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## 第十二屆扶康會「香港最佳老友」運動電能烹飪比賽

第十二屆扶康會「香港最佳老友」運動電能烹飪比賽初賽於2016年5月21及22日舉行，超過80隊共300多位傷健人士參加，參加者來自不同的中學、大學、特殊學校、商業機構及社區人士，與本會智障服務使用者組隊參賽，透過一起製作美食，發揮傷健共融的精神。



▲第五屆立法會主席曾鈺成先生成為「名人匯演」冠軍



▲第五屆立法會議員梁耀忠先生和本會服務使用者

決賽及頒獎典禮於2016年6月26日假荃新天地二期舉行，是次盛事邀得八位第五屆立法會議員及嘉賓蒞臨主禮，包括第五屆立法會主席曾鈺成議員，大紫荊勳賢GBS, JP、第五屆立法會議員梁耀忠議員、劉慧卿議員，JP、梁家騮議員、黃國健議員SBS、梁繼昌議員、郭家麒議員、蔣麗芸議員，JP、社會福利署署長葉文娟女士，JP、中華電力有限公司企業發展總裁莊偉茵女士，JP及扶康會會長葉恩明醫生，JP。本會亦感謝周中師傅、香港廚師協會會長梁偉富先生及委員楊國基先生擔任決賽評判。

三位評判大讚參賽者的廚藝水準很高，食物配搭及煮法方面也很有創意，菜式相當可口。多名主禮嘉賓亦參與「名人匯演」，與智障人士合作，以「蝦」或「牛」為食材烹調菜式，令當日的活動生色不少。智障人士在與議員、社區人士和學生等參賽者合作做菜的過程中發揮到他們的才能，一同促進傷健共融。

此外，當日更有本會服務使用者多姿多采的才藝表演，吸引不少社區人士駐足觀賞，讓公眾對智障人士有更多的認識，體現社會共融的精神。



▲第五屆立法會議員劉慧卿小姐和本會服務使用者



◀烹飪決賽的參加者



### 12th FHS “Best Buddies Hong Kong” Movement Electric Cooking Competition

Having attracted more than 80 teams comprising a total of over 300 contestants with or without disabilities to take part, Fu Hong Society had the heat of its 12th “Best Buddies Hong Kong” Movement Electric Cooking Competition held on 21 and 22 May 2016. The contestants came from different secondary schools, universities, special schools, corporations, general public and Best Buddies from our Society and teaming up with our service users to participate in the competition.



▲ The Hon WONG Kwok-kin, SBS and the service user



▲ Dr. the Hon LEUNG Ka-lau, Dr. IP Yan-ming, JP, President of Fu Hong Society and the service user



▲ The Hon Kenneth LEUNG and the service user

The Final and Award Presentation Ceremony was held at Citywalk 2 on 26 June 2016. We were grateful to have eight of the Fifth Legislative Council members and guests to officiate at the ceremony, including The Hon Jasper TSANG Yok-sing, GBM, GBS, JP, President of the Legislative Council; The Hon LEUNG Yiu-chung, The Hon Emily LAU Wai-hing, JP, Dr. The Hon LEUNG Ka-lau, The Hon WONG Kwok-kin, SBS, The Hon Kenneth LEUNG, Dr. The Hon KWOK Ka-ki, Dr. The Hon CHIANG Lai-wan, JP, members of the Fifth Legislative Council, together with Ms. Carol YIP Man-kuen, JP, Director of Social Welfare, Social Welfare Department; Ms. Quince CHONG, JP, Chief Corporate Development Officer, CLP Power Hong Kong Limited and Dr. IP Yan-ming, JP, President of Fu Hong Society. We thanked for Mr. CHOW Chung; Mr. Eddy LEUNG, President of The Hong Kong Chefs Association; Mr. Billy YEUNG, Committee Member of The Hong Kong Chefs Association served as our judges.

The three judges praised the good cooking skills of participants and the dishes were delicious. The participants matched the ingredients well and their cooking methods were creative. In addition, most of the officiating guests participated in the “Star Cooking Performance” and made delicious dishes with the theme “shrimp” and “beef” with persons with intellectual disabilities. The persons with intellectual disabilities could show their talent. Social inclusion was fostered through such event.

Also, the excellent talent shows by our service users had attracted a lot of attention from the public to take part as audience, enhancing their understanding of persons with intellectual disabilities and promoting the spirit of social inclusion.



▲ Dr. the Hon KWOK Ka-ki and the service user