

# 扶康關愛家庭通訊

## Family Care Homes Newsletter

### 同樂日

關愛家庭分別在 2019 年 5 月及 8 月舉行同樂日，讓服務使用者、職員及義工們聚首一堂。兩次同樂日均租用社區中心的地方讓參加者透過遊戲及肌能運動舒展筋骨及增進感情。參加者皆享受活動中的樂趣，並一同享用豐富的午餐，渡過愉快又充實的一天！

### Fun Day

Family Care Home organized two fun days in May and August 2019 to gather service users, staff members and volunteers together. The fun days took place in a community centre, which enabled participants to relax their muscles and strengthen their relationships through games and muscle-strengthening exercises. All of them had fun at the activities and they enjoyed a hearty lunch together. What an enjoyable and meaningful day!



## 遊覽觀塘海濱花園

於 2019 年 8 月，耶穌復活堂聖雲先會的義工，安排了遊覽觀塘海濱花園的活動給予關愛家庭服務使用者參與。活動當日天朗氣清，義工們陪同服務使用者漫步觀塘海濱步道，沿途服務使用者享受著維多利亞港海景及四周景色的同時，也聽著義工們介紹香港社區的轉變，展現出珍貴的共融精神。

## A Tour to Kwun Tong Promenade

In August 2019 Resurrection Church volunteers arranged a Kwun Tong Promenade tour for Family Care Home service users. Accompanied by the volunteers, they strolled along the waterfront boardwalk at the Promenade on a sunny day. They were truly amazed by the stunning views of Victoria Harbour and the surrounding areas, at the same time listening to volunteers' description of the evolution of the Hong Kong community. The valuable spirit of inclusion was thus fully displayed.



## 關愛家庭旅行

關愛家庭服務使用者、家屬和義工於 2019 年 11 月到西貢獅子會自然教育中心旅遊，一起走到戶外與大自然生態接觸，被花花草草、蜻蜓蝴蝶包圍，並於昆蟲館內觀賞各類昆蟲標本，了解不同昆蟲的生活習性。大家其後一起到西貢公眾碼頭附近遊覽，各人皆盡興而返，是次旅遊促進了彼此認識及了解，為創建共融社會邁進一步。

## Family Care Home Trips

Family Care Home service users and their families, together with volunteers, visited the Lions Nature Education Centre in Sai Kung in November 2019. On this day they went outdoors, contacted natural ecology and were surrounded by flowers, plants, dragonflies and butterflies. They observed different kinds of insect specimen in the insectarium and learned about their habits. Later on they enjoyed the views around Sai Kung Public Pier and had a great time together. This trip facilitated mutual understanding and brought people one step closer to an inclusive society.

