



## Best Buddies 生命之旅 Best Buddies Journey of Life

每個人也會經歷高低起伏、開心失意、生離死別，智障人士亦不例外。

樂華成人訓練中心成功申請了觀塘區議會撥款8766元，於2012年7月至10月份舉行「BEST BUDDIES 生命之旅」一連串的活動。活動內容包括：

- 服務使用者透過探訪及表演，將愛心送給特殊學校學生的**愛心之旅**；
- 與香港浸會大學學生義工探訪長者中心的長者 — 「關懷送暖共慶中秋」的**關懷之旅**；
- 與捷和實業有限公司分社的老友到將軍澳華人永遠墳場掃墓，拜祭服務使用者家人及認識不同拜祭形式的**善別之旅**；
- 與社區老友同遊海洋公園老大街，回顧從前生活點滴的**懷緬之旅**。

透過這些活動，我們創造更多的共融機會，讓社區人士及服務使用者透過真摯的友誼，明白生命可貴 — 生有限，愛無限，彼此將愛心互相播送，記錄快樂的回憶，展望積極樂觀的將來，活出有意義的人生。



Each of us will experience ups and downs, happy and unhappy times, and hover between life and death, while persons with intellectual disabilities are no exception.

The Lok Wah Adult Training Centre has received a funding of \$8,766 from the Kwun Tong District Council for organising a series of programmes titled "Best Buddies Journey of Life" between July and October 2012. These include:

- **Journey of Love**—conducting visits and performances by service users to students of special schools;
- **Journey of Care** "Celebrating Mid-Autumn Festival with Care and Warmth"— joining hands with student volunteers from the Hong Kong Baptist University to pay visits to elderly centres;
- **Journey of Bereavement**—paying tribute to ancestors of service users and learning about different forms of worship at the Tseung Kwan O Chinese Permanent Cemetery with citizen buddies from the Chiaphua Industries Limited corporate chapter;
- **Journey of Reminiscence**—touring around the Old Streets of Ocean Park with citizen buddies, recalling life in the old days.

Our goal is to create more opportunities for social inclusion through these activities. By building genuine friendship between members of the community and service users, we hope to help them realise that life is precious – there is limit to life but love is unlimited, and we can live a meaningful life by sharing love with one another, keeping happy memories and looking forward to a positive future.