用具添置及小型工程資助</td>
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於二零一零年八月廿三日獲董事局通過

附註：如欲查看詳細已審核的年度財務報表及呈交社署之周年財務報告，請與本會總辦事處聯絡。
收入及支出 二零零九至二零一零

收入分析
全年收入約為港幣二億八千一百多七十三萬六千元 (包括資助固定資產購置)

支出分析
全年支出約為港幣二億七千二百九十四萬六千元 (包括購置固定資產)
## 永久會員芳名

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<tbody>
<tr>
<td>文錦華先生</td>
<td>Mr &amp; Mrs Li Fook Hing</td>
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<tr>
<td>李惠群女士</td>
<td>Mr &amp; Mrs Li Fook Sean, LLB, GBM</td>
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<tr>
<td>林智芬女士</td>
<td>Mr Antonio Jose Rocha</td>
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<tr>
<td>冼素冰女士</td>
<td>Mr Arthur Garcia, CBE, JP</td>
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<td>徐玉卿女士</td>
<td>Mr Au Kwong, Henry</td>
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<td>張燕紅女士</td>
<td>Mr Au-Yeung Tsan Pong, David</td>
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<tr>
<td>梁美芬女士</td>
<td>Mr Chan Chi Fung</td>
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<td>陳浩年先生</td>
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<td>曾志峰先生</td>
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<td>Mr Chris Bale</td>
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<td>Mr Choy Lai Tack</td>
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<td>Mr Chris Bale</td>
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<td>Mr Chung Chiu Man</td>
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<td>Mr Didero Claudio</td>
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<td>Mr Lam Chun Man, Anthony, SBS, QFSM, CPM</td>
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<td>Mr Li Kit Lam, Lawrence</td>
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<td>Ms Lee Shuk Yin, Monica</td>
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</table>
鳴謝

本會對過去一年（2009年4月1日至2010年3月31日）以金錢、物質或精神上支持本會的所有機構和個別人士致衷心謝意。

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吳冬花
吳冬喜
吳悅輝
吳濱權
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<td>Chinese Cuisine Training Institute, Hospitality Industry Training &amp; Development Centre</td>
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Shui On Properties Management Limited
Shum M Y / Hung S Y I
Shun Tak - China Travel Ship Management Ltd
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Sin So Bing
Sino Group
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Yip Ho Lam
Yip Wai Ming
Yiu Ka Lam
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Yue Pui Hing, Eleanor
Yue Shi Kwong
Yuen Hing Joss Stick
Yuen Yuet Ling
YWCA Cheung Ching Neighbourhood Elderly Centre
Zhou Chenjen

由於篇幅所限，恕未能盡錄所有善長芳名，敬請見諒。
### 會員申請

<p>| | |</p>
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<tr>
<td>□</td>
<td>繼續成為普通會員 &lt;年費五十元&gt;</td>
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<td>□</td>
<td>參加為普通會員 &lt;入會費一百元&gt; 及 &lt;每年會費五十元&gt;</td>
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<tr>
<td>□</td>
<td>參加為永久會員 &lt;會費一千元&gt;, 免年費</td>
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</table>

### 扶康之友

- □ 本人希望參與「扶康之友」，提供義工服務

### 索取資料

- □ 本人希望得到更多有關扶康會的資料

### 捐款

#### 支持項目

- □ 扶康家庭
- □ 自閉症人士服務
- □ 扶康會其他服務

#### 金額

- □ HK$200
- □ HK$500
- □ HK$1,000
- □ 其他 ____________

### 捐款方法

- □ 現金 - 請把捐款直接存入本會滙豐銀行戶口 119-290005-838
  (請把銀行存款收據連同本表格寄回本會)
- □ 劃線支票 - 抬頭請寫「扶康會」
- □ 按月自動轉賬（自動轉賬表格將隨後寄上）
- □ 信用卡 □ VISA Card □ Master Card
  - 持卡人姓名 ________________
  - 日期 ________________
  - 信用卡號碼 ________________
  - 信用卡有效期至 ________________
  - 持卡人簽署 ________________
  (信用卡捐款可傳真至 2786-4097)
- □ 其他方法
  - 7-ELEVEN / 繳費靈 PPS (請將收據連同表格寄回本會)

### 個人資料

| 姓名/機構 | _______________________________ (先生/小姐/女士) |
| 地址 | ____________________ |
| 電話 | ____________________ |
| 電郵 | ____________________ |

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- □ 倘若閣下不想再收到有關「扶康會」的任何郵遞／電郵信件，請加「✓」號，並把本表格寄回本會。

多謝您們的支持！
扶康會
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樂年花園保安道二號A地下