

展藝創新姿

Arts for a New You

在2013年8月至2014年1月，麗瑤之家聘請了一位藝術導師 Reggae 為服務使用者推行一連20節的「展藝創新姿」藝術活動，希望培養服務使用者對藝術活動的興趣，讓他們享受活動的過程，並發揮其所長及創意。活動主要以生活素材來創作，如插花、橡筋畫、碎紙畫等，讓服務使用者隨心、隨意發揮。導師更按服務使用者的能力而設計活動，配以合適的用具減低服務使用者肌能上的限制，例如：把顏料塗於橡筋取代用畫筆畫畫。雖然這方法對手肌較弱的服務使用者是有難度，但他們仍樂於參與和享受活動的過程，少部份服務使用者更從拒絕參與到主動要求參加小組。每節小組以互相欣賞組員的製成品作開始，以他們滿足的笑容作結束。

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Lai Yiu Home hired an art teacher, Reggae, for a series of 20 art sessions under "Arts for a New You" from August 2013 to January 2014, aiming to foster service users' interests in art activities, let them enjoy and bring their strengths and creativity into full play. Service users mainly made use of daily life materials to create artwork freely, like flower arrangement, rubber band painting, shredded paper picture, etc. The teacher even purposely designed the activities according to the ability of service users and used befitting tools to help service users overcome their motor limitations. For instance, participants drew by adding paints to rubber bands instead of using painting brushes. It may be a bit difficult to service users whose hand muscles are weaker and yet they are still happy to take part in the activities and enjoy the process. Some service users who rejected to participate in the activities at the beginning even requested to join the group at the end. Each session started with appreciating group members' artwork and ended up with their contented smiles.

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