



「香港最佳老友」運動

“Best Buddies Hong Kong” Movement (BBHK)

「國際最佳老友」代表到訪扶康會

「國際最佳老友」經理 Ms. Jennifer Allen 於 2016 年 10 月到訪扶康會，並參加了其中一個分社香港樹仁大學及澤安成人訓練中心的每月活動。除此之外，她也為 2015 年第一屆「老友大使」計劃的六位學員進行培訓，進一步提升他們公開演說技巧。



Best Buddies International Representative Visited Fu Hong Society

Best Buddies International Manager, Ms. Jennifer Allen, visited Fu Hong Society in Oct 2016. She joined our chapter gathering of Hong Kong Shue Yan University and Chak On Adult Training Center. Besides, she also provided training for six participants of the first BBHK Ambassador Program to further improve their public speaking skills.

「香港最佳老友」新大使

十位參加了第二屆「老友大使」計劃的新大使，已接受演說培訓並將會代表「最佳老友」運動向公眾推廣社會共融。

Best Buddies New Ambassadors Training

Ten new ambassadors joined the second Ambassador Programme. They had attended the training on public speaking and would help BBHK to promote social inclusion to the public.



「老友大使」公開演講

新任「老友大使」周穎珊（同時是「老友鬼鬼」共融故事演繹比賽 2016 的展能輕度組冠軍）為香港中文大學專業進修學院學生作了人生首次公開演說。穎珊的自信及樂觀讓學生們留下深刻印象，為社會共融踏出了重要一步。

Ambassador Public Speaking

Ms. CHAU Wing-shan, our new BBHK Ambassador (she was also the winner of Story-telling Competition in 2016) made her public speaking debut in front of students of School of Continuing and Professional Studies, The Chinese University of Hong Kong. Her confidence and cheerfulness impressed the students and made an important step forward to social inclusion.



向「學前弱能兒童家長會」宣傳「家庭老友」計劃

「香港最佳老友」運動獲「學前弱能兒童家長會」邀請向家長介紹「家庭老友」計劃。了解計劃理念後，合共有七個家庭報名參加，經面談了解報名家長的期望及需要後，會為合適的家長進行配對。「家庭老友」計劃歡迎任何家庭報名參加，如欲了解更多詳情或有意參與，請致電 2360 2392 與陳嫻聰姑娘聯絡。

Promoting New Programme of Family Buddies to The Parents' Association of Pre-school Handicapped Children

We were invited by the Parents' Association of Pre-school Handicapped Children to promote a new programme Family Buddies to their parents. After the introduction, about 7 families would like to join the programme. Interviews would be arranged to assess their needs and expectations. Any families are welcomed to join our family buddy programme. Interested families can contact Ms. Fiona Chan at 2360 2392.



「澳門至友協會」探訪「香港最佳老友」

「澳門至友協會」總幹事崔恩明女士帶領約三十名會員於 2016 年 9 月 24 日到訪扶康會及「香港最佳老友」運動，交流兩地運動發展。老友大使們更參與了公開演講。

Best Buddies Macau Association Visited Best Buddies Hong Kong (BBHK)

Best Buddies Macau Association Executive Director, Ms. Elizabeth TSUI, together with 30 buddies visited Fu Hong Society and BBHK on 24 September 2016 for exchanging experiences in Best Buddy movement. Our Ambassadors joined this great event and introduced themselves in front of the visitors.



各分社活動一覽

2016年9月至12月期間，「香港最佳老友」進行了多個共融活動，透過活動讓老友們定期見面，發展一對一友誼。請細閱以下分社活動的精彩照片，看看每張歡樂美麗臉孔！

Chapters Gathering Updates

Between September and December 2016, our chapters have been conducting many social inclusion activities. In these activities, members can meet their buddies regularly and develop their friendship. Please see the snapshots below, and you can find many happy and beautiful faces.



香港樹仁大學與澤安成人訓練中心分社
Hong Kong Shue Yan University and
Chak On Adult Training Center



捷和實業與樂華成人訓練中心企業分社
Chiaphua Industries Ltd and Lok Wah Adult
Training Center



「香港最佳老友」舊生會與葵興工場
BBHK Alumni and Kwai Hing
Vocational Development Centre



可道中學與山景成人訓練中心
Ho Dao College and Shan King Adult Training
Center.



香港專業教育學院 (屯門分校) 及柔莊之家
Hong Kong Institute of Vocational Education
(Tuen Mun) and Yau Chong Home



香港教育大學與才俊學校
The Education University of Hong Kong and Choi
Jun School



新分社，新一頁

踏入 2017 年不久，扶康會「香港最佳老友」運動已有「喜事」。醞釀一年，由香港賽馬會義工隊與扶康會毅誠工場合作之新分社，於 1 月 5 日假扶康會康復中心禮堂隆重成立。當日很榮幸邀請到香港賽馬會慈善事務經理鍾惠敏女士、扶康會董事局主席郭鍵勳博士 BBS, JP 及「香港最佳老友」運動董事局主席王林小玲女士 MH 撥冗光臨主持啟動禮。當日分社成員也有到場參與典禮，各人均表現得精神抖擻及投入非常，為此新分社未來展開活動奠定了很好的基礎。



A “New Chapter” and a New Chapter

We are happy to announce that a new BBHK Chapter has been set up on 5 January 2017 by Hong Kong Jockey Club and Fu Hong Society's Ngai Shing Workshop. This is a very good news for BBHK as the year of 2017 has just begun. We were very delighted that Ms. Jasmine CHUNG, Senior Charities Manager of Hong Kong Jockey Club, Dr. Joseph KWOK B.B.S., J.P., Council Chairman and Mrs. Cecilia WONG LAM, M.H., Chairman of Council of BBHK have joined as our honourable guests of the ceremony. Chapters participants were very excited and engaged on that day which is a very good foundation of this chapter development.



快將成立分社：另一快將成立分社之學校—拔萃女書院及天保民學校。拔萃女書院同學邀請天保民學校同學參與其舉辦之小型賣物會活動，氣氛融洽。

Potential New Chapter: Diocesan Girls' School (DGS) and Mary Rose School (MRS). DGS students invited MRS students to join their school mini bazaar. They had great time together!

如閣下或所屬團體有興趣加入「香港最佳老友」運動，請致電 2360 2392 或電郵 bbhk@fuhong.org 與陳佩璵姑娘聯絡。

If you want to join Best Buddies Hong Kong by individual or by group, please contact Ms. Fiona Chan at 2360 2392 or email at bbhk@fuhong.org