線上步行籌款詳情:

- 自訂步行路線,時間、地點及路程不限。
- 參加者於步行路線的「打卡熱點」,如山頂廣場、百周年紀念 公園和大埔海濱公園回歸塔…自拍,並將參加者姓名和自拍相片 whatsapp至6423 3724予傳訊及資源發展部。
- 參加者可自行捐款或向同事及親友募捐,填妥後頁參加表格, 連同善款交回扶康會傳訊及資源發展部
- 活動結束後2-3星期內,將電郵電子證書予各參加者。

Details of Virtual Walkathon:

- Decide on your own walking route time, no restrictions on time, venue and distance
- Walkers take selfies at the "check-in hotspot", such as The Peak Galleria, The Urban Council Centenary Garden, Tai Po Waterfront Park Spiral Lookout Tower...etc., and whatsapp the selfies and name of the walker to 6423 3724 (CRD).
- Walkers are encouraged to donate or collect donations from colleagues, relatives and friends. Return the completed registration form and donations to Communication of Resources Development Department.
- E-certificates will be issued to walkers by email within 2-3 weeks after Virtual Walkathon

建議路線:

- 1. 觀塘海濱長廊
- 2. 川頂盧吉道步行徑
- 3. 科學園
- 白石角海濱長廊
- 4. 大埔海濱長廊
- 5. 尖沙明海濱長廊

自訂路線

Route Suggestion for Virtual Walkathon:

- 1. Kwun Tong Promenade
- 2. The Peak Circle Walk (Lugard Road)
- 3. Hong Kong Science Park Pak Shek Kok Promenade
- 4. Tai Po Waterfront Park
- 5. Tsim Sha Tsui Promenade

Design your own route

線上步行籌款參加者須知:

- 步行者應確保其健康狀況良好,體力適宜參與是次活動;如有任 何疑問,應先向醫生查詢。
- 步行者宜自備飲品及食物,如感不適,請立即求醫。
- 凡十八歲以下的步行者必須獲得家長/ 監護人的同意方可參與是次 步行籌款。
- 十二歲以下小童必須由成人陪同才可參加。
- 主辦機構保留權利更改條款及一切有關是次活動細則。

Notes To participants of Virtual Walkathon:

- Walkers must ensure his/her health and physical condition are good and suitable for walk, and should consult a medical doctor beforehand if in any doubt.
- Please bring sufficient food and drink for the walk. Seek medical advice if feeling unwell.
- Any walker who is under the age of 18 must obtain prior consent from his/her parents/ guardian to participate in the Walk. Children under 12 must be accompanied by adult in the walk.
- The organizer reserves the right to change the Terms and details related to the event.

「扶康會」是本港註冊的非牟利機構,自1977年 開始提供康復服務,現時有超過70多個服務單位及計 ,每年為接近4,000名殘疾人士提供服務,其中包 括智障人士、自閉症譜系障礙人士、精神復元人士及 肢體殘障人士。多年來,本會貫徹「以求為導、以愛同 行」的服務精神,積極回應殘疾人士不斷轉變的需要, 協助他們發揮潛能,積極融入社會。隨著社會轉變, 扶康會積極發展多項非資助項目,以回應殘疾人士不 斷轉變的需要,以及填補現時香港的服務縫隙,繼續 為有需要的殘疾人士提供服務。

Fu Hong Society is a registered non-profit-making organization, has started providing rehabilitation services since 1977. Currently, the Society has operated more than 70 service units and projects providing services for about 4,000 persons with disabilities annually. Among them there are persons with intellectual disabilities, persons with autism spectrum disorders, persons in recovery, persons with physical disabilities, etc...

Throughout the years, Fu Hong Society has all along upheld the spirits of "Take the Lead, Meet the Need with Love", the Society has strived to make innovative efforts in filling the service gap and meeting the changing needs of persons with disabilities by setting up several self-financed projects.



電話 Tel: 2745 4214 傳真 Fax: 2361 2053

地址 address: 扶康會賽馬會石圍角工場 (傳訊及資源發展部)

新界荃灣石圍角邨二號停車場地下

Fu Hong Society Jockey Club Shek Wai Kok Workshop (Communications and Resources Development) G/F., Car Park Block No. 2, Shek Wai Kok Estate,

Tsuen Wan, New Territories www.fuhong.org

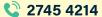
網址 Website: 電郵 Email: comms@fuhong.org

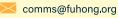


日期:2022年1月9-24日(時間、地點不限) Date 9-24 January 2022 (no restrictions on time, venue and distance)



活動查詢 Enquiries:









新界荃灣石圍角邨二號停車場地下 Fu Hong Society Jockey Club Shek Wai Kok Workshop (Communications and Resources Development)

扶康會賽馬會石圍角工場 (傳訊及資源發展部)

G/F. Car Park Block No. 2. Shek Wai Kok Estate, Tsuen Wan, New Territories

















我樂意支持殘疾人士自力更生 I would like to help the persons with disabilities

他金額 other amount:					
捐款方法 Donation methods ○ 現金 - 請把捐款直接存入本會滙豐銀行戶□ 119-290005-838 Cash - Direct pay-in to our HSBC Bank Account 119-290005-838					
○ 劃線支票 - 抬頭請寫 「扶康會」 Crossed Cheque - Payable to "Fu Hong Society"					
生名 der's name:					
图(月/年) ate (Month/Year):					
曰期: Date:					
d please fax information to 2361 2053					
code:9380)					
vith a receipt					
n 電話 Telephone: 日期 Date:					
the copy of bank-pay-in-slip/					
CRD) Wan, New Territories					

Communications and Resources Development Officer by phone 2745 4214 during office hours. 如你不同意上述有關本機構使用個人資料的安排,請於後方空格加「✓」,然後簽署。 If you disagree on the proposed use of your personal data as stated above, please put \checkmark in the boxand then sign,

putting vin the box below. You have the right to access, correct and request the Society to stop using your personal data for the above purposes at any time, please contact our

本人不同意上述有關使用個人資料的安排 I object to the use of my personal data as stated above.	簽署 Signature:

本人已閱讀、了解及接納本機構有關收集、使用及提供個人資料的通知。 本機構《收集個人資料聲明》及《私隱政策聲明》詳見本機構網頁

https://www.fuhong.org/important_notice.aspx

I have read, understood and accepted the statement regarding the collection, use and provision of personal data by the Society, Visit the Society's site https://www.fuhong.org/important_notice,aspx for full context of the Society's Personal Information Collection Statement and Privacy Policy Statement.







參加者/機構/團隊名稱 Name of Walker/ Organisation/ Team

聯絡人姓名 Name of Contact Person 參加人數 No. of Participant(s) 地址 Address	
電話 Tel 電郵 Email	

贊助人資料Details of Sponsors

1	贊助人姓名 (請以正楷書書寫) Name of Sponsors (In Block Letter)	贊助金額 Amount of Donation	需要收據請"ノ" "ノ" for a receipt
1.			
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如空位不夠,請影印本表格。 Please copy the form for more entries.

- 除特別註明外,贊助人的姓名將填寫在收據上。
- Unless stated otherwise the name of the sponsor will be printed on the receipt.
- 正式收據將由參加者代為分發。 Donation receipts will be mailed to participants for distributing to sponsors.



電子證書及獎項 **E-certificates & Awards**



參加者可獲贈電子證書 All Participants would be acknowledged

活動設有Awards:

- ◆ 個人最高籌款獎冠軍及亞軍 Champion and First Runner-up for "Top Fund Raiser"
- ◆ 隊伍最高籌款獎冠軍及亞軍 Champion and First Runner-up for "Top Fund Raising Team"



交付善款方法 Payment Procedure



- 請把捐款直接存入本會滙豐銀行戶口 Direct pay-in to our HSBC Bank Account 119-290005-838
- 劃線支票 抬頭請寫「扶康會」 Crossed Cheque Payable to **"Fu Hong Society"**
- ◆ 7-ELEVEN/繳費靈PPS (商戶編號Merchant code:9380)

請將填妥之表格及銀行存款收據/劃線支票/捐款收據以傳真、郵寄或 電郵方式交回至扶康會傳訊及資源發展部

Please send the completed donation form together with the copy of bank-pay-in-slip/cheque/donation receipt to FHS Communications and Resources Development Department by Fax, post or email.

郵寄地址 Address:

新界荃灣石圍角邨二號停車場地下

扶康會賽馬會石圍角工場 (傳訊及資源發展部)

Fu Hong Society Jockey Club Shek Wai Kok Workshop (CRD) G/F., Car Park Block No. 2, Shek Wai Kok Estate, Tsuen Wan, New Territories

捐款收據將於三個月內郵寄予閣下

Official receipts will be sent to the participantswithin 3 months.

注意事項:

主辦機構若認為當日天氣對步行者的安全及健康造成危險,會保留權利取消活動 或延期舉行;將於活動當天公佈最新安排。

The organizer reserves the right to cancel or postpone the date of the Walk if in the opinion of organizer and the weather is such that it may impose serious risk to the safety and health of the Walker. Announcements on the latest arrangement will be made on the date.

主辦單位沒有為參加者購買公眾責任保險,參加者的個人保險需要自行負責。 The Organizer does not purchase public liability insurance for the participants. The participants shall be responsible for their own individual insurance.