



Health Professions Students Residential Care Homes Working Scheme

健康專業專上學生 院舍工作計劃

為支援院舍應對院友確診後的康復訓練，本會持續參與社聯的《健康專業專上學生院舍工作計劃》，至今超過 50 位護理學生、職業治療及物理治療準畢業生獲委派到各服務單位工作，不但暫時舒緩護理及訓練上的壓力，也是一項社區教育，藉以增進學生對殘疾人士的了解及認識，播下共融社會的種子。

其中啟悅成人訓練中心於本年 3 月初爆發疫情，39 位留宿的院友受到感染。在此計劃下，服務單位獲安排職業治療系學生潘小姐入職為「高級護理學員」，舒緩照顧人手的壓力；同時，潘小姐憑其專業知識，協助院友們作出針對性的病癒康復訓練，如：四肢肌能和拉筋練習，以及自理能力訓練，如：餵食及如廁訓練等，從而加強院友應付生活的需要。

除院友受益外，潘小姐更在工作中有所得着，最深刻是她以這段話來總結今次的工作：「這個計劃為我帶來雙重裨益，既能讓我學以致用，回饋社會，更讓我領受到院舍跨專業團隊互相協作，以人為本的服務精神。」

To support our hostels' training for residents in need of Post-COVID rehabilitation, the Society has continuously worked with the Hong Kong Council of Social Service's "Health Professions Students Residential Care Homes Working Scheme". So far, over 50 nursing, occupational therapy and physiotherapy pre-graduates had been matched with our hostels. This not only temporarily helped relieving the burden of care and training, it was also a kind of community education that enhanced students' understanding on the needs of persons with disabilities, which sowed the seed of community inclusion.

Among these hostels, COVID-19 broke out at the Kai Yuet Adult Training Centre in the beginning of March this year. 39 of its residents were infected. Under the scheme, Ms. POON, an occupational therapy student, was matched with the service unit as a 'Senior Student Worker' to relieve the caring burden of our care workers. Additionally, with her professional knowledge, Ms. POON carried out targeted rehabilitation trainings such as muscle strengthening and stretching exercises, and self-care training like feeding and toilet exercises to strengthen our residents' ability.

Our residents were not the only party benefiting from the scheme, Ms. POON herself also had valuable learnings from the experience. Her words in summing up her experience enlightened us, "This scheme provides me double takeaways. It allowed me to apply what I have learned while giving back to the society. At the same time, I have learnt from the spirit of collaboration among professions at the hostel, so as to provide person-centered services."

