

Characteristics of Family Care Home: family-centered, innovative practices & public recognition

關愛家庭生活： 家、加、嘉

在過去四十多年，扶康會一直以提供殘疾人士一個溫暖的「家」為使命，現時共營運 20 多間大大小小的家舍。殘疾人士因為父母年老、其他家庭或個人原因，需要離開自己的原生家庭，入住我們的家舍，家舍成員之間經歷不少時間磨合，彼此建立關係，一起成長，步入人生不同階段。可以說，家舍已成了他們的家！

為持續改善家舍生活質素，本會引入和推行「關愛家庭生活模式」，在家舍的軟件和硬體方面「加」入五大元素，包括：正向互動、培育成長、情感福祉、身體和物質福祉、個人支援，目的是提供一個關愛、安全、舒適的家舍生活環境，讓服務使用者享有更多個人支援服務，成員間互相幫助和關懷。

Over the past 40 years, Fu Hong Society has been striving hard to provide HOME filled with love and care for persons with disabilities. At present, the Society is operating more than 20 large scale and small group homes for persons with disabilities who need to leave their original families for various reasons, such as aging parents and family issues. It requires substantial amount of time for each family members to get along and build up mutual support relationship, so that they may grow together and begin a new chapter in their life. In other words, our hostels have become a family for them!

To improve the quality of life in hostels, the Society has introduced and adopted a "Family Care Home Model" in which, 5 elements are applied in our services, including: positive interaction; personal growth; emotional well-being; physical & material wellness and; individualized support. The purpose is to provide a caring, safe and cozy home living environment where service users are facilitated to develop mutual help and able to enjoy more personal support services.



一直以來，本會的家舍服務質素獲得「嘉」許及認同。得到家長的支持和信任及社區人士的接納。當中，不得不提三間自負盈虧，為智障人士提供小型家舍服務的「扶康關愛家庭」，本會雖面對種種營運的挑戰，但我們本著「以求為導 以愛同行」的精神，為有需要的智障人士提供一個關愛的家，亦讓智障人士有多一種住宿形式的選擇，更期望能有機會繼續發展小型家舍服務，延續這份關愛。



Throughout the years, the service quality of our residential services have been well recognized and appreciated, we are being trusted and accepted by parents and the community. It is noteworthy that our three self-financed "Family Care Homes", which provide residential care for persons with intellectual disabilities, have faced challenges in operation. Nevertheless, upholding the spirit of "Take the Lead, Meet the Need" and "Accompany with Love", the Society continues operating Family Care Homes, as an alternative of residential service, for persons with intellectual disabilities. In future, we look forward to seeking opportunities in expanding Family Care Home, and extending the care and love to more persons with disabilities in need.

5 elements of Family Care Home Model 「關愛家庭生活模式」 的五大元素

正向互動元素

促進「家庭」成員（服務使用者及職員）之間的正向關係，相互瞭解、關心和尊重。

Positive interaction

Facilitate building up of positive relationship among family members (service users & staff), such as mutual understanding, care, and respect.

培育成長元素

家舍透過不同的活動讓服務使用者學習和參與，培養和認識一般社會規範及禮儀，明辨事理，成為社會接納的一份子。

Personal growth

Nurture service users to follow social norms and social etiquette to become a socially acceptable member of the community through various home activities.

情感福祉元素

關顧服務使用者心理或情感上的需求，給予理解、接納和支持，並培育合宜的表達方法。

Emotional well-being

Care for the psychological and emotional needs of service users by showing understanding, acceptance and assist them in expressing their feelings appropriately.

身體和物質福祉元素

讓服務使用者在身心健康、衣、食、住、行等方面皆能享有良好的質量，家舍更增加他們參與選擇的機會。

Physical & material wellness

Enhance the quality of life and freedom of choices of service users in clothing; diet; living environment and transport.

個人支援元素

透過任何形式的支援，讓服務使用者的個人需要得到滿足，除去院舍化管理味道，加入「家」的元素。

Individualized support

Provide all forms of personal support to fulfill the needs of service users; deinstitutionalize and adding the element of "HOME" to our hostels.