



「扶苗計劃」－ 感官學習為本之早期教育及發展支援 Sensory-based Early Education and Developmental Supports (SEEDS)

本會獲余仁生慈善基金贊助，「扶苗計劃」於2012年8月開辦首個培訓小組，並相繼於同年9月及10月為家長、老師及公眾主辦一系列有關感官統合及書寫的講座。

根據家長的回應，他們的孩子自參加小組後，在社交、溝通、書寫及精細動作方面均大有進步。孩子們不僅在技巧上得以改進，而且他們的態度亦有所轉變，從逃避、拒絕變為「愉快」積極參與。家長更表示他們學會了怎樣教導，並不再標籤他們的孩子「懶惰」。

「扶苗計劃」有以下信念：

- i) 感官是學習的主要元素；
- ii) 不同人有不同的喜好、優點、缺點、看法和對感覺的不同反應，由此形成不同感覺(例如視覺、聽覺、觸覺及動作)的感官性格(尋找、反應過敏或不足)；
- iii) 當培訓活動可以配合幼童在社交、認知、溝通、書寫及大小肌能各方面的感官性格及發展需要時，他們的潛能便得以發揮。

「扶苗計劃」為有特殊需要的學前兒童而設，每兩星期一次的半天活動，為綜合幼兒中心、早期教育訓練中心及主流幼稚園的兒童提供支援及服務。每個培訓小組共有八節活動，平均每星期進行兩節。

SEEDS is a program for preschool student with special needs. It is a half-day program conducted twice a week. It is designed to support children in ICC, EETC and mainstream kindergarten. Every group lasts 8 sessions, with 2 session per week.



With support from Eu Yan Sang Charitable Fund, Sensory-based Early Education and Developmental Supports (SEEDS) program launched the first training group in August 2012. Talks for parents, teachers and public on Sensory Integration, and handwriting were organized in September and October 2012 respectively.

According to parents' feedback, great improvement of children in social, communication, handwriting and fine motor were witnessed. Not only have their skills improved, but their attitude changed from avoidance, refusal to active participation with "JOY". Parents also claim that they learn much more about how to teach and they no longer label their children as "lazy".

In our Sensory-based Early Education and Developmental Supports (SEEDS) program, we believe that:

- i) Sensory is a key element in learning;
- ii) Different people have different preference, strengths, weaknesses, perceptions, and reaction to the same sensation, thus leading to their sensory characters (seeking, over-responsive, and under-responsive) in different senses (e.g. seeing, hearing, touching, and moving).
- iii) When training activities match their sensory characters and developmental needs in social, cognitive, communication, handwriting, fine motor, and gross motor, the kids' potential will be unfolded.

聽樂治療 - 早期介入及培訓小組 Listening Therapy – Early Intervention and Training Group

承蒙UPS基金及社會福利署的攜手扶弱基金撥款資助，本中心於2012年9月開展聽樂治療培訓小組。

聽樂治療培訓小組為貧困家庭的兒童提供60堂訓練活動。小組運用統合聽樂治療系統進行訓練，透過安排各項動作並配合調製的音樂，成效非常顯著。研究文獻亦確認聽樂治療對改善情緒、動作協調、感官處理障礙、社交及溝通各方面均有幫助。

Thanks for the support from The UPS Foundation and Partnership Fund for the Disadvantaged of Social Welfare Department, we launched Listening Therapy Group in September 2012.



In this listening therapy group, children from family with financial difficulties can receive 60 sessions of training with the use of integrated Listening system (iLs). According to the listening therapy, it will be most effective when movement activities are used in accompany with the modulated music. Research literatures supported that listening therapy can improve emotion, motor coordination, sensory processing disorder, social and communication.