

精彩世界的體驗 The Experience of A Wonderful World

祖堯成人訓練中心 Cho Yiu Adult Training Centre

「我想搭飛機」這句話相信是不少智障人士曾表達過的夢想，而祖堯成人訓練中心的服務使用者同樣希望可以一嘗「飛」的感覺。中心有幸獲得馬登基金贊助\$101,000舉辦境外遊活動，15位服務使用者在家人、職員及義工陪同下於2012年4月13至16日前往了台北遊覽，體驗另一個國家的風土人情。

參加的服務使用者中，大部份都沒有乘搭飛機的經驗，另當中有一半是自閉症人士。因此，中心在出發前為參加的服務使用者進行模擬訓練，透過影片、遊戲及講解，讓他們認識乘搭飛機的過程、機艙內的活動情況及需遵守的規則等，為迎接是次新體驗而作好心理準備。

在是次四日三夜台北旅程中，服務使用者和家人遊覽了不少名勝，包括101大樓、士林夜市、中正紀念堂、忠烈祠、十分老街等，真是多不勝數。當然，品嚐台灣美食一定是不可缺少的，也是服務使用者最開心和最滿足的環節。

服務使用者和家人都很享受是次旅程，感到十分難忘。更重要的是服務使用者、家長及中心職員經歷了寶貴的一課——原來很多時候，服務使用者的適應力還比我們高；他們投入參與的程度，亦比我們有過之而無不及。從服務使用者在旅程中的合作和享受各種活動的表現來看，他們實在很棒啊！原先他們的父母和職員都很擔心他們有否適應或水土不服等問題，最後均令人對他們另眼相看，全部均非常愉悅地返抵香港。

"I want to take the plane", like many persons with intellectual disabilities who have expressed such an ideal, the service users of Cho Yiu Adult Training Centre also wanted to experience "flying". The Centre was grateful to the Marden Foundation's \$101,000 sponsorship for organizing trips outside Hong Kong. 15 service users together with their family members, our staff and volunteers went on a Taipei trip between 13 and 16 April 2012, to experience the scenery and customs of a different country.

The majority of service users who joined the trip had no prior experience of flying on the plane, and half of them are persons with autism. To prepare our service users for this brand new experience, simulation training in the form of video, games and briefing was organized for them before departure. The training enabled the participants to understand the flight procedure, activities within the cabin and rules that need to be observed during the flight.

During the 4-day Taipei tour, our service users and their family members had visited quite a number of scenic spots including the Taipei 101, Shihlin night market, Chiang Kai-shek Memorial Hall, Martyr's Shrine and Shifen Old Street etc. Without doubt, tasting Taiwan food, one of the essentials in a Taipei visit, was also the most enjoyable and fulfilling part of the tour for our service users.

Both service users and their family members enjoyed and cherished the trip very much. More importantly, they as well as our Centre staff had learned a valuable lesson – that at many times, service users' adaptive power was much higher than ours; and so was the extent of their participation. Their cooperation and deep involvement in all kinds of activities throughout the trip were most impressive! Initially, their parents and our staff were all worried about their adaptation and the possibility of acclimatization, but it turned out the trip was a great success with everyone happily and safely returning to Hong Kong.

