

長康之家獲發「關愛長者、全民護老」《三星級證書》

Cheung Hong Home Received Three-Star Certificate in "Care for the Elderly. We all Care" - Caring Institution Award Scheme



扶康會長康之家舍友自2003年起，每月聯同區內香港基督教女青年會長青松柏中心長者義工，定時探訪區內獨居長者，送上「愛心湯」，協助智障人士積極融入社會，以體現人人平等、互助互愛和互相學習的精神，達致社區共融。舍友多年參與義務工作，更榮獲社會福利署荃灣及葵青區安老服務協調委員會嘉許為「關愛長者、全民護老」機構嘉許計劃的三星級證書機構。

探訪獨居長者活動每月舉行一次，長者義工及智障舍友均踴躍參加。每次大約有七至八隊義工隊，三至四人為一小隊形式，帶著由家舍提供的愛心湯壺挨門逐戶進行探訪，義工及獨居長者互相分享日常生活的點滴和感受。在家訪談話中，各人都感受到無限的暖意與關懷。

活動過程中，獨居長者感受不同社會人士的關愛和溫暖，並讓智障人士有機會接觸不同的事物，擴闊生活經驗，學習表達人與人之間的關懷，宣揚愛的訊息。另外，長者義工與智障舍友亦建立了多年深厚的友誼，彼此互相鼓勵及扶持。

Since 2003, service users have been joining forces with senior volunteers from the Hong Kong Young Women's Christian Association Cheung Ching Neighbourhood Elderly Centre, to conduct regular visits to the elderly living alone, hand-delivering "Love Soup" to those in need, and at the same time assisting those with intellectual disabilities to actively integrate into the community, exemplifying the spirit of equality, mutual help, love and learning for social inclusion. Our service users' commitment to volunteering over the years was recognized in the form of a Three-Star Certificate in "Care for the Elderly. We all Care" - Caring Institution Award Scheme, awarded by the Social Welfare Department Tsuen Wan and Kwai Ching District Coordinating Committee on Elderly Services.

The monthly visits to seniors living alone were well attended by our elderly volunteers and service users with intellectual disabilities. Every time, there were about seven or eight teams comprising of three to four people in a team, making door-to-door deliveries of homemade soup from our hostels, while volunteers and senior beneficiaries chatted jovially. During these home visits, everyone was able to feel the boundless warmth and care.

Throughout these visits, the seniors living alone felt the love and warmth from a cross spectrum of the community, while those with intellectual disabilities had the opportunity to broaden their life experiences and horizons, learning to convey love and to care for one another, and spread the message of love. In addition, our elderly volunteers and our volunteers with intellectual disabilities have also established profound friendships, offering mutual encouragement and support to one another.

